

NOOR UL BADDAR

BSPH, MSPH-Health Services Academy Islamabad

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PROFILE SUMMARY

I am Public Health Scholar, having mid-level experience in Public Health (Polio Eradication Program, Research, Nutrition, Mental Health). I have keen interest for a professional position in a dynamic and developing work environment. I have extensive knowledge of public health methodologies and practices, as well as expertise in providing consistent high-quality work. Infectious disease, mental health, applied epidemiology, and chronic disease Reproductive maternal and neonate and child health are some of my research interests. I have capability to do research in all areas, including qualitative, quantitative, and mixed methods.

EDUCATION

- ✓ **HEALTH SERVICES ACADEMY (CGPA/3.81)** ISLAMABAD, PAKISTAN | 2022-Continue
Master of science in public health
Under completion course work done
- ✓ **PEOPLES UNIVERSITY MEDICAL AND HEALTH SCIENCES (CGPA/3.40)** NAWABSHAH, PAKISTAN | 2016-2021
Bachelor of science in public health –
- ✓ **GOVERNMENT GIRLS DEGREE COLLEGE HALA NEW (GRADE-A)** HALA NEW PAKISTAN | 2016
Intermediate (pre-medical) –
- ✓ **ROSHAN TARA HIGH SCHOOL HALA NEW (GRADE-A)** HALA-PAKISTAN | 2014
Matriculation –

SKILLS

- Research Quantitative and Qualitative
- Field Monitoring
- Field Data Collection
- Monitoring and Evaluation
- Presentation Skills
- MS Word Power point Excel
- Reporting and Communication Skills
- Team Management

PROFESSIONAL EXPERIENCE

- **WELLPAC PROJECT** Islamabad, Pakistan
Research Assistant | 28-May 2023-Present
Skills Development: Research Skills, Communication Skills, Interpersonal Skills, Knowledge of Mental Health, Organizational Skills
Responsibilities: Worked alongside an international team of experts, and gained valuable experience in conducting field activity research. And screening and enroll the project participants (women between ages 18 to 55 years) through using various mental health research tools questionnaires. The tools that will be used to screen women will be:
 - 1- World Health Organization Short Disability Assessment Schedule (WHO-DAS)
 - 2- General Health Questionnaire (GHQ-12)
 - 3- Patient Health Questionnaire (PHO_9)
 - 4- General Anxiety Disorder (GAD-7)
- **NATIONAL INSTITUTE OF HEALTH** Islamabad, Pakistan
Public Health Intern | September 2022-December 2022
doing an internship at the Department of Epidemiology, National Institute of Health.
– **Skills development:** Surveillance monitoring, and evaluation, Data management through Excel sheets and SPSS. Report writing and know how about DHIS2.
- **WORLD HEALTH ORGANIZATION** Islamabad, Murree, Rawalpindi, Pakistan
Surveyor | December 2022-May 2023 (seasonal)
Responsibilities:
 - Lots Quality Assurance Survey (LQAS) and out-of-house finder mark survey conducted to assess the coverage and quality of the vaccination activity, to identify missed or poorly covered areas, identify reasons for missed children, and take immediate corrective actions.
 - To improve the reliability of PCM and LQAS the program will continue to validate the PCM and LQAS for data quality assurance and to identify poor performing clusters for corrective interventions.
 - Taking data through hard copies and soft copies in the form of clusters and submitting it on the NEOF online portal.
- **WORLD FOOD PROGRAM** Dadu, Pakistan
Supervisor | Dec 2022 - Jan 2023
Responsibilities:
Done Post Distribution Monitoring (PDM) of Benazir Nashunuma Program at District Dadu, Sindh by World Food Programme (WFP) in collaboration with Health Services Academy. The general objective of the PDM was to measure the impact of the Program and the satisfaction of beneficiaries.
Skills: Data Reporting · Intercultural Communication · Data Entry · Data Collection, Data Management Field, Mapping

Field Work, Time Management ·Team Management, Team Building, Interpersonal Communication.

