DR. ZAINAB ALI LAKHANI MEDICAL DOCTOR, PUBLIC HEALTH PROFESSIONAL

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Highly ambitious, compassionate, and team-oriented. Looking forward to acquiring a professionally well-reputed and self-sufficient position in a humanitarian organization where I can put my efforts for the betterment of the health of the population, treat diseases, can promote healthy behaviors, and effectively utilize my capabilities and educational background to make a positive contribution to the organization as well as my society and country. Excellent communication and collaboration abilities with colleagues, stakeholders, and the general public, exhibiting self-control, assurance, discipline, and a goal-oriented approach.

EXPERIENCE:

<u>ORGANIZATION:</u> PAKISTAN RED CRESCENT, NORWEGIAN RED CROSS, NATIONAL HEADQUARTERS

DESIGNATION:Coordinator Mobile Health UnitLOCATION:Islamabad

EXPERIENCE: <u>TENURE</u>: [02/2023 – Current]

RESPONSIBILITIES:

I am tasked with performing all necessary tasks for medical operations as the health coordinator. Monitoring patient records and reports, as well as assisting the doctor with various patient activities. I also have other duties including greeting patients and giving them admission and discharge documents. Maintain a record of every patient's documentation on board. This comprises admission and discharge forms, death, and birth certificates, and so on. To keep a record, update the patient data that is already in the databases. Collaborate with medical and non-medical professionals. Keep an eye on the inventory to see what's in stock and place all necessary orders as needed. Support the junior team with various tasks as assigned, such as scheduling diagnostic tests, gathering patient records, and awareness sessions.

ORGANIZATION: PINK RIBBON FOUNDATION ISLAMABAD, PAKISTAN

DESIGNATION:Consultant "Medical Doctor, Health Promotor, Advocacy Officer"LOCATION:Islamabad

EXPERIENCE: TENURE: [01/2023 – 04/2023]

RESPONSIBILITIES:

The breast cancer ribbon has developed into the universal icon of breast cancer, serving to highlight the disease, promote awareness, and unite women. As a physician, health advocate, and public health professional, I must increase public awareness of breast cancer, as well as assist the community who have seen their loved ones facing cancer. Breast cancer, the leading cause of death for women, is also the most treatable if found early, Reporting, capacity development, and advocacy are the primary tasks. Since prevention is better than cure.

<u>ORGANIZATION:</u> HEALTH SERVICES ACADEMY ICT, MINISTRY OF NATIONAL HEALTH, REGULATIONS & COORDINATION PAKISTAN

DESIGNATION:	Project Facilitator
LOCATION:	Islamabad

EXPERIENCE:	
TENURE:	[04/2022-11/2022]

PROJECTS:

- "Breast Cancer Awareness Campaign "Early Detection for Your Protection"
- "Infection Prevention Control (IPC) Online Course Launching"
- "Improve The Quality of Maternal & Newborn Health Care for Policy Guidelines."
- "Infection Prevention & Control with Stakeholders in Pakistan."
- "Nutritional Assessments in Pakistan"

RESPONSIBILITIES:

- Initial assessment and documentation of the project, setting the aims & objectives, and developing the log frame.
- Organizing the meetings, overseeing, and evaluating the participants' points of view, to care about the respective project.
- Developing strong coordination and collaboration with our partner organizations.
- Maintaining the data and information and monitoring the targeted objectives to achieve the desired goals.
- Providing the education and knowledge for capacity building among the human recourse.
- Submitting the final reports of every meeting and also summarizing the recommendations made by our esteemed guests so that policy could be generated and distributed to healthcare facilities and among the community to further develop and improve their capacity.

