

DR. ABDUL AKBAR



Village Ali Masjid Qabro Mela Sheen Tang, Tehsil & P/O Jamrud, Distt Khyber.

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PROFILE

Experienced and dedicated doctor with over 5 years in clinical practice, specializing in Orthopaedic Surgery after completing 2 years of general Surgery training.

- Proficient in diagnosing, management and interpreting x-rays, CT Scan and MRI related to Orthopaedic.
- Passionate about contributing to both patient care and advancements in Orthopaedic surgery, healthcare guidelines and standard practice.
- Seeking a role that allow me to leverage my clinical expertise in Orthopaedic surgery.

EXPERIENCE

ORTHOPAEDIC, RESIDENT

Lady Reading Hospital // Peshawar.

- Trained at LRH, Peshawar, a premier 1700+ bed hospital. Acquired proficiency in patient history, Clinical examination, case presentation during morning rounds and tailored management plans.
- Excelled in the Emergency and Outdoor departments.

ACHIEVEMENTS + HIGHLIGHTS:

❖ **ACADEMIC ENGAGEMENT & RESEARCH CONTRIBUTION:**

Actively engaged in academic activities—journal clubs, CPCs, weekly trauma meetings, monthly mortality and morbidity meetings and multidisciplinary case discussions, fostering a collaborative learning environment and enhancing patient care

❖ **Emergency Department Excellence:**

Actively handled and timely managed patients requiring emergency treatment e.g Road Traffic Accidents, Firearm Injuries, History of Fall, and patients of alleged physical assault etc.

Performed, assisted and observed all major and minor trauma and elective Orthopaedic cases under supervision e.g,

- Close Reduction of Fractures
 - Splinting, POP cast and Spica cast
 - Open wound management, debridement and aseptic dressing
 - Intra-Articular injections
 - K-Wire fixation, External fixation of long bones
 - ORIF of long bones
 - Spine fracture fixation.
 - Total hip and total knee arthroplasty
 - Knee arthroscopy.
- ❖ **Efficient Documentation Skills:** Maintained detailed and organized patient notes using HMIS, ensuring clarity and precision in medical records.
- ❖ **E-log Maintenance:** Efficiently maintained electronic log of cases encountered during my training.

FCPS II Orthopaedic Training in LRH, Peshawar

Details are,

| S.No. | SPECIALITY | FROM | TO | DURATION | SUPERVISOR |
|-------|--------------------------------|---------------------------|----------------------------|-----------|-------------------------------------|
| 1. | TRAUMA AND ORTHOPAEDIC SURGERY | 1 st July 2021 | 30 th June 2023 | 24 months | Associate Prof. Dr. Muhammad Inam |
| 2. | PAEDIATRIC ORTHOPAEDIC SURGERY | 1 st July 2023 | 30 th Sept 2023 | 3 months | Prof. Dr. Muhammad Shabbir |
| 3. | HAND SURGERY | 1 st Oct 2023 | 31 st Dec 2023 | 3 months | Associate. Prof. Dr. Muhammad Inam |
| 4. | ATHROPLASTY | 1 st Jan 2024 | 31 st Mar 2024 | 3 months | Asstt. Prof. Dr. Syed Imran Bukhari |
| 5. | SPINE SURGERY | 1 ST Apr 2024 | 30 th Jun 2024 | 3 months | Associate Prof. Dr. Shams Ur Rehman |

GENERAL SURGERY, RESIDENT

02 Years of General Surgery training in Mardan Medical Complex- Mardan, July 2019 to June 2021

| S.NO. | SPECIALITY | FROM | TO | DURATION | SUPERVISOR |
|-------|------------------------|---------------------------|-----------------------------|-----------|---------------------------------------|
| 1. | GENERAL SURGERY | 1 st July 2019 | 30 th Sept 2020 | 15 Months | Prof. Dr. Muhammad Hussain |
| 2. | NEUROSURGERY | 1 st Oct 2020 | 30 th Nov 2020 | 02 Months | Asstt Prof. Dr. Naeem Ul Haq |
| 3. | UROLOGY | 1 st Dec 2020 | 31 st Jan, 2021 | 02 Months | Prof. Dr. Muhammad Hussain |
| 4. | ORTHOPAEDIC AND TRAUMA | 1 ST Feb 2021 | 30 TH April 2021 | 03 Months | Prof. Dr. Haziq Dad Khan |
| 5. | PLASTIC SURGERY | 1 st May 2021 | 30 th June 2021 | 02 Months | Assist Prof. Dr. Muhammad Zaran Niazi |

