



# JUNAID JAMSHED

*Experienced Public Health Professional*

Phone: **+923448804194/+923338804194**  
Address: **House No. 8, Street No. 5, Near Diamond CNG, Cricket Stadium Road, Rawalpindi**  
Email: **[junaidmph2011@gmail.com](mailto:junaidmph2011@gmail.com)**

Resourceful, patient, diligent, and far-sighted public health professional. Effectively able to create and implement public health strategies, plans, and interventions to meet individual health. Skillfully managing health & wellness programs to ensure optimal public health. Emphasizing the concept and practice of diversity in the field of public health, and encouraging inclusiveness with diverse communities. Adept at preparing reports and managing documents while providing constant support as part of promoting a healthy lifestyle. Eager to apply proven abilities in communicating and effectively advocating for health and health education, within set parameters. Seeking to advance my career in a public health institution, programs, and projects where my abilities will be maximally utilized through a diverse combination of public health services as intended.

## EXPERIENCE

### Helping Hand for Relief & Development (HHRD)-Islamabad

*January 2022*

#### Assistant Program Manager

- Program development
- Program management and technical support
- Staff management
- Financial management
- Advocacy and communications
- Representations, partnerships, and networking

### Global Peace & Harmony (GPAH)-Islamabad

*August 2019 to December 2021*

#### Assistant Manager (Healthcare & Nutrition Program)

- Assisting the Program Director with planning, coordinating, implementing, and evaluating the health and nutrition service plans, systems, and procedures.
- Developing written health, environmental safety, sanitation, food service, and emergency policies and procedures.
- To ensure compliance with performance standards as well as other local, state, and federal regulations, to ensure health, health, safety, and nutrition standards are met.
- Contributing to the development of the delegate and partner agencies' annual plan, program proposals, and community assessment, as requested.
- Monitoring and follow-up on the health and nutrition status of children in the grantee, service systems, and outcomes to ensure high-quality and individualized services are delivered for children and families.
- Building alliances with community health and nutrition stakeholders to create interagency linkages.
- Providing training and technical assistance to staff based on an assessment of health, health and safety, and nutrition service area needs.
- Any other duties assigned by the senior management.

### Health Department Government of Azad Kashmir-Hattian Bala

*December 2016 to October 2018*

#### Assistant Director Monitoring & Evaluation/Social Organizer

- Managing and implementing the performance-based monitoring system to meet targets.
- Ensure that the M&E databases are updated routinely and systematically.
- Ensure that the Standard Operating Procedures (SOPs) and guidelines regarding M&E are developed and updated where necessary.
- Assist Deputy Director to develop an overall M&E plan.

- Assist in the process of ensuring that the performance reviews are conducted regularly.
- Develop and maintain an effective information database on projects, providing resources and necessary support for program inputs and outputs.
- In collaboration with M&E Team identify and document achievements and accomplishments of project indicators against set performance targets.
- Ensure timely compilation of progress reports (monthly, quarterly, and annually).
- Act as a focal person for communication, coordinating information requests, and documentation of best practices for internal and external sharing.
- Any other duties that may be assigned by the Deputy Director M&E.

### **The University of Azad Jammu & Kashmir- Muzaffarabad**

*October 2014 to December  
2016*

#### **Research Associate**

- Conduct individual and collaborative research projects.
- Writing up research results and contributing to publishing results in high-quality peer-reviewed academic literature.
- Participating in regular discussions with other academic partners. Liaise with potential partners to enhance the impact of research.
- Participate regularly in group meetings and prepare and deliver presentations to the project team, internal and external stakeholders, or funders.
- Assist with the supervision of graduate students and undergraduate project students and the assessment of student knowledge.
- Continually update knowledge and understanding in the field or specialism to inform research activity.
- Identify funding sources and assist with preparing bids to funding bodies that contribute to securing funds for research.
- Develop research objectives and proposals for own or joint research, with the assistance of a mentor if required.

