

# Farhan



**I am ambitious and driven. I thrive on challenge and constantly set goals for myself, so I have something to strive toward. I'm not comfortable with settling, and I'm always looking for an opportunity to do better and achieve greatness.**

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<b>Email: farhantanoli70@gmail.com</b>	<b>Religion: Islam</b>	<b>Gender: Male</b>
<b>C.N.I.C: 13504-4530495-7</b>	<b>City: Mansehra</b>	<b>Marital status: Single</b>

## Experience

- **HSE OFFICER** **Feb 2016 to Apr 2022**  
**KRAKROW Oil and Gas** **Karachi, Pakistan**
  - Provide safety training and awareness to the employees.
  - Remain at the site until the day finish and monitor & take care of all of worker activities.
  - Inspection of grinding, cutting, welding, portable, lifting and handling tools to job.
  - Conduct Tool Box talk (TBT) daily, weekly & monthly at the site and submit report to the client on daily basis and also maintain a record for company manpower.
  - Creating Safety Awareness among Employees and educate them on Safety Matters.
  - Run a strong campaign about a topic which is related to the safety as per client requirement and follow the HSE procedures of the client.
  - Ensure that work is going safely and report to the HSE Manager of the area
- **HSE OFFICER** **Feb 2015 to Jan 2016**  
**Ikan Engineering pvt Ltd** **Lahore, Pakistan**

Conducted safety trainings as per company requirements.

  - Attending site safety meetings and monitoring points to ensure remedial action is taken where required.
  - Provide relevant information on Health, Safety and Environmental Policies to employees.
  - Participate in safety promotions, campaigns, seminars and courses when required.
  - Maintain and produce health, safety and environmental statistics and records
  - Keep up to date with all relevant legislation, regulations and codes of practice.
  - Conduct daily checks of Permit to Work.
  - Check isolations and ensures safe work practices are being adhered to.
  - Utilize positive reinforcement when correcting unsafe behaviors also acknowledging safe behaviors.
  - Completes daily assessments of high risk activities i.e. Lifting Operations.

## Highlights

- Problem Solving
- Adaptability
- Collaboration Strong
- Work Ethic Time
- Management Critical

## Education

- M.A
- B.A
- DAE Civil
- FSc
- Matriculation

## Certifications

- NEBOSH
- IOSH Managing Safely
- OSHAcademy

## Trainings

- Risk Assessment course.
- H2S Safety at workplace course
- Work at Height safety course
- Job Safety Analysis.
- Session on Evacuation procedures.
- Hazard identification
- Training on working in Confined Spaces
- Fire Safety Course