

Dr. Ayesha Imtiaz. PT

AUST UNI Reg NO: 15-AUST-PC6-643

Phone No: 03490880681, 03434687006

Gmail: ayeshaygul499@gmail.com

As a doctor of physical therapy, I am equipped with 3 years of experience. Dedicated to exemplary patient outcomes and following all necessary protocols with the use of all the latest techniques and equipments. Strong focus on listening to and addressing patient concerns and answering all their doubts and queries so that a patient can easily understand. Willingness to work with the members of medical team and listen to their suggestion and inputs to get maximum health outcomes of patient satisfaction. As a trained and certified physical therapist, I am able to asses and diagnose patients, manage pain, dysfunctions, restricted movement, counseling, rehabilitation and improving quality of life. Expertise in treating pediatric, adolescent, adult and geriatric patients.

Personal Profile

- **AUST UNI Reg NO:**
15-AUST-PC6-643
- **Phone No:** 03490880681,
03434687006
- **Gmail:**
ayeshaygul499@gmail.com
- **Address:** Islamabad, Pakistan
- **Religion:** Islam
- **CNIC:** 13504-6476675-0
- **Date Of Birth:** 05may1997
- **Domicile:** Kala Dhaka

Languages

- English
- Urdu
- Pashto (regional lang)
- Hindko (regional lang)
- Punjabi (regional lang)

Experience

1. 7 July 2022 to 6 January 2023

Worked as a physical therapist in Combined Military Hospital Abbottabad

- Review physician referrals and patient medical records to create best treatment coarse.
- Perform diagnostic and prognostic exams to perform to evaluate muscle, nerve, joint and functional capabilities.
- Customizing physical therapy techniques to meet the specific needs of individual patients.
- Pre op and post op rehab of hip and knee replacement patients.
- Prescribe equipment in-home modifications.
- Prescribing home treatment plane and exercise modification for every patient.
- Teaching to junior therapist and interneees
- Rehabilitation of patients in ICU and surgical wards.

2. 3 Aug 2021 to 5 July 2022

Worked as physical therapy consultant in Shahbaz Sultan Medical and Rehab Centre

- Review physician referrals and patient medical records for accurate diagnosis and treatment coarse.
- Diagnostic prognostic examination for evaluation of muscle, nerve, joint and functional capabilities.
- Health programs for the rehab of stroke patients.
- Individualized exercise programs for each patient

Highlights

- Ordered and focused on details
- CPR expert
- Expert in Medical and anatomy knowledge
- Pain management expert
- Skilled in applying manual therapy techniques and procedures
- Best in applying chest physical therapy
- Patient communication
- Strength training and yoga techniques
- Good at interacting due to multilingual

Education

- Bachelors in Doctor of Physical Therapy from Abbottabad University of Science and Technology (AUST)

Research

- **Obesity and chronic low back pain in the people of Abbottabad.**

Hobbies

- Reading books
- Watching documentaries
- Hiking and exploring nature
- Outdoor sports
- Gardening
- Cooking

Computer Skills

- Microsoft office
- MS
- Power Point
- SPSS
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Experience CONT

- Worked with patients having conditions such as backpain, arthritis, fractures, sports injuries, head injuries, strokes and cerebral palsy.
- Managing covid patients and post covid rehabilitation.
- Chest physical therapy.
- Rehabilitation of neuro compromised patients.
- Free medical camp every week to provide free health care facilities.
- Counseling and providing health awareness.

3. Internship in Pak Irish Rehabilitation Center PIRC

- Learnt about different prosthesis and orthotics.
- Aiding the amputee to gain independence and high-level function.
- Community level rehab.
- Gait training and functional training of the patient with prosthetics and orthotics.

4. Worked as HR and physical therapist in a human welfare organization NB neurorehabilitation Organization.

- Served in different communities
- Served free medical camps around different regions of **Khyber Pakhtoon Khwa KPK.**
- Worked as health and wellness promoter.

5. Internship in Allied Hospital Abbottabad.

6. Internship in Ayub Teaching Hospital Abbottabad

7. physio fit physical therapy clinic

Workshops Attained

- Basic life support BSL
- Osteoarthritis and management
- Pain management
- Kinesiology taping
- Frozen shoulder and management
- Physical therapy department training workshop
- Lumber spine Mckenzie Method
- Mental health and pain
- Cervicogenic headache and management
- Sciatica and management
- Sports injuries and rehabilitation rheumatoid arthritis and management

Serial No. 008549



Registration No. 15-AUST-PC6-643
Roll No. 5002

ABBOTTABAD UNIVERSITY OF SCIENCE & TECHNOLOGY, PAKISTAN



The University in recognition of the fulfillment of prescribed requirements has conferred upon

Mr. / Ms. AYESHA IMTIAZ

Son / Daughter of IMTIAZ AHMED

The Degree of

DOCTOR OF PHYSIOTHERAPY (DPT)

in the examination held in JULY, 2021 session 2015-2020

He / She was placed in FIRST Division / Grade / CGPA.