- **PEOPLES UNIVERSITY OF MEDICAL AND HEALTH SCIENCES** Nawabshah, Pakistan
Public Health Intern | December 2021 - February 2022
Done internship in various health departments like DHO Office, malaria control program, and thalassemia patients' welfare society.
- **Skills development:** Monitoring and evaluation at the DHO office and Malaria and HIV/AIDS control program. Surveillance at thalassemia patient society. Analysis of health care system and Research.
- **TERTIARY CARE FAMILY HEALTH CENTRE PUMHS HOSPITAL** Nawabshah, Pakistan
Done internship at ART center and managed cases of HIV/AIDS, their counseling, and follow-ups.
Public Health Intern: January 2022 - February 2022
- **Skills:** Patient counseling, communication, Patient registration, Health education, and awareness regarding HIV/AIDS.

ACADEMIC EXPERIENCE

MSPH MOCK RESEARCH

- "Comparison of Knowledge, Attitude, and Practices Among Married Men and Women Towards Family Planning Methods in Islamabad Pakistan" Descriptive study
- **Lead Researcher:** September 2022 – December 2022
- Data collection Interviewed 51 people Among married Men And Women about knowledge, attitude, practice of family planning method. we found People having higher education in peri-urban areas at Islamabad express positive knowledge and attitude regarding FP whereas the prevalence of practices is low Desire for more children and fear of side effects are major factors contributing towards low utilization of FP services.
- **Teamwork:** Coordinated with a team of 7 and completed the research work

BSPH THESIS RESEARCH

- Studied the motivational role media is playing in the dissemination of information in district Shaheed Benazir Abad, Descriptive study
- **Lead Researcher:** July 2020-August 2021
- Data collection: Interviewed 400 people about the motivational role of media and saw the level of motivation in people, we found that 90 percent of people are highly motivated to follow preventive measures.
- **Teamwork:** Coordinated with a team of 7 and completed the research work.

EXTRAMURAL ATTAINMENTS

- **Organizer:** 23rd Annual Population Research Population and Democracy Pakistan unsolved Dilemma of Social Cohesion at HSA Islamabad 21,22 Dec2022
- **Rapporteur:** 12th Annual Conference of Public Health at Health Services Academy Islamabad. 1Nov-2November2022
- **Volunteer:** Breast Cancer awareness Campaign At Health services Academy Islamabad 1Oct-20Oct 2022

HONORS, AWARDS AND CERTIFICATES

- **Academic Scholarships**
Received top ten academic scholarships from people's university medical health sciences nawab shah 2018-2021
- **Awards**
Received merit-based laptop from prime minister Sindh 2019
- **Trainings**
- ✓ Two Days Office Training on the Tools used in Research Assistant Job in WallPak Project at Fizaya Medical College Islamabad-18th-19th May-2023.
- ✓ Attended a two-day training session for Surveyors and Supervisors for Post Campaign OPV Monitoring for Polio vaccination "LotsQuality Assurance Sampling, The training was organized by the World Health Organization (WHO) and the Pakistan Polio Eradication Programme and took place at Health Services Academy Islamabad 9-10March 2023
- ✓ Attended 3 days training on report writing held at AHK National Rural Development Centre (NCRD) Islamabad 27feb-1march2023
- ✓ Attended 5 days Training Planning and Management of development projects at national center for rural development Islamabad20-24feb2023
- ✓ Attended One day training by World Food Programme (WFP) on Nutrition for Ehsas Nashunuma on post distribution monitoring. Training was conducted by World Food Programme and Health Services Academy team ORIC. November 2022
- ✓ Training in Medical Billing Transaction & Coding at Danish Community College Bhitshah and Got Exposure of Infomatec and Execution of mechanics of Work at Hala 6dec-20dec2021
- ✓ Visually Attended Two days' workshop on promoting research excellence in academics across Pakistan at higher Education commission Pakistan, (ELSEVIER) 1st and 2nd February 2022
- ✓ Microsoft office e Specialist November 2018
- **Courses**
Measles Outbreak training online April 2022

PERSONAL DETAILS

- Date of Birth: 28/oct/1998
- Father's Name - Dr. Noor Ali
- Surname: Samoon
- CniC: 4180206283540
- District- Matiari Sindh
- Marital Status Single

Additional

- **Technical Skills:** SPSS 2.0, Google Drive, Google Classroom, MS Offices, Video Creation.
- **Interests:** Research and Investigation, Decision Making, Designing and Planning, Project management and Leadership
- **Language:** English, Urdu, Sindhi