



# Jawaria Dahri

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**Date of birth:** 29/07/1998 | **Nationality:** Pakistani | **Gender:** Female |

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[Linkedin.com/in/jaweria-dahri-8b54641a2](https://www.linkedin.com/in/jaweria-dahri-8b54641a2) |

**Address:** House no: X-6 Housing society Nawabshah, 67450, Nawabshah, Pakistan (Home)

**Address:** Chak shahzad park road, Islamabad , 44000, Islamabad, Pakistan (Girls hostel at Health services Academy Islamabad)

## ● ABOUT ME

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Passionate Public Health Scholar looking for an opportunity in a dynamic and developing work environment. Skilled in public health methodologies and practices, as well as expertise in providing consistent high-quality work. Infectious disease, mental health, applied epidemiology, and chronic disease Reproductive maternal and neonate and child health are some of my research interests. Capability to do research in all areas, including qualitative, quantitative, and mixed methods.

## ● WORK EXPERIENCE

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01/09/2022 – 31/03/2023 Islamabad, Pakistan

### **PUBLIC HEALTH INTERN NATIONAL INSTITUTE OF HEALTH**

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Surveillance monitoring, and evaluation, Data management through Excel sheets and SPSS. Report writing and know how about DHIS2.

01/2023 Islamabad, Pakistan

### **SURVEYOR WORLD HEALTH ORGANISATION**

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- Lots Quality Assurance Survey (LQAS) and out-of-house finder mark survey conducted to assess the coverage and quality of the vaccination activity, to identify missed or poorly covered areas, identify reasons for missed children, and take immediate corrective actions.
- To improve the reliability of PCM and LQAS the program will continue to validate the PCM and LQAS for data quality assurance and to identify poor performing clusters for corrective interventions.
- Taking data through hard copies and soft copies in the form of clusters and submitting it on the NEOC online portal.

01/12/2022 – 01/01/2023 Tando Bago (Badin), Pakistan

### **SUPERVISOR WORLD FOOD PROGRAM**

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Done Post Distribution Monitoring (PDM) of Benazir Nashunuma Program at District Badin, Sindh by World Food Programme (WFP) in collaboration with Health Services Academy. The general objective of the PDM was to measure the impact of the Program and the satisfaction of beneficiaries.

- Activities: Data Reporting · Intercultural Communication · Data Entry · Data Collection · Data Management

Field Mapping · Field Work · Time Management · Team Management · Team Building · Interpersonal Communication.

12/2022 Islamabad, Pakistan

### **SURVEY ENUMERATOR WORLD HEALTH ORGANISATION**

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- Lots Quality Assurance Survey (LQAS) and out-of-house finder mark survey conducted to assess the coverage and quality of

the vaccination activity, to identify missed or poorly covered areas, identify reasons for missed children, and take immediate corrective actions.

- To improve the reliability of PCM and LQAS the program will continue to validate the PCM and LQAS for data quality assurance

and to identify poor performing clusters for corrective interventions.

- Taking data through hard copies and soft copies in the form of clusters and submitting it on the NEOC online portal.

01/09/2022 – 01/12/2022 Islamabad, Pakistan

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**ACADEMIC EXPERIENCE** MSPH MOCK RESEARCH AT HEALTH SERVICES ACADEMY

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● "Comparison of Knowledge, Attitude, and Practices Among Married Men and Women Towards Family Planning Methods in Islamabad Pakistan" Descriptive study

- Lead Researcher: September 2022 – December 2022

- Data collection Interviewed 51 people Among married Men And Women about knowledge, attitude, practice of family

planning method. we found People having higher education in peri-urban areas of Islamabad express positive

knowledge and attitude regarding FP whereas the prevalence of practices is low Desire for more children and fear of

side effects are major factors contributing towards low utilization of FP services.

- Teamwork: Coordinated with a team of 7 and completed the research work

05/08/2020 – 05/09/2020 Nawabshah, Pakistan

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**INTERNSHIP** MEDICAL UNIT -1 HOSPITAL PUMHSW

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Assisting or observing the patient at the same time participating in the activities put up by the department such as taking vitals of every other patient and Adapting skills of history taking and physical examination.

**Address** 67480, Nawabshah, Pakistan

09/09/2020 – 24/09/2020 Nawabshah, Pakistan

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**INTERNSHIP** RHS POPULATION WELFARE DEPARTMENT NAWABSHAH

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Observing the mentality of clients regarding family planning, Offering them contraceptive methods, counselling of patients and awaring them about importance of birth spacing.

07/2020 – 08/2021 Nawabshah, Pakistan

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**ACADEMIC EXPERIENCE** BSPH THESIS RESEARCH

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● Studied the Prevalence of Mental stress due to Covid19 among people in district Shaheed Benazir Abad, Descriptive study

- Lead Researcher: July 2020-August 2021

- Data collection: Interviewed 288 people about the mental stress and saw the level of stress in people, we found that

75 percent of people were stressed due to covid19.

