

IRSAH KHAN

Address: House # B-28, Lane #13, Shahwali Colony, Wah Cantt, Rawalpindi, Pakistan

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PUBLIC HEALTH PROFESSIONAL

~ *Passionate professional, cultivating healthy living among the community, health plan members and clients through the development of high-quality health education services and programs.* ~

A motivated post-graduate with excellent educational credentials and progressive experience in the field of public health by delivering exceptional services. Aspiring to pursue career opportunities in the public health field within healthcare or NGO sectors that rewards hard work and appreciates ability and loyalty. Possess over three years of experience in the education department. Skilled in planning, designing, and management of evidence-based health promotion and prevention strategies while integrating industry best practices and enforcing regulatory compliance. In-depth knowledge in public health, program development, and volunteer coordination, bringing together diverse stakeholders to enhance programs and services. A team player with excellence in mentoring a diverse group of professionals & building effective working relationships across geographic and cultural borders.

AREAS OF EXPERTISE

Public Health Education • Program Monitoring & Evaluation • Data Quality Assessment • Community Outreach • Research Skills • Liaison & Coordination • Training & Development • Reporting & Documentation

Software Skills: MS Office: Word, PowerPoint, Excel, SPSS, Adobe Illustrator, Photoshop, Canva

PROFESSIONAL EXPERIENCE

WORLD HEALTH ORGANIZATION – WHO

May 2022 – Jun 2022

Volunteer

- ▶ Voluntarily participated in the field activity in the Post Evaluation Campaign for “**Lot Quality Assessment Sampling (LQAS)**” through WHO Pakistan and Al-Shifa Research Center; Al-Shifa Trust Eye Hospital, Rawalpindi as part of Polio Eradication Program after National Immunization Day.

MARGALLA GRAMMAR SCHOOL, WAH CANTT

Apr 2016 – Mar 2019

Educationist

Rendered a keen eye for details to plan and implement integrated lessons to meet national standards. Partnered with other teachers, administrators, and parents to help students achieve academic goals. Built collaborative rapport with parents, students, and teachers to provide feedback and discuss teaching strategies. Promoted creative thinking and motivation in students by focusing on individual strengths and weaknesses based on standardized test scores. Delivered full support with career exploration, setting goals, developing contacts, and identifying resources.

- ▶ Executed lesson plans based on student interests to increase overall student rating, administered tests and evaluations, and fostered a classroom environment to promote excellent student/teacher interaction.
- ▶ Ensured exceptional results of students in final examinations, also engaged in school activities such as assembly preparation, drama, tablo and other extracurricular activities.
- ▶ Exercised hands approach and effective controls to promote physical, mental, and social development through games and activities in the classroom.

EDUCATION

- **MASTER OF SCIENCE IN PUBLIC HEALTH (MSPH)**, Quaid-e-Azam University, Islamabad, 2021
- **DIPLOMA IN THE ENGLISH LANGUAGE**, National University of Modern Languages (NUML), Islamabad, 2015
- **BS (HONS) BIOSCIENCES**, University of Wah, Rawalpindi, 2014

- **F.SC (PRE-MEDICAL)**, Mashal Degree College for Women, Rawalpindi, 2010
- **SECONDARY EDUCATION**, St. Paul High School, Rawalpindi, 2008

CERTIFICATIONS & TRAININGS

- **One month of training completed in the "Graphic Designing" Course**
NS Training (SMC- Private) Ltd - Training and Development, 2022
- **One month of training completed in the "Freelancing" Course**
NS Training (SMC- Private) Ltd- Training and Development, 2022
- **Participation in the webinar on the topic "UN Sustainable Development Goals"**
SPUNKGO- social media for good, 2022
- **Participation in the webinar on the topic "A Career in Corporate Communications"**
SPUNKGO- social media for good, 2022
- **Participation in the webinar on the topic "Women's Health & Education"**
SPUNKGO- social media for good, 2021
- **Completed course: Girls x Tech Design Bootcamp**
Girls x Tech & Canva, 2021
- **Completed course: Silent Spreaders: (Children and COVID-19)**
Harvard Medical School, 2020
- **Completed course: (The Impact of COVID-19 on Telehealth)**
Harvard Medical School, 2020
- **Completed course: COVID-19 & Loss of Smell**
(Mechanisms and Implications for Scent-based Screening) Harvard Medical School, 2020
- **Completed course: Covid-19: (Psychological First Aid)**
Public Health England, 2020
- **Completed course: (Let's Break the Chain of Covid-19 Infection)**
Mohammad Bin Rashid University of Medicine and Health Sciences, 2020
- **Completed course: (Infection, Prevention, and control IPC Novel Coronavirus -COVID-19)**
WHO (Health Emergencies Programme), 2020
- **Completed course: (Tackling the Novel Coronavirus)**
London School of Hygiene and Tropical Medicine, 2020
- **Poster Competition**
(Universal Health Coverage for Everyone & Everywhere) WHO & Al-Shifa School of Public Health, 2019
- **Flower Arrangement & Pencil Sketching Competition**
Department of Biological Sciences, University of Wah, 2014

PERSONAL DETAILS

Date of Birth: 05th Dec, 1991 || **Languages Known:** English and Urdu