



Dr Haroon Afridi

General Physician

Jhagra, Peshawar, KPK, Pakistan

+923139855075

drharunafриди@gmail.com

Skills

Critical care & Patient-focused care

Sea Search and Rescue Operations

Sea Medical Evacuation Planning

Public Health Projects Management

Health data collection and management

Medical Staff Training and Management

Crisis & Mass Casualties Management

Diagnosis & Prognosis

Disease Preventive Care

Multidisciplinary team collaboration

Strong presentation skills

Leadership Development

Effective Communication

Microsoft Office

Interests

Swimming

Paragliding

Book Reading

Languages

English

Urdu

Pashto

Patient-focused physician specializing in critical care, providing high quality, personal levels of healthcare to patients in all clinical environments. Savvy patient care mind coupled with recognized medical skills resulting in over 10 years of successful practice. Warm, caring approach to patients and persistent in finding best treatment options available.

Profiles

+92333-3113795

http://www.linkedin.com/in/dr-harun-063045115

Experience

Pakistan Navy **July 2014-July 2024**
Lieutenant Commander PN (Retd) Karachi/Islamabad

https://www.paknavy.gov.pk/

Performed duties as:

- SMO PNS ASLAT
- SMO PNS TAIMUR
- MO I/C Emergency PNS HAFEEZ Islamabad
- MO I/C Emergency and ICU PNS RAHAT Karachi

As a senior medical officer, I have successfully:

- Managed healthcare teams and facilities, ensuring high-quality patient care and efficient operations.
- Developed and implemented public health programs, resulting in improved community health outcomes.
- Collaborated with healthcare professionals, organizations, and stakeholders to promote healthcare access and equity.

Naval Strategic Plan Division Islamabad **2021**
PRP Designated Physician NSPD Islamabad

Education

Khyber Medical University **Jan 2007-Jan 2013**
Medicine & Surgery MBBS

https://kmu.edu.pk/

Pakistan Navy School of Management **2015**
Pak Navy Medical Staff Officers Course Junior Officer Staff Duty Course

PNS Karsaz Pakistan Navy **2015**
Damage Control and Fire fighting onboard Ships NBCD & Firefighting Course

PNS SHIFA Pakistan Navy **2015**
Medical and Public Health Management GDMO COURSE

Certifications

Effective Communication & Emotional Intelligence **Dec 2015**
Institute of Professional Psychology, Bahria University Karachi

https://bahria.edu.pk/bukc/

Personnel Reliability Programme **Jul 2021**
HQ Security Division SPD Rawalpindi

Information Technology & Computer Skills **Mar 2013**
SMC