



# Bilal Shahid

I am an International Medical Graduate (IMG) with experience of more than 2 years in different clinical settings from the reputable Hospitals of Pakistan. I graduated from one of the Prestigious Medical Universities of Pakistan, Quaid e Azam medical college, Pakistan in 2022. I have cleared both parts of Professional and Linguistic Assessment Board (PLAB) - exams in June 2024 and I am fully registered with the General Medical Council with a license to practice since August, 2024. I look forward to work in some prestigious institution of amazing repute under senior doctors. I wish to imbibe their methods and vision, enabling me to work efficiently, harder and continuing my medical education, thus helping me in my goal of becoming a better, well-rounded and safe doctor. My future plans include taking the Membership exams and I am also keen on learning and participating in research work and audits.

## CONTACT

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## SKILLS

- History and Examination
- Initial Assessment and History Management
- Managing acutely unwell Patients
- Interpretation of basic LAB tests
- Safe Prescriptions
- Excellent Written and Verbal Communication
- Basic Knowledge of ECG and X-ray
- IV Cannulation and Blood Sampling
- Urinary Catheterization
- Lumbar Puncture.
- Single lumen CVP line insertion
- Arterial Blood Gas Sampling.
- Wound suturing and closure.
- Ascetic Tap & Pleural Tap (under supervision)

## CUSTOM SECTION

- English
- Urdu/ Hindi
- Punjabi
- Pashto
- Balochi

## EXPERIENCE

### **Clinical Attachment (2 Weeks)**

**University Hospital of Leicester** - Glenfield Hospital Leicester, United Kingdom

- 07/2024 - 08/2024
- Cardiology/ Clinical Decision Unit (CDU): Observe and attended Round in CDU under consultant
- Learned the system of NHS and their software Nerve Centre from junior doctors in the ward
- Took part in History taking, Examination and Clacking the patient in CDU under observation
- Observe different clinical Cardio & Pulmonary cases
- Attended teaching sessions of ward
- Attended and observed MDT discussion under supervision.

### **Clinical Attachment (4 Weeks)**

**University Hospital of Leicester** - Glenfield Hospital Leicester, United Kingdom

- 06/2024 - 07/2024
- Nephrology and General Medicine: Actively observe and learn from healthcare professionals in various clinical settings
- Maintain a high level of professionalism and adhere to the code of conduct and ethical standards of the GMC
- Effectively communicate with healthcare staff, patients, and other observers
- Learned about NHS system and hands on Nervecentre
- Provide assistance and support as appropriate, under the guidance and supervision of healthcare professionals
- Attended daily ward Rounds in ward 15 under consultant and Junior doctors
- Observe different procedures like IV cannulation, Bladder Catheterization, Blood sampling and did all these procedures under supervision
- Follow instructions and guidelines provided by the clinical team
- Familiarize oneself with and adhere to the policies and procedures of the NHS and the specific healthcare facility.

**Medical Officer**

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## PERSONAL INFORMATION

- Date of birth: 03/12/1996
- Gender: Male
- Nationality: Pakistani
- Marital status: Single

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## CERTIFICATIONS

- BLS (cardiac Centre Bhawalpur) 2023
- PAPSCON (Pakistan Association of plastic surgery) 2023
- 27th international meeting of Pakistan Association of plastic surgery 2023
- Integrated management of Neonatal & Childhood illness (IMNCI) Balochistan institute of child health 2023

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## HOBBIES AND INTERESTS

- Sports
- Traveling
- Watching
- Surfing internet

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## REFERENCES

- Dr. MacConaill Kateryna (consultant in general & Renal Medicine) University hospital Leicester.  
Kateryna.macconai@uhl-tr.nhs.uk
- Dr. Khandaker Azizul (Locum Consultant Cardiologist) University hospital Leicester  
azizul.Khandaker@uhl-tr.nhs.uk
- Dr. Amir Bukhari, Bahawal Victoria Hospital Bahawalpur,  
dramirbukhari@gmail.com
- Dr. Sajjad Haider

### Civil Hospital and Trauma Centre - Mach, Pakistan

- 08/2023 - 01/2024
- I worked as a "Duty Medical Officer" at Civil Hospital and Trauma Centre Mach, Pakistan
  - Assessing and taking detailed history, performing thorough examinations, documenting findings, discussing cases with seniors on call, starting treatment and overseeing their recovery in emergency unit and acute medical unit
  - Requesting baseline investigations, formulating management plans (medications and fluids) and providing effective patient care after discussing with senior on call
  - I practiced safe sound practical procedures according to latest guidelines and hospital policy
  - Ensuring timely coordination of multidisciplinary management of the critically ill patients
  - I assessed and managed patients with medical emergencies, urological emergencies, paediatric emergencies, and surgical emergencies
  - Follow up visits to monitor patient's condition, clearing patients for discharge and making appropriate referrals.