THE EXAMINATION WAS TAKEN AS A WHOLE




Controller of Examinations

Date MARCH 15, 2022

Vice Chancellor

Registrar

131/Rehab/207

COMBINED MILITARY HOSPITAL

ABBOTTABAD

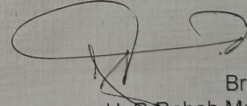
OBSERVESHIP CERTIFICATE

It is certified that Miss. Ayesha Imtiaz D/O Imtiaz Ahmed Doctor of Physical Therapy (DPT) has completed her Internship at Rehab Medicine Department, Combined Military Hospital Abbottabad from **07 Jul 2022 to 06 Jan 2023** under the supervision of Classified Rehab Medicine Specialist

The internee studied and practiced knowledge about various disciplines that includes:-

- Hands on Application of Various Physical Modalities
- Evaluation of Patients in Physical Therapy
- Musculoskeletal Rehabilitation
- Neuro Rehabilitation
- Physical Therapy in Intensive Care Units

Dated : 09 Mar 2023

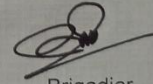
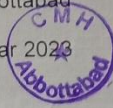


Brigadier
HoD Rehab Medicine
(Mahmood Khan)

COUNTERSIGNED

Station: Abbottabad

Dated : 09 Mar 2023



Brigadier
Commandant
(Zakir Hussain)



ABBOTTABAD UNIVERSITY OF SCIENCE & TECHNOLOGY

DOCTOR OF PHYSICAL THERAPY(DPT)

Name: AYESHA IMTIAZ
Roll No: 5002
CNIC#: 13504-6476675-0
Session: 2015-2020

Father Name: IMTIAZ AHMED
Registration No: 15-AUST-PC6-643
Date of Birth: 5-May-1996
Examination System: Annual

Institute: LIAQAT INSTITUTE OF MANAGEMENT & SCIENCES(LIMS)

1 st Prof. Annual 2016		Roll No				Total
Title of Course	Total Marks	Theory	Credit Hr.	Practical	Marks Obtained	
Anatomy & Histology	200	78	8	50	128	
Physiology-I	200	71	6	70	141	
Kinesiology-I	200	63	6	82	145	
Biostatistics	100	50	6	-	50	
English	100	65	4	-	65	
Islamic Studies	60	48	4	-	48	
Pakistan Studies	60	25	6	-	25	
Total		400	100	601	607	

2 nd Prof. Annual 2017		Roll No				Total
Title of Course	Total Marks	Theory	Credit Hr.	Practical	Marks Obtained	
ENGLISH-II	100	82	6	-	82	
ANATOMY & HISTOLOGY-II	200	68	6	82	150	
PHYSIOLOGY-II	200	60	6	84	144	
BIOMECHANICS & ERGONOMICS	200	63	3	70	133	
EXERCISE PHYSIOLOGY	100	50	3	-	50	
BIOCHEMISTRY & GENETICS	100	51	3	-	51	
PSYCHOLOGY/PSYCHIATRY	100	70	4	-	70	
MEDICAL PHYSICS	200	69	3	85	154	
INTRODUCTION TO COMPUTER	200	76	3	81	157	
Total		1400	547	991		

3 rd Prof. Supplementary 2019		Roll No				Total
Title of Course	Total Marks	Theory	Credit Hr.	Practical	Marks Obtained	
THERAPEUTIC EXERCISE	200	50	5	85	135	
MICROBIOLOGY & PATHOLOGY	200	57	5	80	137	
PHYSICAL AGENTS & ELECTROTHERAPY	200	51	5	80	131	
PHARMACOLOGY	100	51	5	-	51	
TM COMMUNITY MEDICINE	100	50	3	-	50	
HEALTH & WELLNESS	100	62	3	-	62	
MANUAL THERAPY	200	61	3	70	131	
SUPERVISED CLINICAL PRACTICE-I	100	75	3	-	75	
SOCIOLOGY	100	56	2	-	56	
Total		1200	567	878		

4 th Prof. Supplementary 2019		Roll No				Total
Title of Course	Total Marks	Theory	Credit Hr.	Practical	Marks Obtained	
MEDICINE	100	53	3	-	53	
MUSCULOSKELETAL PHYSICAL THERAPY	200	67	3	72	139	
NEUROMUSCULAR PHYSIOTHERAPY	200	59	3	50	109	
HUMAN GROWTH & DEVELOPMENT	100	52	6	-	52	
PROSTHETIC & ORTHOTIC	100	51	6	-	51	
SURGERY+ORTHOPEDIC	100	54	2	-	54	
RADIOLOGY & DIAGNOSTIC IMAGING	200	52	3	83	133	
EVIDENCE BASED PRACTICE	200	73	4	95	168	
SUPERVISED CLINICAL PRACTICE-II	100	80	3	-	80	
Total		1300	567	831		

5 th Prof. Supplementary 2020		Roll No				Total
Title of Course	Total Marks	Theory	Credit Hr.	Practical	Marks	
DIFFERENTIAL DIGNOSIS	100	54	5	-	54	
CARDIO PULMONARY PT	200	58	3	83	141	
GERIATRICS PHYSICAL THERAPY	100	60	3	-	60	
GYNAE & Obs PT	100	55	2	-	55	
SCIENTIFIC INQUIRY RESEARCH METHODOLOGY	200	50	3	70	120	
INTEGUMENTARY PHYSICAL THERAPY	100	58	2	-	58	
PROFESSIONAL PRACTICE	100	59	2	-	59	
PERIATRICS PHYSICAL THERAPY	100	69	2	-	69	
SUPERVISED CLINICAL PRACTICE	100	83	7	-	83	
SPORTS PHYSICAL THERAPY	100	53	3	-	53	
EMERGENCY PROCEDURE PRIMARY CARE IN PT	100	50	2	-	50	
THESIS	100	75	6	-	75	
Total		1400	5002	877		

Examination held: December 2021
Result Declared on: March 15, 2022
Date of Issue: Thursday, May 16, 2022

Checked By: _____

Grand Total: 6300
Total Marks Obtained: 4139
Percentage: 66%
Division: First

Controller of Examinations