

DR. ABRAR ALAM

RESIDENTIAL ADDRESS:

SWAT
KPK
PAKISTAN



Passport: Valid up to 2024
Current Location: Swat – Pakistan
Nationality: Pakistani



Cell phone: + 92 345 9452409
Email: alam2050929@gmail.com



CERTIFIED FROM PAKISTAN MEDICAL COMMISSION (PMC)

CAREER OBJECTIVE:

- To obtain an opportunity that challenges my experience and expertise in order to enhance my professional development and personal growth.

PROFILE SUMMARY:

- Patient Centric Approach
- Familiar with Medical Ethics
- Knowledge updated Medical Standards
- In Depth knowledge of medical Profession
- Training of applicable Policies & Procedures
- Excellent understanding of Medical Procedures
- Ability to handle multiple tasks and set priorities
- Quick learner with an ability to adapt new skills effectively
- Skilled in communication, problem solving and team building.
- Clinically sound, incorporating good decision-making skills
- Well versed with the standards defined by an Institute/organization
- Motivated & committed self-starter who works hard and like challenges.
- True believer, competent and confident person who really believes in loyalty.
- Results-driven achiever and effective team Player with excellent Interpersonal skills

EMPLOYMENT:



DESCON ENGINEERING LTD

LEAD DOCTOR/ MEDICAL OFFICER / GENERAL PRACTITIONER

{Apr 2021 to Date}

- Discuss side-effects, best conditions for use, and possible interactions of medication
- Monitor patients' conditions and progress and reevaluate treatments as necessary
- Explain procedures & discuss test results or prescribed treatments with patients
- Conduct daily rounds and case discussions to assist and supervise program staff
- Referring patients to specialists for further testing and treatment, if needed.
- Work with auxiliary staff to start procedural training programs early
- Participate in research studies commissioned by the hospital board
- Ensuring consistency in the clinical protocols and provision of care
- Accommodate rotating shifts and work flexible schedules
- Supervise and train medical students
- Contribute to the delivery of patient services with nurses, technicians, & other medical staff
- Collect, record and maintain patient information, such as medical history, reports and examination results
- Respond to patients' medical/health problems by referring to their history and carrying out diagnosis, investigation, treatment and referral as appropriate
- Assisting in coaching and mentoring of nursing staff on various aspects of critical care and management of critical illness.



SHAAFI MEDICAL COMPLEX - KHAIGALA RAWALAKOT AJ&K MEDICAL OFFICER

{Aug 2019 to Mar 2021}

- Treat patients who suffer from minor injuries, chronic, and acute health problems
- Recommend specialists to patients who need additional medical attention
- Counsel and educate patients on hygiene, diet, and disease prevention
- Document patient medical history; record notes to update medical conditions
- Participate in research and further educational opportunities
- Perform CPR or other emergency measures if needed
- Provide physical, mental, and emotional care for patients
- Perform diagnostic tests and blood work to obtain information about patients' medical conditions
- Administer treatments, medications, therapies, and vaccinations to treat illness, injuries, and disorders



KHAN MEMORIAL HOSPITAL KHAIGALA RAWALAKOT AJ&K MEDICAL OFFICER

{May to Aug 2019}

- Carrying out tests to diagnose (e.g., urine sample testing)
- Patient consultations at home and within the surgery
- Monitoring patients' conditions and wellbeing
- Diagnosis and treatment of illnesses/ailments
- Practice management and administration
- Clinical examinations

HOUSE JOB (2019 to 2020)



CMH HOSPITAL RAWALAKOT

MEDICINE UNIT

- Order lab tests and interpret the test results
- Assisted Emergency Procedure in ICU
- Assisted clinical management of patients with acute & chronic multi system disease
- Examine all patients on admission in ICU/ ER/ other such Clinical area as designated by Clinical Administration from time to time.
- Seek Consultation and do referrals to Specialist and Consultants from time to time as per Clinical protocol and company policies.

SURGICAL UNIT

- Examine patient to obtain information on medical condition and surgical risk
- Examine patients to assess general physical condition.
- Diagnose medical conditions.
- Operate on patients to treat conditions

CLINICAL SKILLS:

- BLS certified /Airway management
 - Insertion of CVP Lines and Double lumen catheter
 - Manage and insert arterial lines and central lines if requested.
 - Dressing / ECG
 - Wound closure
 - Counseling and taking consent of surgical cases
 - Pre- and post-operative management.
 - Follow up and management of post-operative patients
 - Reading CT scan and MRI
 - Management of inpatients, outpatients as well as emergency patients
 - Administration of intravenous drugs
 - Venipuncture, pleural tap, peritoneal tap, nasogastric intubation, urethral catheterization, blood sampling
 - Phlebotomy and arterial blood gas sampling
-

PROFESSIONAL SKILLS

- Integrity and strong professional code of ethics
- Familiarity with a Hospital environment
- Excellent patient management skills
- Administering of Medication
- Effective Environment
- Territory Management
- Medical teamwork
- Health Promotion
- Ability to make decisions in high-pressure situations
- Excellent Written and Oral Communication Skills
- Maintain a strong monitoring framework
- Creating a Safe, Effective Environment
- Ensure Legal Compliance
- Calm Under Pressure
- Pain Management
- Infection Control

PERSONAL SKILLS

- GOOD PRESENTER:** Delivered So Many Presentations in Front of audience.
- LEADERSHIP QUALITIES:** I have good leadership qualities. Lead many term projects in Hospitals.
- GOOD COMMUNICATOR:** Fluent in English and Urdu and Good Interpersonal Communication.
- FLEXIBILITY IN NATURE:** I have an ability to adjust in different environments

WHY ABRAR

- Performance-driven & motivated **MEDICAL PROFESSIONAL** with strong knowledge of **Administration** and common **Human Resources** operations. In-depth understanding of **Patients service**, highly skilled in reviewing **Policies** and suggesting actionable improvements aligned with industry best practices
- Performance-oriented **MEDICAL PROFESSIONAL** with strong attention to detail, ensures all procedures are completed with accuracy and within stringent deadlines to make sure smooth operations are maintained across the organization

CAREER PLANNING

- Position in the any Reputed Hospital as a **General Practitioner** where my abilities and skills will be utilized to benefit my employer and their patients

PUBLICATIONS

- knowledge, Attitude and practice of use of ORS in rural Areas of Distt swat.

MEDICAL REGISTRATIONS



- Registered Medical Practitioner fully certified with Pakistan Medical Commission as General Practitioner Registration number is -30100-N

EDUCATION TIMELINE



- **MASTER OF PUBLIC HEALTH (M.P.H)**
- **ABDUL WALI KHAN UNIVERSITY MARDAN**
{2019}



- **BACHELORS OF MEDICINE & BACHELORS OF SURGERY (MBBS)**
- **SICHUAN MEDICAL UNIVERSITY PR CHINA.**
{2015}

IT SKILLS

- Operating System /General use for installing the system software & little bit more
- Windows – Knows moderate use of windows OS with its applications.
- Internet Utilization Search engine submission,
- Post lecture Assessment software
- Spread Sheet, Word, Excel, Front Page of Microsoft as well as Open Source.

REFERENCES

- Reference to be furnished upon request.