ORGANIZATION: WORLD HEALTH ORGANIZATION (WHO), ISLAMABAD / RAWALPINDI

DESIGNATION:LQAS Polio "Supervisor"LOCATIONIslamabad / Rawalpindi

<u>EXPERIENCE:</u> <u>TENURE</u>: [03/2022 – 02/2023]

RESPONSIBILITIES:

Rapid survey techniques, such as the Lot Quality Assurance Survey (LQAS), make use of a limited sample size to assess the effectiveness of a vaccination campaign following National Immunization Days (NID) and Subnational Immunization Days (SNID) at pre-selected sites. As a Surveillance officer selected by the World Health Organization, I worked with six teams, and our main objectives were to complete the Lot Quality Assurance Survey (LQAS) and Post Campaign Monitoring and Evaluation (PCM) in the pre-selected regions where we used to assess children under the age of five to see if they had received the polio vaccine and then to produce the report for further decision-making.

ORGANIZATION: HEALTH SERVICES ACADEMY, ISLAMABAD

DESIGNATION:	Academic Course Outline Design
LOCATION	Islamabad

<u>EXPERIENCE:</u> <u>TENURE</u>: [04/2022 – 07/2022]

RESPONSIBILITIES:

Medical knowledge is used for legal purposes in medical jurisprudence. The two categories of legislation are civil and criminal. It is essential for both medical and public health. I got the opportunity to design the certification course outline for medical jurisprudence at the Health Services Academy and develop my academic skills. Setting the content table and preparing the practical logbooks. The inaugural and introductory seminar has already been done, and soon the general public will be able to sign up for the courses.

ORGANIZATION: HEALTH SERVICES ACADEMY, ISLAMABAD

DESIGNATION:	Monitoring & Evaluation Officer "Projects of USAID, GIZ"
LOCATION	Islamabad

EXPERIENCE:	
TENURE:	[11/2021- 07/2022]

RESPONSIBILITIES:

- Served as a monitoring and evaluation officer for several programs involving Nutrition, WASH, Vaccination, IPC, and emergency preparation in the context of Public Health and RMNCH (reproductive, maternal, and newborn child health).
- Prepared Log frames, completed all the documentation, setting the targets, aims, and objectives to achieve the desired goals.
- The training and activities were performed under my supervision. I was in charge of upholding the standards and protocols set by USAID, and GIZ for each project.
- While working in the surveillance domain I used to identify the gaps to help with the development of action plans.
- The information was disseminated to the appropriate authorities after data analysis for quality assurance and implementation.
- I was in charge of designing programs and training reports after the data collection and monitoring analysis to meet the requirements.
- I've also served as a technical support program lead as necessary to ensure efficacy and efficiency.

ORGANIZATION: GOVERNMENT OF SINDH, HEALTH DEPARTMENT, HYDERABAD

DESIGNATION:	Medical Officer "(Monitoring & Evaluation Officer)"
LOCATION	Hyderabad

<u>EXPERIENCE:</u> <u>TENURE</u>: [05/2020 – 10/2021]

RESPONSIBILITIES:

- I dealt with the COVID-19 pandemic emergency. As a COVID-19 Surveillance Medical Officer assigned to the Monitoring & Evaluation Cell DHO Hyderabad.
- Served as a health and disease control advisor, and surveillance officer, providing medical guidance.
- Identifying anomalies, investigating issues, and applying medical knowledge and skills for diagnosis and prevention.
- Assisting in the development and implementation of plans and projects.
- I was in charge of documentation and supervising the Rapid Response Teams, Contact Tracing, and Home Isolated Patients.
- Monitoring and Data Management of Public and Private Laboratories in Hyderabad Sindh.
- After that, I was given the duty of administering the Hyderabad Mass Immunization Center In charge, where I use to Advise the person for vaccination according to protocols.
- I was keeping records of the vaccination statistics and dealt with team management, outreach activities, and capacity building.
- Ensure ongoing training of the medical/paramedical multidisciplinary team to optimize the quality of care.
- Following universal precautions for reducing bio-hazard risks and improving infection control. Ensures Professional confidentiality is respected.

ORGANIZATION: LIAQUAT UNIVERSITY HOSPITAL, HYDERABAD/ JAMSHORO, SINDH.

