



# AZHAR MENGAL

## About Me

"As a dedicated and adaptable professional, I thrive in dynamic environments where I can leverage my strong communication and problem-solving skills. With a passion for continuous learning, I embrace challenges and approach them with a positive attitude. My goal is to contribute effectively to teams while fostering a collaborative and innovative work culture."



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Chaki Shahwani Saryab  
Road Qta.

## Language

- English
- Urdu
- Brahui
- Balochi
- Pashto

## Expertise

- Management Skills
- Creativity
- Stakeholder Engagement
- Project Management
- Training and Capacity Building

## Reference

Request up on demand

## Professional Work Experience

YPA - Chapter head of Young psychologist Association from Balochistan. 2022 - 2023

During my tenure as the Chapter Head of the Young Psychologist Association (YPA) in Balochistan, Quetta, from 2021 to 2023, I had the privilege of leading a dynamic team of aspiring psychologists. Our focus was on fostering professional growth and collaboration within the local psychological community. Through workshops, seminars, and networking events, we provided a platform for knowledge exchange and skill development. It was gratifying to witness the enthusiastic participation of our members and to contribute to the advancement of psychological well-being in our region. Serving as the YPA Chapter Head was a rewarding experience that allowed me to make a meaningful impact on the field while building lasting connections.

I worked as a trainer in various NGOs in Quetta from 2018 to 2023.

I have been working as a trainer in various NGOs in Quetta for the past five years. During this time, I have gained valuable skills and knowledge in different topics such as human rights education, health, and peace building Woman Empowerment,GTI, Gender Equality, Career Counseling, Climate Change, Psychology and many more. I have also developed strong relationships with the local communities and other stakeholders. Some of the NGOs that I have worked with are Human Rights Commission of Pakistan (HRCP), Health and Nutrition Development Society (HANDS), Salary Foundation,Young Psychologist Association (YPA), Medical Emergency Relief Foundation (MERF) and many more. I have enjoyed my work as a trainer and I am proud of the positive impact that I have made on the lives of many people in Quetta.

## Teaching Experience

I possess a diverse and enriching teaching background in the fields of Pakistan Studies and Political Science. From 2019 to 2023, I had the privilege to teach at various schools, honing my pedagogical skills and fostering student growth over two years. Subsequently, I accrued three years of teaching experience at different institutes, specializing in Pakistan Studies. This unique blend of experiences equips me with a holistic perspective, ensuring my ability to deliver effective and engaging instruction to a wide range of students in these subjects. Additionally, I have two years of experience teaching at a university level.

Experience as Event organizer

Over the span of four years, from 2019 to 2023, I have served as an adept and dedicated event organizer, curating a diverse array of impactful events across various regions of Balochistan, notably Quetta. My portfolio boasts an impressive track record of successfully orchestrating conferences, seminars, sessions, and events on a wide spectrum of topics, such as career counseling, climate change, youth empowerment, disability and inclusion, and many more. This experience has enabled me to excel in coordinating, promoting, and executing events that not only inform and engage but also make a positive impact in the communities I've had the privilege to serve.

## Monitoring Officer

### MERF

Supervisor (Transparency international Pakistan) 2023

World Bank(Quetta urban survey) 2021 work experience

Jan 2019 - 10 2023 | NGOs Sectors Quetta, Balochistan , Pakistan

## Education

### University of Balochistan Quetta

MA POLITICAL SCIENCE 2021 to 2023

BS Pakistan Studies CGPA: 3.8/4

2019-2023

### Professional courses

Basic Computer MS office BE-92 2021

Communication and Soft skills. Graphics Designing. DIGISKILLS 2022

Penn university of Pennsylvania May, 28, 2023 Positive Psychology. Martin E. P Seligem' Visionary Science.

International Business Management institute Berlin Germany. Diploma in Professional Skills. 2020-01-01

## Skills Summary

Ability to Maintain Professionalism

Organizational skills

Presentation skills

Technical skills

Teamwork

Data analysis