**Hina Naseem**

**House no 245, Street 1B, Judicial Colony Rawalpindi, Pakistan–**

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**PROFESSIONAL SUMMARY**

*Detailed-oriented public health researcher with substantial knowledge in psychology and research.*

Adaptable, transformational, and organized team player with an ability to work independently, *communicate efficiently,* and make critical decisions during challenges is seeking developing opportunities that further establish organizational goals.

**PROFESSIONAL EXPERIENCE**

* **Margalla Institute of Dentistry Feb 2023 to April 2023**

Visiting Lecturer (Dept. of Behavioral Sciences)

* Delivered engaging lectures for undergraduate students.
* Evaluated student performance through assignments and exams and provide constructive feedback.
* **Research Associate (March 2016 to Aug 2022)**

Shifa Tameer-e-Millat University, Islamabad, Pakistan

(Human development Research Foundation)

**Job Description:**

* Project management at different levels
* Worked with WHO for Intervention development and adaptation
* Psychological assessment of children with developmental delays and disorders (**Funder: WHO)**
* Psychological assessment of pregnant mothers related to depression and anxiety
* Community-based assessments of and provide multi-disciplinary and evidence-based therapies to aid positive behavioral changes
* Worked with World Bank for Adaptation of tools **(Funder: WHO)**
* Qualitative process evaluation
* Formulate and implement ongoing projects and monitor them throughout the project.
* Developed annual work plan based on monitoring checklist, schedules, a mechanism for reporting, and follow-ups on proposed actions.
* Data Management (Cluster Randomized control trials), Quantitative (in-depth interviews)
* Training of assessors on psychometric tools **(Funder: UN)**
* Worked with enterprises of KPK and FATA **(Funder: World Bank)**
* Lead Problem Management (PM+) project at WHO Collaborating Center, Institute of Psychiatry. **(Funder: World Bank)**
* Report writing (annual reports, interim reports, meeting minutes, process evaluation)
* Was in charge of developing and initiating projects, as well as managing costs, schedules, and results.
* Worked on research papers, reports, reviews, and summaries.
* Was responsible for organizing various team-building initiatives
* Reviewed training materials and course details on a regular basis to ensure that updates were included in a timely and reasonable manner.
* Checked incoming data for accuracy and integrity, as well as independently located and corrected issues.
* Aided project leaders in the preparation of regulatory documentation and presentations that highlighted findings.
* Used highly effective communication and active listening skills to work effectively with funders from various backgrounds and achieve common research goals.
* Conducted in-depth interviews with study participants and compiled data and analyses into reports for the group leader to review.
* Worked on research papers, reports, reviews, and summaries and assist others in writing them.

**Paper Publication:**

* **Cultural adaptation and psychometric validation of the Pregnancy Experience Scale–Brief version (PES-Brief) in Pakistani women with antenatal anxiety symptoms**

Journal: SSM Mental Health

* **Associations between Women’s Exposure to Intimate Partner Violence (IPV) and Maternal-Infant Bonding**

Submitted Paper as a Lead Author

* **Psychologist (Dec 2014 to March 2015)**

Autistic Resource Center, Rwp Pakistan

**Job Description:**

* Psychological therapies for autistic children.
* Worked on the education of autistic children according to the curriculum of educators**.**
* **Clinical Psychologist (June 2013–Aug 2013)**

Fouji Foundation Hospital, Rwp Pakistan

**Job Description:**

* Worked with senior psychiatrists and psychologists to help diagnose and counsel patients both at the Female Psychiatric Ward and the Psychiatric OPD.
* My work focused on taking case histories of patients, assisting in research work, and practically implementing different psychological tests and counseling skills learned during the entire duration of the internship.

**ACADEMIC ATTAINMENTS**

**Bachelor in Behavioral Sciences**  **Completion: June 2014**

Fatima Jinnah Women University, Rawalpindi **Division: 1st**

**Bachelor’s Thesis:** “Gender difference in Religious Orientation and Psychological Resilience among college students”

**Key Courses:** Counseling**,** Abnormal Psychology, Social Psychology, Medical Anthropology, Theories of Personality, Criminology, Clinical Psychology, English

**Matric in Science** **Completion: 2008**

Sir Syed Public School, Rawalpindi

**F.A Psychology** **Completion: 2010**

Govt. Post Graduate College Rawalpindi

**TRAINING’S ATTENDED**

**Workshop on Stress management at** F9 Islamabad (2017)

**Workshop on Research methods at** Human Development Research Foundation (2016)

**Workshop on counseling ethics at** Human Development Research Foundation (2016)

**Workshop** on **“SPSS Workshop for Behavioral Sciences” at** Fatima Jinnah Women’s University, Rawalpindi (2014)

**Conference** on **“Peace and Conflict Resolution** “National University of Sciences and Technology Islamabad (2013)

**Workshop** on **“Innovative Approaches in the Prevention of Anxiety Disorders in Children”** Fatima Jinnah Women University, Rawalpindi (2012)

**Seminar** on **“Aging”** Fatima Jinnah Women’s University, Rawalpindi

**Seminar on “Dyslexia”** Fatima Jinnah Women’s University, Rawalpindi

**Workshop** on ‘**Hypnotism**’ F9, Islamabad

**Skills**

* Training of assessors and trainers.
* Qualitative Interviews (In-depth/Focus groups).
* Conducting Psychological Assessments.
* Delivering mental health interventions.
* Protocol writing.
* SPSS Analysis
* Microsoft Office, Excel, PowerPoint.

**International Course Certifications**

* **Protecting Human Research Participants.** (National Institutes of Health (NIH)
* **Good Clinical Practice (**London School of Hygiene & Tropical Medicine)
* **Introduction to the Principles and Practices of Clinical Research (**NIH Clinical Center, National Institute of Health)