DESIGNATION:	House Officer "(Medical Internship)"
LOCATION	Hyderabad

<u>EXPERIENCE:</u>	
TENURE:	[03/2019 - 03/2020]

RESPONSIBILITIES:

- Provided patient care by conducting daily ward rounds, documented daily progress notes, and examined newly admitted patients
- Providing safe, effective, and compassionate patient care
- Documentation of care by appropriate and prompt maintenance of medical records, orders, and notes.
- Participation in the educational activities of the training program and assumption of responsibility for teaching and supervising other residents and students.
- Participation in institutional orientation and education programs and other activities involving the clinical staff.
- Performance of these duties by the established practices, procedures, and policies of the University, its programs, and clinical departments, and those of other hospitals or institutions to which the House Officer is assigned.

ORGANIZATION: ASSOCIATION FOR HUMANITARIAN DEVELOPMENT, HYDERABAD

DESIGNATION:	Internship "Voluntary Officer"
LOCATION	Hyderabad

<u>EXPERIENCE:</u> <u>TENURE</u>: [01/2015 – 11//2015]

RESPONSIBILITIES:

- The objective of this project was to directly assist millions of households by providing clean water filter units, food, mosquito nets, water coolers, and hygiene education to prevent 100,000 individuals from contracting water-borne illnesses.
- Additionally, the WASH component in this project worked on waste management and sanitation.
- In this project, I spoke to women and children about basic nutrition, hygiene, sanitation, and health.
- I participated in several assignments, workshops, training, office-level administrative activities, report writings, presentations, health promotion outreach activities, and awareness campaigns while serving as an intern volunteer officer.

ORGANIZATION: SHAH BHATTI GOVERNMENT HOSPITAL HYDERABAD.

DESIGNATION:"Medical Intern"LOCATIONHyderabad

<u>EXPERIENCE:</u> <u>TENURE</u>: [06/2016 – 07/2016]

RESPONSIBILITIES:

Being a medical intern in the pediatric ward was a challenging position, particularly in a government environment where undernutrition and ignorance are the main issues. But because our main objective was to lower the child mortality rate by preventing diseases, I also learned counseling techniques and the value of timely treatment. Senior Medical Consultants helped me acquire and put into practice practical skills.

EDUCATION:

• MASTER OF SCIENCES OF PUBLIC HEALTH (MSPH) Health Services Academy Islamabad (Pakistan) [10/2021 – Current]

• BACHELOR OF MEDICINE AND BACHELOR OF SURGERY (MBBS) Bahira University Medical and Dental College Karachi (Pakistan) [12/2013 – 01/2019]

• **CERTIFICATION IN "MONITORING & EVALUATION"** USAID Funded Training Islamabad (Pakistan) [12/2022]

• CERTIFICATION IN "HOSPITAL PREPAREDNESS IN EMERGENCIES" National Disaster Management Authority Pakistan, HOPE, USAID Islamabad (Pakistan) [11/2022-11/2022]

• CERTIFICATION IN "CRITICAL CARE COURSE" The Aga Khan University Karachi (Pakistan) [10/2022 – 11/2022]

• CERTIFICATION IN "DISASTER, CRISIS, & EMERGENCY PREPAREDNESS COMMUNICATION" The State University of New York New York (United States) [09/2022 – 10/2022]

• CERTIFICATION IN "FLOOD DISASTER EMERGENCY TREATMENT" The Aga Khan University Karachi (Pakistan) [09/2022 – 10/2022]

• **CERTIFICATION IN ''ESSENTIAL EPIDEMIOLOGIC TOOLS FOR PUBLIC HEALTH PRACTICE''** Johns Hopkins University, Bloomberg Public Health School Baltimore (United States) **[08/2022 – 09/2022]**

• CERTIFICATION IN "PROGRAM DESIGN & EVALUATION FOR HEALTH SYSTEM STRENGTHENING"

Johns Hopkins University, Bloomberg Public Health School Baltimore (United States) [08/2022 – 09/2022]

• LEADERSHIP AND PROGRAM MANAGEMENT IN (IPC)

World Health Organization (WHO) Islamabad (Pakistan) [07/2022 – 08/2022]