HOUSE OFFICER

MTI, DHQ Hospital, D.I Khan (18th July 2017 – 17th Jan 2018)

Worked as "Junior House Officer" in Surgery & Allied for 06 months.

| S.NO. | SPECIALITY | FROM | TO | DURATION |
|-------|-----------------|----------------------------------|---------------------------------|-----------|
| 1. | ENT | 18 TH July 2017 | 17 TH Oct 2017 | 03 Months |
| 2. | GENERAL SURGERY | 18 th Oct 2017 | 17 th Jan 2018 | 03 Months |

Lady Reading Hospital, Peshawar (19th Jan 2018 – 18th July 2018)

Worked as "Senior House Officer" in Medicine & Allied for 06 months.

| S.NO. | SPECIALITY | FROM | TO | DURATION |
|-------|--------------------|-----------------------------------|-----------------------------------|-----------|
| 1. | Medical A Unit LRH | 19 th Jan 2018 | 18 th April 2018 | 03 Months |
| 2. | Pulmonology LRH | 19 th April 2018 | 18 th July 2018 | 03 Months |

EDUCATION

- **BACHELOR OF MEDICINE & SURGERY [MBBS]**
Khyber Medical University // Peshawar, Pak // Mar 2011 – Jul 2017
 - **FELLOWSHIP OF COLLEGE OF PHYSICIAN AND SURGEONS [FCPS-1]**
College of Physicians & Surgeons // Karachi, Pak // April 2019
Successfully cleared FCPS-1, the entrance examination for the Fellowship in surgery and Allied Sciences
 - **INTERMEDIATE MODULE EXAMINATION [IMM]**
College of Physicians & Surgeons // Karachi, Pak // Feb 2022
Successfully cleared IMM, needed to switch my training from general surgery to specialized training in Orthopaedic Surgery
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CERTIFICATION**WORKSHOPS**

- 4th Annual All Specialties Symposium – 2020
- Introduction to Research & Methodology – 2020
- Information Technology & Implication in Medical Practice – 2020
- Primary Surgical Skills – 2020
- BASIC LIFE SUPPORT (BLS) – American Heart Association – 2021
- Communication Skills Development & Importance in Medical Practice -2021
- AO Grand Round Module-Best Practices in geriatric hip fractures- 2022
- AO in hospital module-Acute Compartment Syndrome- 2022
- AO in hospital module-Polytrauma – 2022
- 35th International Pak Orthocon – 2022 (Serena Hotel Islamabad,PAKISTAN)
- AO in hospital module-Management of open Fractures - 2023
- CPC presentation on "Advance Technique in treatment of subtrochanteric fracture of femur.
- 36th International Pak Orthocon - 2023 (PC Hotel Karachi,PAKISTAN)

SKILLS**CLINICAL SKILLS**

History taking, examination and management skills

RESEARCH & ACADEMIC SKILLS

- To compare functional outcome of olecranon fracture treated with Tension Band Wiring versus Anatomical locking plate fixation
- Journal club, academic presentations, and poster presentation at conferences

TECHNICAL, COLLOBRATION & QUALITY IMPROVEMENT SKILLS

Efficient in electronic Hospital record system & HMIS

Proficient user of Microsoft Office, Power point & Excel

Effective communications skills, multidisciplinary case discussions
Quality improvement initiative & clinical audits

LANGUAGES**ENGLISH****URDU****PASHTO**

Native Speaker

REFERENCES

Prof. Dr. Muhammad Shabir

MBBS, FCPS, Consultant Orthopaedic Surgeon

Lady Reading Hospital, Peshawar

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Associate Professor Dr. Muhammad Inam

MBBS, MRCS, FCPS, FACS, CHPE Consultant Orthopaedic Surgeon

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