

DR. ADNAN KHAN – CURRICULAM VITAE

PERSONAL DETAILS

Address: Village Sheikhanu Bariband, P/O Mandani, Tehsil Tangi, District Charsadda, Khyber Pakhtunkhwa, Pakistan

Telephone: +923419386649 / +923315868617

Nationality: Pakistani

Date of birth: 16/03/1997

Gender: Male

Languages: English (Proficient), Pashto (Native), Urdu (Native)

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Pakistan Medical & Dental Council Reg No: 760031-03-M

Medical Council of Ireland Reg No: 520886

EDUCATION

MBBS

Khyber Medical College, Peshawar, KPK

HSSC - (Equivalent to A-Levels)

The Peace College, Abbottabad, Pakistan

Matriculation (Equivalent to O-Levels)

Mandani Public School, Charsadda, Pakistan

COURSES & QUALIFICATIONS

- **Occupational English Test** - Grade B Overall.
 - **Advanced Cardiovascular Life Support (ACLS)** – AHA Accredited - Armed Forces Institute of Cardiology.
 - **Basic Life Support (BLS)** – AHA Accredited – Armed Forces Institute of Cardiology.
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Work Experience

Medical Officer

Cat D Hospital Bazar Zakha Khel, Khyber District, Pakistan

23/10/2023 – Present

I worked as a Chief Medical Officer (CMO) in the Emergency Room (ER) and as a Medical Officer in the Outpatient Department (OPD) at a Category D hospital in Bazar zakha Khel which is a remote and under developed area in District Khyber, the hospital was operated by Medical Emergency Resilience Foundation. I was responsible for managing emergency cases providing In-Patient and general outpatient care, ensuring comprehensive treatment for a wide range of patients.

Experience in ER as CMO

- Assessment and treatment of all types of patients with acute emergencies under the supervision of seniors.
- Performed triage on incoming patients to become part of the ER's current load
- Supervised patient care, treatment, and recovery
- Maintained clinical records in line with regulations and standards
- Assessment of patients for discharge or further referral to concerned units of tertiary care hospital
- Conducted follow-up to monitor patient's condition

Experience in General OPD

- Conducted thorough clinical assessments, including history taking, physical examinations, and diagnosis for a wide range of medical conditions.
- Provided treatment plans, prescribed medications, and followed up on patient progress.
- Counseled patients on lifestyle changes, preventive health measures, and disease management.
- Handled acute cases such as infections, minor injuries, respiratory illnesses, and gastrointestinal issues.
- Referred patients to specialists when necessary for advanced care and diagnostics

House Officer/Internship – Vascular Surgery

Lady Reading Hospital, Peshawar, KPK.

01/07/2022 – 30/09/2022

- Assisted in pre-operative and post-operative management of patients undergoing vascular surgeries, including bypass grafts, aneurysm repairs, and amputations.
- Monitored and assessed patient recovery post-surgery, including wound healing, pain management, and vascular assessments
- Assisted in diagnosing and managing conditions like peripheral artery disease, deep vein thrombosis and varicose veins.
- Maintained detailed patient records, including operative notes progress reports, and discharge summaries

- Provided patient education on post-operative care, risk factor modification, and preventive measures for vascular health

House Officer/Internship – General Surgery Department

Lady Reading Hospital, Peshawar, KPK.

01/10/2022 – 31/12/2022

- Performed duties in wards, outpatient and emergency under the supervision of the consultants
- Performed procedures like NG, catheterization, IV and IM drugs, IV lines, blood sampling, ascitic taps, IV infusions, blood transfusions, dressing changes, intake and output records etc.
- Actively participated in the ward rounds with consultants, presentations, case discussions and management of patients.
- Maintained detailed patient records, including operative notes progress reports, and discharge summaries

House Officer/Internship – General Medicine Department *Lady Reading*

Hospital, Peshawar, KPK.

01/01/2023 – 31/03/2023

- Actively participated in the comprehensive care of patients across various healthcare settings including wards, outpatient settings and emergency under the supervision of consultants.

- Managed different medical conditions like MI, Stroke, Diabetes, DKA, Sepsis, Covid-19, Dengue, Acute Pancreatitis, Acute Kidney Injury etc. under direct supervision of seniors.
- Maintained detailed patient records, including admission notes, progress reports, and discharge summaries

House Officer/Internship – Dermatology Department

Lady Reading Hospital, Peshawar, KPK.

01/04/2023 – 30/06/2023

- Performed duties in wards and outpatient under the supervision of the registrars and consultants.
- Engaged in diagnosis and management of various dermatological conditions under the supervision of experienced dermatologists.
- Observed and assisted in minor procedures like cryotherapy, skin biopsies etc.
- Developed skills in prescribing appropriate medications and providing patient education regarding skin care and preventive measures
- Maintained detailed patient records, including progress reports and discharge summaries

PUBLICATIONS

- The Frequency of HYPOGLYCEMIA and Its Symptoms in Preterm Neonates in the First 24 Hours
DOI: 10.7759/cureus.62356

- Assessment of Occupational Health Problems of Waste Management Staff at Hayatabad Peshawar.
(Did this at the undergraduate level. It was completed but not published)

TEACHING EXPERIENCE

- I was involved in teaching undergraduate students in Internship at Lady Reading Hospital, Peshawar.

ACCOMPLISHMENTS

- Best House Officer, General Medicine Department - 2023.
- Best House Officer, Vascular Surgery Department - 2023
- Appreciation Certificates for voluntary Services for free medical camp organized by Medical Emergency Resilience Foundation in Remote and under developed areas of District Khyber.
- Appreciation certificate for performing voluntary duty in Blood Donation Camp at Khyber Medical College, Peshawar organized by Blood Wing KMC
- Former Khyber Medical College Cricket team Captain

REFERENCES

References available on request