

# Fizan Rauf

Health and safety environment

## Profile

Organized and dependable candidate, successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

## Employment History

### Safety Assistant at Packages Mall , Lahore

Jan, 2016 - Jan, 2019

### Safety officer at Coca-Cola , Raiwind Road Lahore

Feb, 2019 - Jan, 2021

### Safety officer at Dolmen Mall , Lahore

Mar, 2021 - Present

## Education

### Matric (science) at Govt Liyaqat High school papnakha , Gujranwala

Mar, 2011 - Aug, 2013

Matric with Science Subjects (physics , chemistry ,Biology)

### I.com at Govt Higher Secondary School Ladhewala warraich, Gujranwala

Aug, 2013 - Aug, 2015

I.com with Commerce Subjects ( Economics , Accounting )

### 2 years Safety Engineer diploma at Pakistan Education Skill Council (PSEC)

Feb, 2016 - Feb, 2018

### Safety Inspector (3 Months) at Descon Technical Institute (DTI), Lahore

Mar, 2021 - Jun, 2021

### NEBOSH ( IGC ) at Descon Technical Institute (DTI) , Lahore

Nov, 2021 - Dec 2021

### Construction Safety at Center Improvement of working conditions and Environment ( CIWCE ), Lahore

Apr, 2021 - Apr, 2021

### Chemical Risk Assessment & Safety at Center Improvement of working conditions and Environment ( CIWCE ), Lahore

May, 2021 - May, 2021

### Fire Risk Assessment & Management at Center Improvement of working conditions and Environment ( CIWCE ), Lahore

May, 2021 - May, 2021

### Occupational Disease & Hazardous Occupations at Center Improvement of working conditions and Environment ( CIWCE ), Lahore

Jun, 2021 - Jun, 2021

### Musculoskeletal Disorders At Workplace at Center Improvement of working conditions and Environment ( CIWCE ), Lahore

Jun, 2021 - Jun, 2021

## Details

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Bakhery wali kalan P/o khas  
Ladhewala warraich Gujranwala

## Skills

Mobile Application

## Languages

Urdu

English

Korean

**General Risk Assessment at Center Improvement of working conditions and Environment ( CIWCE ), Lahore**

Jun, 2021 - Jun, 2021

**Fire Safety at Descon Technical Institute (DTI) , Lahore**

Nov, 2021 - Nov, 2021

**First Aid at Descon Technical Institute (DTI) , Lahore**

Nov, 2021 - Nov, 2021

**Confined Space & Permit to work system at Center Improvement of working conditions and Environment ( CIWCE ), Lahore**

May, 2021 - May, 2021

**Basic First Aid at Center Improvement of working conditions and Environment ( CIWCE ), Lahore**

Jun, 2021 - Jun, 2021

**Accident investigation & Reporting System in industries at Center Improvement of working conditions and Environment ( CIWCE ), Lahore**

Jun, 2021 - Jun, 2021

**Machine Safety at Center Improvement of working conditions and Environment ( CIWCE ), Lahore**

Sep, 2021 - Sep, 2021

**Electrical Risk Assessment at Center Improvement of working conditions and Environment ( CIWCE ), Lahore**

Sep, 2021 - Sep, 2021