### House Officer (FY1) Pediatric Surgery

#### Bahawal Victoria Hospital - Bahawalpur, Pakistan

- 03/2023 - 06/2023
- During my Paed's surgery rotation in house job I learned to manage many in and out patients along with pre and post OP cases in Paed's Surgery Unit
  - My duties involved daily ward rounds and observing consultants managing patients in Outpatient.
  - Learn and develop practical skills related to surgery and patient care.
  - Admit patient to surgical wards and facilitate discharges.
  - Assisted many paed's surgery cases which include open and Laparoscopic Appendectomy, Herniotomy, Circumcision, Orchidopexy, Splenectomy, Biopsies of lymph nodes and target organs.
  - I have done many invasive and non invasive procedures which include IV. cannulation, NG tube, Umbilical catheterization, post circumcision bleeding management, Suturing and Chest intubation.
  - Participate in multidisciplinary meetings to discuss patient care plans.

### House Officer (FY1) General Surgery

#### Bahawal Victoria Hospital - Bahawalpur, Pakistan

- 12/2022 - 03/2023
- Managed the care of surgical patients under close supervision.
  - Conduct initial assessment, take history and perform relevant examination necessary for the assessment of patient
  - Participated in daily ward rounds conducted in surgical ward under surgical team
  - Assist In various surgical procedures and operations like Appendectomy, Laparotomy, Herniotomy and herniorrhaphy, Breast conserving surgery, Thyroidectomy, Orchidopexy, gangrene management and Amputation.
  - During my surgical rotation I learned to deal with surgical emergencies dealt with emergencies like RTA, learned to perform suturing, Incision and drainage, Lymph node biopsy, trauma management, burns, fracture management and Chest drain insertion.

### House Officer (FY1) General Medicine

#### Bahawal Victoria Hospital - Bahawalpur, Pakistan

- 12/2022
- Provide direct care to In and out patients under supervision of senior and medical staff .
  - Conduct initial assessments, take medical history and perform relevant

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Hospital Mach,  
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- Dr. Zarmina Tareen  
(FCPS, MCPS Psychiatry),  
Balochistan Institute of  
Psychiatry and Behavioral  
Sciences,  
tareenzarmina@yahoo.com

09/2022 -

- examination.
- Participate in daily ward rounds to monitor patient progress and collaborate with Multidisciplinary team.
- Performing Clinical procedures such as Venipuncture, IV cannulation, Nasogastric tube insertion, Urinary Catheterization & Lumbar puncture.
- Prescribe Medication following established guidelines and under supervision.
- Facilitated clear and concise communication between patients, families, and healthcare professionals.
- Maintain accurate and up-to-date patient records, including progress report and discharge summaries.
- Respond to medical emergencies and contribute to resuscitations efforts as part of medical team.
- Maintain accurate and up-to-date patients record including progress notes and discharge summary.
- providing clear and concise handover information to oncoming medical team during shift change.

### **House Officer (FY1) Emergency Medicine & ICU**

**Bahawal Victoria Hospital** - Bahawalpur, Pakistan, Pakistan

06/2022 - 09/2022

- This Unit contains 121 beds and comprises of 121 beds and comprises of Triage area, Resuscitation room, ICU (12 bedded) and Emergency Operation Theater (4 Tables).
- My key responsibilities was to provide direct care to the emergency patients and the patients of trauma, conduct initial assessment take history and perform relevant examination.
- communicate effectively with patients, family and colleagues, providing information and addressing concerns.
- Worked at emergency medicine unit for 3 months my job there involved managing in patients including acute Exacerbation of asthma & COPD, hypertensive crisis, COVID, Arrhythmias, Cardiac arrest, DKA, Blunt Trauma, Head injuries & burns, Ventilator support, and has done many life saving procedures like Chest drain insertion, Endotracheal tube insertion, Maintaining Central Venous Line , Ascetic tap and Pleural tap under the supervision of my Seniors.
- Engage in educational activities including teaching sessions and providing guidance to junior staff and medical students.

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## **EDUCATION**

2024

**License # 8016874**

**GMC,UK** - United Kingdom

2022

**Bachelor of Science MBBS**

**Quaid e Azam Medical College** - Bhawalpur

2022

**PMDC License # 758059-04M**

**PMDC** - Pakistan

2022

**OET**

Occupational English Test