• CERTIFICATION IN "INFECTION PREVENTION & CONTROL (IPC)"

World Health Organization (WHO) Islamabad (Pakistan) [06/2022 – 07/2022]

• CERTIFICATION IN "TUBERCULOSIS MANAGEMENT"

Shaheed Zulfiqar Ali Bhutto Medical University Islamabad (Pakistan) [03/2022 – 04/2022]

• **CERTIFICATION IN ''GEOGRAPHIC INFORMATION SYSTEMS (GIS)''** The University of California, Davis, California (United States) **[03/2022 – 04/2022]**

SKILLS:

- Leadership,
- Flexibility, Proactive
- Positive Attitude,
- Responsibility
- Good Communication & Interpersonal Communication Skills
- Independent And Self Motivating,
- Ability To Work Under Pressure
- Good Time Management,
- Technical, Analytical & Creative Thinking Skills
- Medical Management (Emergency Protocol)/ Field Investigation Skills

• Team Player

LANGUAGES:

English, Urdu, and Sindhi.

ACTIVITIES:

- Breast Cancer Awareness Campaign "Early Detection for your Protection", Health Services Academy Islamabad [10/2022]
- 1st National Social and Behavior Change Communication Conference, Pathfinders [07/2022]
- Disability Seminar, Health Services Academy, Islamabad [01/2022]
- Anti-Microbial Resistance Awareness Seminar, Health Services Academy, Islamabad [12/2021]
- HIV / AIDS Stigma & Discrimination, Health Services Academy, Islamabad [12/2021]
- National Guidelines for Case Management of Vector-Borne Diseases Malaria & Dengue, World Health Organization (WHO) [12/2020]
- Certificate for Meritorious Services & Participation During Polio/ Covid-19 Campaign Hyderabad [11/2020]
- Youth-Led Response to COVID-19 in Sindh. Success, Challenges & way forward, Government of Sindh, Health Department [10/2020]
- Lilly Rahnuma Train the Training Program on " Management of Diabetes Mellitus" [02/2018]
- 17th Foundation Day with Cultural Carnival, Bahria University Medical & Dental College, Karachi [02/2017]
- National Program for Family Planning & Primary Healthcare Sindh, Refresher Training on Revised LHW-MIS Tools, PPIU Sindh [07/2016]

- National Symposium On "Antimicrobial Resistance (AMR)", National Institutes of Health (NIH) Islamabad [11/2022]
- 12th Public Health Conference "Regional Research 2 Action Conference on SRHR" [11/2022]
- Pre- Conference Workshop on Clinical & Technical Updates about Maternal & Newborn Child Health & Family Planning [10/2022 10/2022]
- Meeting of Stakeholders regarding Infection Prevention and Control Practices in Pakistan, Health Services Academy/ World Health Organization (WHO) Islamabad [06/2022]
- Workshop on World Maternal Mortality Day, Health Services Academy, Islamabad [04/2022]
- Seminar on Nutritional Assessments in Pakistan, World Health Organization (WHO) [04/2022]
- Workshop on World Against Tobacco, Health Services Academy, Islamabad [12/2021]
- Workshop on Universal Health Coverage, Health Services Academy, Islamabad [12/2021]
- Workshop on HIV (AIDs) day, Health Services Academy, Islamabad [12/2021]
- Workshop on Breast Cancer Awareness "Let's Talk & Save Lives", Health Services Academy, Islamabad [10/2021]
- 11th Annual Public Health Conference "Contemporary Medicines, Health Technologies & Vaccines For Emerging Public Health Risks" [09/2021]
- Pediatric Symposium, the Liaquat University of Medical & health sciences, Jamshoro [10/2019]
- Diabetes Mellitus in Pregnancy: An Obstetrician's Perspective, Aga Khan Hospital University, Karachi [09/2019]
- Research Project CME Workshop, Bahira University of Medicine, and Dental College Karachi [10/2017]

REFERENCES:

• Dr. Mariyam Sarfaraz

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• Dr. Mubasir Hanif

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