

Tuba Rafi

Social Worker

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About:

Founder of **The Artisans** As A Youth Trainer, Peace Building Youth Leader and Social Worker, with my learnt and earned understandings of the principles of conflict resolution, peacebuilding, and human rights, along my extensive experience in the design, implementation, and evaluation of peacebuilding strategies and initiatives. I am committed to promote social justice, awareness and providing culturally competent services to marginalized populations. I have a wide range of working experience with individuals, families and groups in a variety of areas, including schools, hospitals, clinics, and communities with different agencies.

Education:

| DEGREE | INSTITUTE | GRADE/DIVISION | YEAR |
|-------------------------|---|--------------------------|------|
| MPhil Social Work | Dept: Social Work, University of Karachi | In Progress | - |
| MA Social Work | Dept: Social Work, University of Karachi | 1 st Division | 2022 |
| BA (Honors) Social Work | Dept: Social Work, University of Karachi | 1 st Division | 2021 |

Experience:

Total Experience (2+ Years)

The Artisans

Founding Member (Jan 2023 till Present)

- Founded and established The Artisans, an online organization focused on utilizing various forms of art as a means for peacebuilding and youth empowerment.
- Successfully initiated and led two SAP projects, "Range Aman" painting competition, in collaboration with Shaoor Foundation, resulting in positive outcomes and achievements.
- Demonstrated effective project management skills by overseeing all aspects of the projects, including planning, coordination, and execution.
- Developed and led a dedicated team, Team Artisans, to ensure the smooth implementation of projects and achieve organizational goals.
- Contributed to fostering creativity, promoting social cohesion, and empowering young individuals through the transformative power of art.

Sindh Institute of Urology and Transplantation

Case Manager (Feb 2022 till Dec 2022)

- Provide emotional support to patients and their families.
- Assist patients and families in navigating the healthcare system.

- Provide crisis intervention and bereavement counseling.
- Develop and implement discharge plans for patients.
- Connect patients and families with community resources and services.
- Advocate for resources and services for patients and families.
- Provide education about medical conditions and treatments.

Ra'ana Liaquat Craftsmen Colony

Community Field Worker (Mar 2021 – Jan 2022)

- Assist in developing and implementing outreach programs, campaigns, and initiatives.
- Assist in organizing and running community events and activities.
- Research and analyze data to identify needs, gaps, and opportunities for outreach and education activities.
- Assist in Organizing and Conducting Session and Workshops on child sexual exploitation and Breast Cancer.

Certifications:

Completed **10+** Certification on different aspects about youth empowering individuals and transforming communities through specialized expertise and recognized excellence.

- [Common Ground Approach Training for Trainers](#) from **SFEA, SFCG Pakistan** in 2023
- [Exercising Leadership: Foundational Principles](#) from **Aspire Institute (Harvard University Project)** in 2023 (online)
- [Peace Through Lens](#) from **Shoor Foundation** in 2023
- [Peace Dialogues on Project Tafheem](#) from **SFEA** in 2023
- [Self-Management Training](#) from **COFW** in 2023
- [16-Weeks Story Read Aloud Sessions for Minors](#) from **GoRead.pk** in 2022 and 2023
- [First Aid Training](#) from **Red Crescent Pakistan** in 2022
- [Volunteering in Medical Camps & Old Age Home Visits](#) from **AKW Foundation** in 2022
- [Peace Club Networks in Universities Project](#) from **Attia Welfare Society** in 2022
- [Volunteer In Summer Camp for Minors](#) from **The Citizens Foundation** in 2022
- [Awareness Webinar](#) from **Autism without Borders** in 2021

Projects (8+):

| Projects and SAPs | Details |
|--|--|
| Range Aman in Collaboration with Youth for Humanity Program (SFEA) | Project Leader of 2nd Range Aman Painting Competition in May 2023 After the success of 1 st project, we honored to organize 2 nd Range Aman Project by SFEA to promote social harmony, diversity and inclusiveness. |
| Read aloud Story Reader | Story teller in Goread.pk from Jan 2023 – Mar 2023 |
| Marham Project For Healing Circle with Religious Seminaries Students | Volunteer in Dastak Foundation in Feb 2023 I've been an active participant of Marham Healing Circle for Students of Religious Seminaries, Data Collection and Awareness Sessions, as Volunteer. A Project by Dastak Foundation to advance Physical Health, Mental Health and Comprehensive Sexuality Education |
| Range Aman in Collaboration with Youth for Humanity Program (SFEA) | Project Leader of Range Aman Painting Competition from Sep 2022 – Apr 2023 |

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|---|--|
| | I've been an active participant of the Youth for Humanity Program by SFEA to promote social harmony, diversity and inclusiveness also design and implement my own social action project Range Aman. |
| Peace Club Network in Universities | Trainer participant in Attia Welfare Society from Nov 2021 – March 2022 Participant of Interuniversity Peace Club Network Project for University of Karachi, Islamia University of Bahawalpur and NED University |
| Social Workers Response against Child Abuse in Pakistan | Project Manager of Social Action Plan (UoK) in Oct 2022 Organized SAP on mentioned topic at Department of Social Work, University of Karachi |
| Read aloud Story Reader | Story teller in Goread.pk from Aug 2022 – October 2022 |
| Summer Camp | Volunteer in The Citizens Foundation in June 2022 Completed 60 hours of voluntary work for Summer Camp at TCF. |

Skillset:

- Project Management
 - Visual Artist
 - Microsoft 365 Suite
 - Graphic Design
 - Typography
 - Social Media
 - Print Media Patterns
 - Empathy and Compassion
 - Active Listening
 - Assessment and Problem-Solving
 - Ethical Practice
 - Collaboration
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