

Qasim Rasheed (HSE OFFICER)

DAE with NEBOSH

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Objective

To play a role by utilizing my technical qualification, certification and professional experience in order to achieve goals set by the department, organization and project team. Good at absorbing information, analyzing problems, making objective decisions and coming up with original ideas. I am committed to work in a national or multi-national organization providing conducive environment with professional and personal growth. I am willing to work in an organization that provides a challenging environment with clear guidelines and support, so that I can contribute my part for mutual benefits of organization and myself.

Professional Certifications & Trainings

- NEBOSH-IGC.
- Safety Inspector from Descon training institute.
- IOSH M.S (UK)
- OSHA 48-hour (Osh academy).
- First aid.
- Health and safety officer.
- Fire Fighting.

Shutdown Experience

Descon Engineering Pvt. Ltd

17 to 28 March 2022

Position: HSE Supervisor

Project: Engro polymer and chemical limited (EPCL) PVC 3, Port Qasim Karachi

Qatar Engineering & Const. Co. WLL

December 2021 to 4 March 2022

Position: Safety Watch

Project: Pearl Qatar Shell GTL MTA 3, Air Separation Unit (ASU 1, 2, 3, 4)

Descon Engineering Pvt. Ltd

14 Feb 2019 to 26 July 2020

Position: Safety Watch

Project 1: Qatar Gas (QG NORTH), Train 3 & 6 Shutdown

Project 2: Laffan Refinery (QG NORTH), Train 1 Shutdown

Project 3: Qatar Gas (QG NORTH), Train 5 & 1 Shutdown

Other Experience

A.S Enterprises Engineers & Contractors

(Aug 2020 To March 2021)

Position: HSE Supervisor

Project: Style textile Pvt Ltd, Raiwind Manga Road, Manga Mandi Lahore, Pakistan

Duties & Responsibilities

- Implementation of Client's HSE Policy.
- Ensuring toolbox talks, safety alerts and HSE lessons learned from incident
- Strict adherence to PTW implementation.
- Monitor the compliance of standards, management policies and approved procedure.
- Good knowledge and understanding of HSSE management system, its requirement and plan.
- Taking corrective measures for elimination of hazards Identifying and assessing risk, preparing safe work procedures by following method statements.
- Ensure that incident investigations are properly managed and reported
- Inspect and arrange the fire extinguisher.
- Proper management of COVID-19 safety precautions like temperature monitoring of employees, cleaning, hygiene and hand washing to make workplace COVID-19 secure.
 - Risk assessment and HAZID (hazard identification) during slip forming & jump forming and during other construction activities like excavation, piling and concrete pouring.
- Ensure supervision and give training before work at height task and give trauma suspension awareness.
- Ensure all lifting activities, were performed according to company procedures on Lifting, with all the third party certificates and personnel duly certified by the competent authority/plant department and color coded.
- Ensure all machineries and equipment were properly inspected and certified before mobilization to site by plant department.
- To ensure workers are working on safe scaffolds by timely proactive monitoring.
- Inspection of Cutting, Welding, Grinding, sand blasting and Handling Tools & equipment to ensure safety.
- Supervise and monitor "excavation safety plan" & "confined Space", implemented required safety standard.
- Aiming to attain "Zero injury" at staff level as well as contractor levels.

Banu Mukhtar Contracting Co.

(08 June 2017 to 12 Feb 2019)

Position: HSE Supervisor

Project: PepsiCo Green Field Project Industrial State Multan, Pakistan

Duties & Responsibilities

- Preparation of Task Risk Assessments (TRAs), Job Hazard Analysis (JHAs/JSAs) etc.
- Participation in Safety audits with senior management.
- Giving HSE Induction to all the workers/visitors/new-comers on rig.
- Participation in the daily Operational and HSE meetings, walkouts etc.
- Conducting, Supervision and record keeping of all the Pre-Job Safety Meetings (PJSMs).
- Imparted HSE Induction to all the visitors upon arrivals.
- Supervision of different periodic HSE audits and inspections including but not limited to Drops Inspection, Well control Equipment inspection, Slip/Trip/Fall Inspections, Health and Hygiene Inspection, water owners inspection, Trailers inspection, Crane and Fork Lift Truck Inspections etc.
- Conducted several Emergency Drills including Fire Drills, Confined Space Rescue Drills, and Muster Drills as per client's criteria.
- Incident / Accident investigation.
- Ensured the onsite compliance of Safe system of work (SSOWs), Permit to Works (PTWs), Task Risk Identification Cards ((TRICs), JSAs, and STOP Cards etc.
- Planned and coordinated safety-related training programs.
- Evaluate and communicate HSE performance issues on the projects and develop mitigating plans with the HSE Manager.
- Determining Safety Critical Elements & their performance criteria Evaluating ALARP (As Low as Reasonably Practicable).
- Review Contractor's HSE documentation. Monitor and ensure implementation of the Contractor's approved HSE Plan.
- Investigations are effectively communicated to Contractor craft by the Contractor supervision and management
- Participating HAZOP, HAZID & HIRA Studies with multiple team.
- Conduct HSE Impact studies with EPC & Third party consultants.
- Review and approve Emergency preparedness for major emergency, evacuation and conducting mock drill.
- Issuing & Monitoring Permit to Work systems like hot work, confined space entry, working at height, LOTO & Excavation and other critical activities.

ANC Food Gourmet Beverage Multan

(March 2016 to 10 Feb 2017)

Position: Fire and Safety Officer

Duties & Responsibilities

- Interface with supervisors on a daily basis to provide proactive technical. Delegate responsibilities to Junior Safety Officers and Safety Assistants to provide an Effective safety monitoring and supervisor support program
- Identify site hazards, non-conformances, corrective and preventive actions and bring them to the immediate attention of site supervision (and record).
- Generate Accident/Incident Reports and Corrective Actions.
- Provide a Daily & weekly & monthly & summary report of field HSE issues and activities including HSE documentation; risk assessments, JSAs, toolbox talks produced, etc.
- Ensure all personnel have the necessary training for the project and new hire safety training orientation.
- Inspection, Fire Extinguishers Inspection and Fire Control and Safety Equipment including smoke detectors.

- Setup and Maintain an Accident/Incident database.
- Planned and coordinated safety-related training programs.
- Verify third party certification for loose lifting gear, pressure vessels, electrical equipment etc. is correctly color coded and being used properly.
- Closely monitor high risk activities; confined space entry gas testing and air monitoring, lifting activities, work at height, movement of abnormal loads etc.

Abilities

- Instructional and training skills with master command on visual training.
- Excellent interpersonal verbal communication and report writing skills.
- Energetic, self-motivated team member.

Personal Information

Passport #	FE9845342
CNIC #	3630291045341
DOB	08-Aug-1996
Nationality	Pakistani
Religion	Islam
City	Multan