

Position: HSE Asst. / Supervisor/ Officer.

“Seeks challenging position in Health & Safety to utilize strength and skills to achieve Zero Incidents.

Muhammad Awais

Phone/ Whatsapp:

+92-308-8684802

E-mail:muhammadawais197@gmail.com

❖ Objective

- ✓ Being a Health & Safety Professional, I want to work with a well-reputed organization and to serve it to the best of my capabilities and talent, making my job worthwhile by pouring in whole-hearted, sincere and honest, dedicated efforts for the well-being of the organization and fostering personal intellect and excellence.

❖ Personality

- ✓ Good communication, leadership, management and problem solving skills.
- ✓ Able to work with minimal supervision and as a cooperative team member.
- ✓ Detail-oriented, self-motivated work style, ability to master new skills quickly.

Experience

- **Health & Safety Marshal** April 2022 to Present.
Unilever Pakistan Foods Limited,
Faisalabad.
- **HSE Officer** May 2021 to April 2022
Exert Tech. Pvt Ltd (Oppo Mobiles Phone Company),
Sundar Industrial Estate, Raiwind, Lahore.
- **Safety Associate & Lead** Nov 2019 to April 2021
Popular Pipes Group of Companies,
Sundar Industrial Estate, Raiwind, Lahore.
- **Fire Fighter/ Safety Assistant** Jan 2017 to Nov 2019
Procon Engineering (Pvt) Ltd.
The Unit of Master Group of Industries,
Manga Raiwind Road, Raiwind, Lahore.

❖ Skills

- Expert in Microsoft Excel, Word, PowerPoint etc.
- Office Management, Documentation, Local Purchasing on petty,

Academic /Certificate / Technical Qualifications

- Intermediate from BISE Lahore.
- Safety Officer Diploma (from Descon Engineering, Lahore)
- Fireman Course (Federal Civil Defence Training School Faisalabad)
- IOSH Managing safely V5.0 (UK)
- Confined Spaces
- H2s Awareness Training Certification
- ISO 22000:2018 Food Safety Management (European Open University)
- First Aid Training Expert
- Accident Investigation (Origin IOSH Public Education)
- Fire Prevention & Risk Assessment(Federal Civil Defence Lahore)
- First Aid for Adults (International Federation of Red Cross)
- Medical Experience In Jinnah Hospital 1 Years As a Emergency Department

Rules & Responsibilities as a Health & Safety Marshal in

Unilever Pakistan Foods Limited

- Conduct site/office safety inspection tours to ensure HSE arrangements (like fire extinguishers smoke detectors, fire alarms & fire hydrants are in Good Working Condition meanwhile improving safety control's effectiveness.
- Taking safety precautions as per permit to work requirements for different activities.
- Inspection of grinding, cutting, welding, lifting and handling tools etc. prior to job.
- Manage the area to ensure the workforce safety.
- Investigate accidents to prevent recurrence and prepare accident reports.
- Preparation & Installation of Safety Sign Boards.
- Creating Safety Awareness among Employees and educate them on Safety Matters.
- Responsible for monthly HSE meetings of all relevant staff for developing a positive HSE culture, daily Tool Box Talk (TBT) on different safety topics for workers awareness.
- Conducting fire and emergency drills & internal training as per HSE Manual
- Startup/shut down of Plants, creation and ensuring SOP checklists & ensure timely Evacuation.
- Planning and coordination with various departments including (mechanical, electrical, Instrumentation, fire safety) in case of incident.

Personal Details

Date of Birth:

27 March, 1994

Marital Status: Single

Address:

Pattoki Tehsil Pattoki District Kasur.

"HEALTH & SAFETY IS AN STEP AHEAD TO REACH ADVANCE DESTINATION"



PAKISTAN

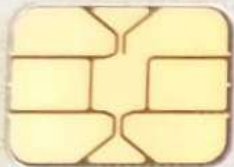
ISLAMIC REPUBLIC OF PAKISTAN

National Identity Card



Name
Muhammad Awais

محمد اویس



Father Name
Muhammad Arshad

محمد ارشد



Gender Country of Stay
M Pakistan

Identity Number Date of Birth
35103-9396579-5 27.03.1994

Date of Issue Date of Expiry
02.08.2022 02.08.2032

Signature

Holder's Signature





موجودہ پتہ: گلی ماسٹر محمد ریاض، محلہ مغل سٹریٹ، پھول نگر،
تحصیل پتوکی، ضلع قصور

35103-9396579-5



مستقل پتہ: ڈاک خانہ خاص، چک نمبر 66 دینانتھ، تحصیل پتوکی،
ضلع قصور

504641294039

Registrar General of Pakistan

گمشدہ کارڈ ملنے پر قریبی لیٹر بکس میں ڈال دیں

ANNOTATIONS

Religion
ISLAM

Previous Passport
N/A



Handwritten signature in Urdu script.

