



Adil Arif

Date of birth: 07/06/1999 | **Nationality:** Pakistani | **Gender:** Male | **Phone**

number: (+92) 3415418733 (Mobile) | **Email address:** adiljohn999@gmail.com |

Address: NASRAT COLONY ST # 03 JANGH ROAD, 38000, Faisalabad, Pakistan (Home)

About me:

Highly skilled surgical technologist with 03 years of experience in fast-paced operating room environments. Equipped with expertise in surgical instrumentation, sterile techniques, and patient safety protocols. Committed to providing exceptional surgical support and collaborating seamlessly with interdisciplinary teams. Seeking to leverage my skills and experience to contribute to a dynamic healthcare organization.

EDUCATION AND TRAINING

22/11/2018 – 06/12/2022 Faisalabad, Pakistan

BACHELOR'S OF SCIENCE IN SURGICAL TECHNOLOGY Govt College university faisalabad

- 1. Anatomy and Physiology**(A study of the structure and function of the human body, including the major systems and organs) **Surgical Procedures**(comprehensive overview of various surgical procedures, including pre-operative preparation, intra-operative techniques, and post-operative care) **Microbiology and Infection Control** (An exploration of the principles of microbiology, including the identification and control of infectious agents in the surgical environment). **Medical Ethics and Legal Issues, Healthcare Management and Leadership**(A study of the principles of healthcare management, including leadership, organizational behavior, and financial management). **Patient Care and Communication** (An emphasis on patient care skills and effective communication with patients, families, and healthcare teams).

Address Kotwali Rd, Gurunanakpura, Faisalabad, Pakistan | **Website** www.gcuf.edu.pk |

Field of study Health not further defined | **Final grade** 3.52 CGPA out of 04 | **Level in EQF** EQF level 6 |

National classification NQF level 6 | **Thesis** Effectiveness of Disinfectants in Healthcare settings

10/09/2016 – 12/09/2018 Faisalabad, Pakistan

F.SC (PRE-MEDICAL) Govt postgraduate college samanabad

Address 93W9+JPG, College Rd, Faisalabad, Pakistan

14/09/2014 – 20/07/2016 Faisalabad, Pakistan

MATRIC (SCIENCE) Govt M.C higher secondary school

Address kotwali road near kotwali police station , Faisalabad, Pakistan

WORK EXPERIENCE

26/04/2022 – CURRENT Faisalabad, Pakistan

LECTURER CLINICARE INSTITUTE OF MEDICAL SCIENCES

- Teaching to the students of the paramedical allied health field
 - Operation theater technology(OTT)
 - Medical lab tcehnology(MLT)
 - Pharmacy technician
- Curriculum and Professional Development
- Assessment and Evaluation of students.

05/2022 – 12/2022 Faisalabad, Pakistan

SURGICAL TECHNOLOGIST (INTERNSHIP) FAISAL HOSPITAL FAISALABAD

1. Sterilization and Infection Control
2. Operating Room Setup and Preparation
3. patient Care and documentation
4. Surgical Instrumentation and Equipment Preparation

06/2022 – 12/2022 Faisalabad, Pakistan

SURGICAL TECHNOLOGIST AYUB HOSPITAL FAISALABAD

1. Work as a first assistant
2. Circulator during surgeries
3. Operating room management
4. Central sterile supply department.

● **LANGUAGE SKILLS**

Mother tongue(s): **URDU**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	C1	B2	B2	B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **DIGITAL SKILLS**

Microsoft Office | Microsoft Powerpoint | Microsoft Word | Web Browsing | Digital Skills: Digital Marketing | Social Media | Computer knowage | • Graphic Design

● **ADDITIONAL INFORMATION**

COMMUNICATION AND INTERPERSONAL SKILLS

Personality skills

1. Problem-solving
2. Team-working and collaboration
3. Effective Communication
4. Adaptability
5. Organization and management

HONOURS AND AWARDS

22/12/2022

Hard work, Honest and punctual teacher – Clinicare institute of medical sciences I got an award related to the best teacher of the year due to my hardworking, collaboration, punctuality and honesty.

HOBBIES AND INTERESTS

Reading Books I like to read books about medicine, history, and novels.

Playing musical instruments In my spare time, I loved to play musical instruments like harmonium(keyboard), Tumkinar(Drum) etc.

Badminton In other activities i like to play Badminton and cricket for physically fitness

ACHIEVEMENTS AND CERTIFICATIONS

10/2022 – 01/2023

Community Disaster Responder

I was trained to respond to emergencies and disasters in their local community. This can include natural disasters such as hurricanes, floods, and earthquakes, as well as man-made disasters such as fires, chemical spills, and terrorist attacks.

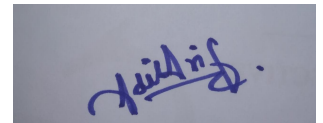
BLS (Basic life support)

I had training for basic life support physically during community disaster training. I got certification from Alison's website regarding BLS.

REFERENCE

will be provided as per demand

I am committed to providing high-quality patient care and support, from surgical procedures to providing compassionate care. I have extensive experience in both inpatient and outpatient surgical settings and am excited to contribute to a healthcare team.

A rectangular box containing a handwritten signature in blue ink. The signature is cursive and appears to read 'Adil Arif'.

Adil Arif