

Ashraf Shoukat – Curriculum Vitae



CONTACT INFORMATION:

Name: Dr Ashraf Shoukat

Nationality: Pakistani

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Domicile : Kech, Pakistan

Education : Bachelor of Medicine, Bachelor of Surgery (University of Health Sciences Lahore)

PROFESSIONAL SUMMARY:

Dr. Ashraf Shoukat is a dedicated and compassionate healthcare physician committed to providing exceptional care to patients. With extensive training and expertise in the field of Accident & Emergency, General Surgery and General Medicine. Dr. Ashraf combines clinical excellence with a patient-centered approach to deliver personalized treatment plans and promote overall wellness.

Dr. Ashraf brings a comprehensive three-year background in healthcare, having served in diverse organizations with distinction. As the BHU In charge at PPHI Quetta, Dr. Ashraf adeptly managed primary healthcare services, demonstrating leadership and organizational acumen in overseeing day-to-day operations. During his tenure with UNICEF in flood relief camps, Dr. Ashraf served as a medical officer, providing critical medical care to affected populations with empathy and efficiency. His experience in crisis management honed his ability to thrive in high-pressure environments while maintaining the highest standards of patient care.

Additionally, Dr. Ashraf holds certification as a health trainer and coach from the School of Leadership Karachi, reflecting his commitment to continuous professional development and education. His brilliant communication skills, coupled with exceptional leadership abilities, distinguish him in clinical settings and foster collaborative relationships with colleagues. Dr. Ashraf's patient-centered approach, coupled with his expertise and dedication, ensures that each individual receives the highest quality of care tailored to their unique needs, making him a valued asset in the healthcare field.

Experience Summary with Different Organizations:

S#	Designation	Organization Name	Tenure
1	In charge Basic Health Unit	People's Primary Healthcare Initiative Balochistan	July 2023 to January 2024
2	Medical Officer	United Nations International children's Emergency Fund (Flood Relief Camps)	Sep 2023 to Oct 2023
3	Facilitator / Enabler	Medical Eye Camp Chaghi (with Afghan Refugees)	Aug 2022 to Aug 2022
4	Medical Doctor	Pakistan Red Crescent Society, Jhal Magsi	01 week Medical Camp
5	Medical Officer	Al-Khidmat Foundation in collaboration with Al-hijra Alumni Pakistan (Flood Relief Medical camp)	03 Day Medical Camp
6	Healthcare Physician	Zeenat Complex Multan (Intern)	Nov 2021 to Jan 2022

Ashraf Shoukat – Curriculum Vitae

Skills:

Skill Category	Specific Skills and Proficiencies
Clinical Skills	-Proficient in clinical diagnosis, treatment and prescription management.
Communication Skills	-Effective communication with patients, families and health care professionals.
Teamwork and collaboration	- collaborative teamwork with a diverse healthcare team.
Problem Solving skills	- strong problem-solving abilities in dynamic clinical settings.
Leadership Abilities	-Demonstrated leadership in medical education and hospital initiatives.
Empathy and bedside Manner	- Compassionate bedside manner and empathetic patient care.
Attention to detail	- Meticulous attention to detail in documentation and protocol adherence.
Continuous learning	- Commitment to continuous learning and professional development in the medical field.
Health Education & Coaching	- Expertise in Guiding individuals towards adopting and maintaining healthy lifestyle habits.
Motivational interviewing	- proficiency in using strategic communication techniques to inspire individuals to explore and resolve their ambivalence towards health behaviour change.

IN charge Basic Health Unit

PPHI-B District Quetta At BHU Nauhsar and BHU killi Rahim Gul

Responsibilities & Achievement

Having served as the IN charge of a Basic Health Unit in the past, I understand the crucial role I played in ensuring the smooth functioning of the facility. My responsibilities included overseeing daily operations such as the Outpatient Department (OPD), ensuring staff presence, and maintaining strict check and balance on intra-unit affairs like vaccination facilities, nutrition units, and the labour room. During my tenure, I also collaborated with organizations like the International Organization for Migration (IOM) to provide healthcare to both the local community and Afghan refugees. Over a period of six months, I successfully coordinated health provisions and services at two different health units, ensuring equitable access to healthcare for all, including refugees.