HOLDER'S SIGNATURE OR THUMB IMPRESSION

حامل ہذا کا دستخط یا نشان انگوٹھا

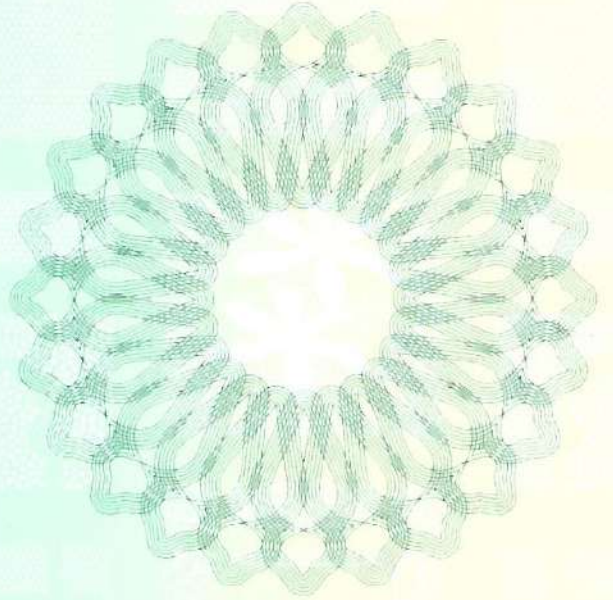
NOT VALID WITHOUT SIGNATURE OR THUMB IMPRESSION

یہ پاسپورٹ بغیر دستخط یا نشان انگوٹھا ناقابل استعمال ہے۔



6 0 1 7 6 0 0 0

یہ پاسپورٹ سوائے اسرائیل کے دنیا کے تمام ممالک کے لئے کارآمد ہے۔
THIS PASSPORT IS VALID FOR ALL COUNTRIES OF
THE WORLD EXCEPT ISRAEL.



Highfield Awarding Body for Compliance


Certifies that
Muhammad Awwais

has successfully passed an assessment in
**HABC Level 2 International Award in Fire
Safety**

Date of Award 06 February 2017

Certificate number FIR1135614

DISTINCTION



Course Director

Cardiff School of Certified Professionals
(CSCP)

Training Organisation



Richard Sprenger - Chairman
Highfield Awarding Body for Compliance



THE QUEEN'S AWARDS
FOR ENTERPRISE:
2016





This is a certificate awarded to

Muhammad Awais

on successfully completing

Managing Safely

a course approved and validated by the

Institution of Occupational Safety and Health

in association with

Cardiff School of Certified Professionals (CSCP)

Signed on behalf of IOSH

Chief Executive

Course Organiser





Cardiff School of Certified Professionals

Certificate

In recognition of the successful completion of the requisite course of study and by virtue of authority granted by

The Cardiff School of Certified Professionals hereby confers upon

Muhammad Awais

Has successfully completed training of

Basic First-Aid

In witness whereof this certificate, signed by The Cardiff School of Certified Professionals authorized trainer and sealed with the corporate seal of The Cardiff School of Certified Professionals granted. The signatory below is solely responsible for the quality of said training, and attests to attaining certification appropriate to provide training from

The Cardiff School of Certified Professionals

Valid from December 31, 2016 to December 30, 2018



Signed on the behalf
of CSCP (UK)

Training Certificate Number
272700123

Descon Technical Institute



It is to certify that

Muhammad Awais

S/O

Muhammad Arshad

has successfully completed 3 months training program for

Safety Assistant

in grade B+ with 70 % marks

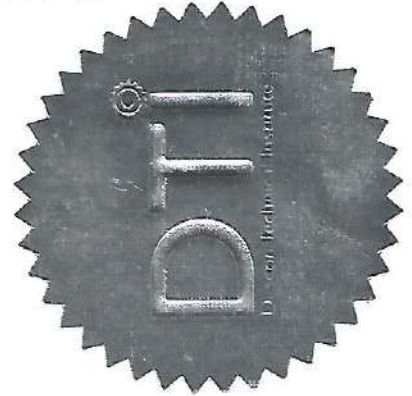
CNIC No: 35103-9396579-5

DTI No: SA-106-3459

Issue Date: 03-FEB-17

Following subjects were offered

Safety Orientation	Breathing Apparatus	Compressed Air Safety	Confined Space Entry
Electrical Safety	Fire Safety	First Aid	Gas Test
Hand Tools Safety	Tool box Talk	Hazards Identification	Machine Guards
Work Permit	Safety Gears (PPE's)	Pressure Testing Safety	Radiography Safety
Rigging Safety	Safety Signs	Scaffolding Safety	Spoken English & Soft Skills