### **The University of Azad Jammu & Kashmir Muzaffarabad**

*February 2012 to August 2014*

#### **Master of Public Health (MSPH) (GPA: 3.74/4)**

Principles of Epidemiology & Epidemiological Methods, Health Information & Biostatistics, Epidemiology of Communicable & Non-Communicable Diseases, Nutrition & Health, Health Programmes in Pakistan, Demography & Family Planning, Obstetrics, Preventive Medicine in Pediatrics & Geriatrics, Occupational Health & Environmental Hazards, Hospital Waste Management, Disaster Management, Mental Health, Health Education & Promotion, Health Planning & Management, Global Public Health and Medicine and Social Sciences.

## **EDUCATION**

## **SKILLS**

- Analyzing Information
- Interpreting Information
- Epidemiology
- Surveillance
- Emergency Preparedness
- Disaster Management
- Bio-statistics
- Data Recording & Management
- Research
- Infection Control & Prevention
- Program Planning & Implementation
- Monitoring & Evaluation
- Critical Thinking
- Problem-Solving
- Monitoring & Evaluation
- Communication & Leadership
- Team Work

## PUBLICATIONS

### Original Research Article

June 2017

International Journal of Public Health Sciences  
(IJPHS)

Cigarette Smoking Habits among University Students: Prevalence and Associated Factors

### Original Research Article

August 2017

International Journal of Scientific Reports (IJSR)

Knowledge, attitude, and practice of cigarette smoking among university students in Muzaffarabad, Pakistan: a cross-sectional study

### Original Research Article

November 2017

International Journal of Scientific Reports (IJSR)

Prevalence and causes of visual impairment and blindness among school children in Muzaffarabad, Pakistan

## PROJECTS

### Sehat Sahulat Program, Ministry of National Health Regulation and Coordination

June 2020 to December 2021

- Token Distribution
- Data collection and entry
- Verification of the beneficiaries
- Distribution of Sehat Insaf Cards

## HONORS

### Best Dissertation Award

August 2014

The University of Azad Jammu & Kashmir  
Muzaffarabad

### Employee of the Year

December 2020

Global Peace & Harmony (GPAH)-Islamabad

## LANGUAGES

**Urdu** (Native or bilingual proficiency), **English** (Full professional proficiency),

## CERTIFICATIONS

### Vaccine and Logistics Management System (VLMS)

November 2017

Chemomics

### IDMS for Healthcare Providers

November 2017

World Health Organization (WHO)

### Monitoring Coverage Data at the Health Facility Level

November 2021

Immunization Academy

### Foodborne Illness Outbreak Environmental Assessments

June 2021

Center of Disease Control

### Managerial Communications

June 2022

University of Alabama

**Evaluating Effectiveness in Public Health at the Individual and Organizational Level**

August 2022

University of Alabama

**Mid Level Manager's Training Master Certification Program**

November 2021 to June 2022

World Health Organization (WHO)

**The Core Elements of Project Management in Public Health**

May 2022

University of Alabama

**Communication and Community Engagement**

June 2022

South Central Public Health Training Center-Birmingham

**Communication and Community Engagement**

July 2022

South Central Public Health Training Center-Birmingham

**Global Peace and Harmony (GPAH)**

**Amnesty International**

**The Network: Towards Unity for Health**

**World Public Health Nutrition Association (WPHNA)**

**International Society for Evolution, Medicine and Public Health (ISEMPH)**

**The Royal Society for Public Health (RSPH)**

**Pakistan Red Crescent Society (PRCS)**

**Academic Contact**

**Prof. Dr. Muhammad Mushtaq Khan**

Public Health Specialist at Ministry of Health-KSA

Tel: +92300-8562511

Email: mmkhan60@hotmail.com

**Employer Contact**

**Maqeeet-ur-Rehman**

Planning Officer at Health Department Government of Azad Kashmir

Tel: +92300-4861155

Email: maqeeet@gmail.com

**MEMBERSHIPS**

**REFERENCES**