



SOBIA KANWAL

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PERSONAL PROFILE STATEMENT

I am an experienced, mature, and caring Graduate Social Worker with a firm commitment to social care. I have a wide range of working experience with children and vulnerable people from all backgrounds and differing life circumstances. While working with different NGOs, in departmental Seminars, different Medical Camps, Blood Donation Camps, and Clean-up drives. As a peacebuilding youth leader, and social worker with extensive training in designing, implementing, and evaluating peacebuilding strategies and initiatives, I have a learned and earned understanding of the principles of conflict resolution, peacebuilding, and human rights.



EDUCATION

Bachelor's | University of Karachi

2019 TO 2022

Social Work -Passing CGPA – 3.5

Intermediate | BIEK

2017 TO 2018

Humanities– Passing Grade – B

Matriculation | Govt. Dehli School

2009 TO 2010

Pre-Medical – Passing Grade – B



EXPERIENCE / INTERNSHIPS

Case manager | Sindh institute of urology and transplantation (SIUT)

FEBRUARY 2022 TO NOVEMBER 2022

RESPONSIBILITIES:

- Performing routine home visitations of Patients, particularly families with vulnerable young children, to ensure the care provided is sufficient and meets Health and Safety standards
- Help plan and facilitate discharges
- Documenting the progress of the families
- Contributing to multidisciplinary team meetings
- Handling referrals to counselling
- Working with families in crisis situations

Community Field Worker | Ra'ana Liaquat Craftsmen Colony (RLCC)

MARCH 2021 TO DECEMBER 2021

RESPONSIBILITIES:

- Planning of the project as per requirements
- Report writing for field surveys
- Data entry
- Organising and Conducting Seminars and Workshops



PROJECTS/ SAP

Range Aman peace project

Range Aman is a painting competition. We were honoured to organise two range Aman Projects in Kaeachi by SFEA to promote social harmony, diversity, and inclusiveness. In this project, I worked as a project coordinator and event manager.

Youth for humanity project

Contribution as a volunteer for promoting peace and social harmony in different interfaith dialogues, network meetings, 3-day common ground approach training, and social action projects.

Inter-university Peace Project

Has participated in the inter-university peace club network at the University of Karachi, Islamia University of Bahawalpur, and NED University.

Child Safety Awareness (CSA)

As a team, we targeted more than 500 children from different schools in Shah Faisal Colony and provided awareness sessions of Child Sexual Abuse so they could protect themselves in such a situation.



CERTIFICATES

- Common Ground Approach Training for Trainers from **SFEA, SFCG Pakistan** in 2023
- Mentorship in TCF Rahbar
- from **The Citizens Foundation** in 2023
- Super learning awareness workshop from **futuristic learning institute** in 2023
- First Aid Training from **Red Crescent Pakistan** in 2022
- Volunteering in Medical Camps & Old Age Home Visits from **AKW Foundation** in 2022
- Peace Club Networks in Universities Project from **Attia Welfare Society** in 2022.



SKILLS

Domain specific

- **Keen observational and listening skills**, which are vital during my regular home visitations and conversations with vulnerable people
- **Excellent interpersonal skills**
- The natural **ability to bond with vulnerable people**, which builds a relationship of trust and disclosure
- Superb **note-taking and record keeping** in counseling
- Excellent **rapport-building with children**
- The **ability to be friendly and approachable** while also maintaining an investigative attitude
- **Coordination and team building**