Muhammad Taseen
Unit Head



Adil Mobashir

Head Academics

GOVERNMENT DEGREE COLLEGE, PHOOL NAGAR

DEPARTMENT OF COMPUTER SCIENCES

THIS DIPLOMA IS AWARDED TO

Muhammad Awais

S/O Muhammad Arshad

ON SUCCESSFUL COMPLETION OF THE
DIPLOMA IN COMPUTER SCIENCES (DCS)

Held from 7th May, 2009 to 06th November, 2009. (6 months)

This diploma includes, Computer Basics, MS Office XP

InPage 2000, Web Development, CorelDraw 12, Internet




Head of Department
(Computer Sciences)


Principal



Cardiff School of Certified Professionals

Certificate

*In recognition of the successful completion of the requisite course of study and by virtue of authority granted by
The Cardiff School of Certified Professionals hereby confers upon*

Muhammad Awais

Has successfully completed training of

H2S Awareness

In witness whereof this certificate, signed by The Cardiff School of Certified Professionals authorized trainer and sealed with the corporate seal of The Cardiff School of Certified Professionals granted. The signatory below is solely responsible for the quality of said training, and attests to attaining certification appropriate to provide training from


The Cardiff School of Certified Professionals

Valid from December 31, 2016 to December 30, 2018



Signed on the behalf
of CSCP (UK)

Training Certificate Number
272700108



APPENDIX-XIV

Dated: 23-10-2014

FORM 'P-1'

The Pakistan Citizenship Act, 1951(II OF 1951)
and the rules made there under or (vide rule 23)

CERTIFICATE OF DOMICILE

Whereas Muhammad Awais S/O Muhammad Arshad

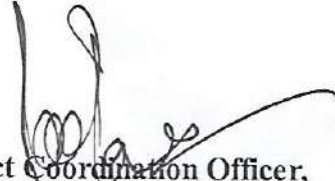
has APPLIED FOR the grant of a certificate of domicile under the Pakistan Citizenship Act, 1951 (II of 1951), alleging with respect to himself/ herself the particulars setout below and has satisfied the undersigned that the conditions laid down in Section 17 of the said Act for the grant of a Certificate of Domicile are fulfilled in the said

Muhammad Awais case.

NOW, Therefore, in pursuance of the powers conferred by the said Act and the rules made there under, the undersigned hereby grants to the said Muhammad Awais this Certificate of Domicile.

In Witness whereof, I have hereto subscribed my name this day of 23-10-2014

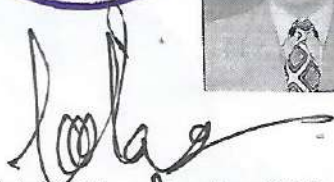



for District Coordination Officer,
Kasur

FULL PARTICULARS RELATING TO THE APPLICANT

Full Name Muhammad Awais
S/O Muhammad Arshad
Address in Pakistan Dina Nath Chak No. 66 Teh. Pattoki
Place of Domicile As Above
(Domicile) Tehsil Pattoki District Kasur Prov/Admn:PUNJAB
Date of Arrival in Place of Domicile Since Birth
Married/Single/Widow/Widower Single
Name of Wife or Husband N/A
Name of Children and their Ages N/A
Trade or Occupation Student
Mark of Identification Nil




for District Coordination Officer,
Kasur

Serial No. 0313216

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Board of Intermediate & Secondary Education, Lahore

Roll No. 302048

Enrollment No. 00170-SP.01-2014



SECONDARY SCHOOL CERTIFICATE ANNUAL EXAMINATION 2015

HUMANITIES GROUP

Certified that MUHAMMAD AWAIS

Son/Daughter of MUHAMMAD ARSHAD

(35103-5437506-1)

Date of Birth 27/03/1994 (TWENTY SEVENTH MARCH ONE THOUSAND NINE HUNDRED NINETY FOUR)

School/District KASUR

has passed the Secondary School Certificate Examination, conducted by this Board in PARTS as a

PRIVATE candidate. He/She offered the subjects and obtained the marks as follows:

Sr.No.	Subject	MARKS	
		Maximum	Obtained
1.	URDU	150	75
2.	ENGLISH	150	60
3.	ISLAMIYAT	100	59
4.	PAKISTAN STUDIES	100	57
5.	GENERAL MATHEMATICS	150	41 *
6.	GENERAL SCIENCE	150	67
7.	EDUCATION	150	81
8.	PUNJABI	150	98
TOTAL MARKS (In Figures)		1100	538
(In Words) FIVE HUNDRED THIRTY-EIGHT			

* QUALIFIED UNDER RULE 21 (CONCESSIONAL MARKS).

External Grade : D

Result Declared On JULY 25, 2015 .



Secretary

SECRETARY



