



# Ali Hamza Cheema

## HEALTH SAFETY & ENVIRONMENT OFFICER

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🇵🇰 Pakistani 🏠 CW4157341 🌐 Single 👤 Male 🌐 Ali Hamza Cheema

### Profile

#### OBJECTIVES:

I tend to join an admired organization which will be surely benefited by my abilities and give me knowledge, recognition, achievement, pleasure and wealth based on skills and capabilities.

#### PERSONAL PROFILE:

Energetic, ambitious and self motivated. I take the initiative to shoulder responsibilities and always welcome challenges. Confident of my role in the growth of the organization and eager to appraise upon new situations. Require minimum of training on any new assignment. I consider myself as being presentable and well spoken and get along well with people at all level.-

### Education

<b>BS (Hons.) Environmental Sciences, University of Gujrat</b> 📄	2017 – 2021   Gujrat, Pakistan
<b>HSSC Pre Engineering, KIPS College</b> 📄	2015 – 2017   Gujranwala, Pakistan
<b>SSC Science, Government High School</b>	2013 – 2015   Gujranwala, Pakistan

### Professional Qualifications and Certificates

- NEBOSH International General Certificate in Occupational Health and Safety
- Punjab Emergency Service Basic Life Support
- Fire Safety Training
- Working at Height: Safety in the Assembly and use of Scaffolds
- Oregon OSHA Accident Investigation
- First Aid and CPR
- Risk Assessment
- EMS Planning

### Skills

MS Office (MS Word, MS Power point, MS Excel), Team Work, Effective Communication, Project Management, HPSS, Arc GIS, Report Writing,

## Professional Experience

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<b>Environmental Field Officer</b> , <i>Environmental Services Pakistan</i>	10/2022 – present   Lahore, Pakistan
<b>HSE Supervisor</b> , <i>HBA Construction</i>	08/2021 – 09/2022   Gujranwala, Pakistan
<b>Environment Graduate Trainee</b> , <i>SK Fans Industry</i>	04/2021 – 07/2021   Gujranwala, Pakistan
<b>Internship</b> , <i>Environment Protection Department</i>	02/2021 – 04/2021   Gujranwala, Pakistan
<b>Field Monitoring Officer</b> , <i>Lead Enviro Safety Services (Pvt) Ltd.</i>	08/2020 – 02/2021   Lahore, Pakistan

## Volunteer Work With Organizations

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<b>Pakistan Red Crescent</b> , <i>Volunteer Services - First Aid and CPR</i>	Gujranwala, Pakistan
<b>Sundas Foindation</b> , <i>Blood Donor</i>	Gujranwala, Pakistan

## Lectures Attendance and Participation

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<b>International Seminar on Earth Day</b>	Lahore, Punjab University
<b>Career and opportunities in the field of Environment and Occupational Health and Safety</b>	University of Gujrat, Pakistan
<b>An Imperative need for Integrated Waste Management System in Pakistan</b>	GCU LHR & UOG Gujrat
<b>Research Methods and Scientific Academic Writing</b>	University of Gujrat, Pakistan
<b>Research, Scientific and Technical Report Writing</b>	University of Agriculture Faisalabad, Pakistan

## Awards

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- Poster Competition Award in Occupational Health & Safety**, *University of Gujrat*
- Business Expo Award on Eco Entrepreneurial Ideas**, *University of Gujrat*
- Best theme Award for Environmental Sustainability**, *Ayub National Park Rawalpindi Annual All Pakistan Event*

## Languages

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English	● ● ● ● ●	Urdu	● ● ● ● ●
Punjabi	● ● ● ● ●		

## References

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Reference will be furnished on request.