Medical Officer

United Nations International Children's Emergency fund

Responsibilities & Achievements:

As a Medical Officer deployed in flood relief camps in collaboration with UNICEF, my roles and responsibilities were multifaceted. I was tasked with providing immediate medical assistance to flood-affected populations, including triaging, and treating injuries, illnesses, and ensuring access to essential healthcare services. Additionally, I conducted health assessments, monitored disease outbreaks, and implemented preventive measures to mitigate health risks

Ashraf Shoukat – Curriculum Vitae

within the camps. Collaborating closely with UNICEF and other humanitarian agencies, I facilitated the delivery of medical supplies, coordinated vaccination campaigns, and promoted health education and hygiene practices among the affected communities. My aim was to ensure the well-being and resilience of individuals amidst the challenging conditions of flood disasters, working tirelessly to alleviate suffering and promote recovery.

Facilitator/Enabler

Medical Eye Camp

Chaghi

Responsibilities & Achievements:

As a facilitator/enabler in the medical Eye Camp held in Chaghi District of Balochistan, my role was pivotal in ensuring the smooth operation and success of the camp. I facilitated the coordination between healthcare professionals, volunteers, and local authorities to create a conducive environment for providing eye care services to the community. Additionally, I enabled logistical arrangements, such as setting up the camp infrastructure, managing resources, and ensuring the availability of necessary medical equipment and supplies. My aim was to streamline the process, enhance efficiency, and maximize the impact of the eye camp, ultimately contributing to improving vision health and well-being in the Chaghi District community.

Medical Doctor

Pakistan Red Crescent society

Jhal Magsi

Responsibilities & Achievements:

As a medical doctor volunteering with the Pakistan Red Crescent Society, my role is deeply rooted in humanitarian service and healthcare provision to those in need. I dedicate my time and expertise to delivering essential medical care, particularly in times of crisis or disaster, and within vulnerable communities. Whether responding to natural disasters, conflicts, or health emergencies, I am committed to providing immediate medical assistance, conducting assessments, and offering preventive care and health education. Collaborating with a team of dedicated volunteers and professionals, I strive to alleviate suffering, promote health, and save lives, embodying the principles of impartiality, neutrality, and humanity upheld by the Red Crescent movement. My role extends beyond clinical duties to encompass advocacy, capacity-building, and community empowerment, as I work towards a healthier and more resilient society for all.

Medical Officer

Al-Khidmat Foundation in Collaboration with Al-hijra Alumni Pakistan

Noshki, Balochistan

Responsibilities & Achievements:

As a medical officer deployed in flood relief camps with Al Khidmat Foundation, my responsibilities encompass a spectrum of crucial tasks aimed at addressing the health needs

Ashraf Shoukat – Curriculum Vitae

of flood-affected populations. Working closely with the foundation's team, I am entrusted with providing immediate medical care, triaging injuries, and managing illnesses within the camps. Beyond direct patient care, I play a pivotal role in conducting health assessments to identify prevalent health issues and potential disease outbreaks. Moreover, I am actively involved in coordinating the distribution of essential medical supplies and facilitating vaccination campaigns to prevent the spread of infectious diseases. By engaging in health education initiatives and promoting hygiene practices, I strive to empower communities with the knowledge and tools to safeguard their well-being amidst the challenging conditions of flood disasters.

Healthcare Physician
Zeenat Medical Complex
Multan

Responsibilities & Achievements:

As a medical intern at Zeenat Complex in Multan, my role is characterized by a diverse range of learning experiences and responsibilities aimed at honing my clinical skills and medical knowledge. Under the guidance of experienced healthcare professionals, I actively participate in patient care activities, including conducting medical histories, performing physical examinations, and assisting in diagnostic procedures. Additionally, I engage in ward rounds, attend medical conferences, and contribute to multidisciplinary healthcare teams. Through hands-on involvement in various departments such as internal medicine, surgery, paediatrics, and obstetrics, I gain invaluable practical experience and exposure to a wide array of medical conditions. Moreover, I am committed to upholding ethical standards, providing compassionate care, and continuously seeking opportunities for professional growth and development during my tenure at Zeenat Complex Multan.

LANGUAGE PROFICIENCY:

Language	Speak	Understand	Read	Write
Pashto	√	√		
Urdu	√	√	√	√
English (Fluent)	√	√	√	√
Balochi (Mother tongue)	√	√	√	√

REFERENCES:

Will be provided upon request.