- Teamwork: Coordinated with a team of 7 and completed the research work.

27/03/2019 Karachi

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**SEMINAR** THE AGHA KHAN UNIVERSITY

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Participated in the CME seminar on "Diabetes Mellitus in Pregnancy and Breast Cancer's"

07/11/2017 Nawabshah, Pakistan

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**SEMINAR** PEOPLE'S UNIVERSITY OF MEDICAL AND HEALTH SCIENCES FOR WOMEN NAWABSHAH

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Participation for Gaining Awareness on "Mental Health in General" or "Mental Health in Workplace"

22/12/2017 Nawabshah, Pakistan

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**COARSE OF MICROSOFT OFFICE SPECIALIST** DEPARTMENT OF IT PUMHSW

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Successfully completed the requirements to be recognized as a Microsoft Office Specialist for Office Word 2013

12/07/2020 Karachi, Pakistan

**WORKSHOP** INTERNATIONAL CENTRE FOR CHEMICAL AND BIOLOGICAL SCIENCES (ICCBS)

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How to deal with the Qualitative Data by using NVivo Software.

Nawabshah, Pakistan

**MEMBER** HFH (HANDS FOR HELP) NGO

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Become a part of helping hands by serving humanity

07/11/2017 Nawabshah

**PARTICIPANT IN TREE PLANTATION ACTIVITY** PEOPLE'S UNIVERSITY OF MEDICAL AND HEALTH SCIENCES FOR WOMEN

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**Address** 67480, Nawabshah

## ● **EDUCATION AND TRAINING**

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01/03/2022 – CURRENT Islamabad, Pakistan

**MASTER OF SCIENCE IN PUBLIC HEALTH** HEALTH SERVICES ACADEMY

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**Website** [www.hsa.edu.pk](http://www.hsa.edu.pk) | **Field of study** Public Health | **Final grade** 3.9

06/02/2017 – 11/2021 Nawabshah, Pakistan

**BACHELOR'S IN PUBLIC HEALTH** People's University of Medical and Health Sciences for Women Nawabshah

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Introduction to Concept of Health and disease, Personal hygiene, Family planning, Epidemiology, Medical Anthropology, Nutrition, Health Management Information System, Health policy and Management, Environmental and occupational Health, Community Pediatrics, Health planning, Biostatistics, Research Methodology, Reproductive Health.

**Address** Hospital road Nawabshah, 67480, Nawabshah, Pakistan | **Website** [www.pumhs.edu.pk](http://www.pumhs.edu.pk) |

**Field of study** Public Health | **Final grade** CGPA: 3.51

04/2022 Pakistan

**ONLINE TRAINING COARSE** Measles Outbreak training online by WHO

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Personal Protective Equipments (PPE) Training for Healthcare Workers

**Address** 76090, Pakistan

## ● **LANGUAGE SKILLS**

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Mother tongue(s): **SINDHI**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C2	C2	C1	C1	C2
<b>URDU</b>	C2	C1	C1	C1	C2

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Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● **DIGITAL SKILLS**

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Microsoft Word | Microsoft Powerpoint | Microsoft Excel | Social Media | Analytical skills

### **Other skills**

Leadership and management skills | research and analytics skills | Problem-solving | Team-work oriented | Strategic planning | Critical Thinking | Good listener and communicator | 🧠 Adaptability | Decision-making | Reliability | Creativity

### **Technical skills**

SPSS 2.0, | Google Classroom | Google Drive, | Video Creation

## ● **ADDITIONAL INFORMATION**

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### **HONOURS AND AWARDS**

#### **Academic Scholarships – Peoples University of medical and health sciences for women Nawabshah**

Received top ten academic scholarships from people's university medical health sciences nawab shah from 2017 to 2019

2020

**Award – Tabeer scholarship** 3rd Position in TABEER Scholarship Sindh

### **HOBBIES AND INTERESTS**

**Interest** Research and Investigation,  
Decision Making  
Designing and Planning  
Project management and Leadership

### **VOLUNTEERING**

21/11/2022 – 22/11/2022 Health services Academy

**Organizer** Help in Organizing the 23rd Annual Population Research Population and Democracy Pakistan unsolved Dilemma of Social Cohesion at HSA Islamabad

01/11/2022 – 02/11/2022 Health services Academy Islamabad

**Rapporteur** Worked as a Rapporteur on 12th Annual Conference of Public Health at Health Services Academy Islamabad.

01/10/2022 – 22/10/2022 Health services Academy Islamabad

**Volunteer** Volunteer in Breast Cancer awareness Campaign at Health services Academy Islamabad

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