

DR. NOREEN MAZAR

D/O DR MAZAR KHAN BALOCH

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PROFESSIONAL EXPERIENCE

BOLAN MEDICAL COLLEGE HOSPITAL (BMCH), QUETTA – [HOUSE JOB INTERNEE] [4TH JANUARY 2021 TO 31ST DECEMBER 2021]

During my house Job training in BMCH, I was trained in the following departments and faculties;

Department of Obstetrics and Gynecology – [3 Months]

- Assisted the OB/GYN team during labor and delivery, observing the entire birthing process and providing support to mothers and families.
- Worked in the outpatient clinic, observing consultations, participating in patient examinations, and assisting in procedures like Pap smears, colposcopies, and IUD insertions.
- Learned about early detection and preventive care in women's health and effectively communicated sensitive information to patients.
- Observed various gynecological surgeries, including hysterectomies, ovarian cyst removals, and laparoscopic procedures.
- Gained knowledge about maintaining sterile conditions, handling surgical instruments, and anticipating the needs of the surgical team.

Department of Surgery – [3 Months]

- Assisted surgeons in the operating room during various surgical procedures, including observing surgeries and learning about sterile techniques.
- Participated in pre-operative patient assessments, including reviewing medical histories, conducting physical examinations, and ordering necessary diagnostic tests.
- Learned to prepare surgical instruments, sterile drapes, and other equipment required for surgeries, ensuring a safe and sterile environment.
- Observed in a wide range of surgical procedures, such as appendectomies, hernia repairs, and gallbladder removals.

Department of Pediatrics – [3 Months]

- Assisted pediatricians in conducting physical examinations and assessing the growth and development of pediatric patients.
- Observed in the diagnosis and treatment of common pediatric conditions, such as respiratory infections, gastroenteritis, and skin disorders.
- Shadowed pediatricians during patient consultations, learning effective communication skills when interacting with children and their parents.
- Assisted in administering vaccinations and medications to pediatric patients, following proper dosage and safety protocols.

- Participated in well-child check-ups, monitoring milestones, and providing counseling on nutrition, hygiene, and child development.

Department of General Medicine – [3 Months]

- Assisted physicians in conducting comprehensive patient assessments, including taking medical histories, performing physical examinations, and ordering diagnostic tests.
- Observed and participated in the diagnosis and treatment of common medical conditions, such as diabetes, hypertension, and respiratory infections.
- Shadowed doctors during patient consultations, learning effective communication skills and developing a patient-centered approach to care.
- Assisted in the management of chronic diseases, including monitoring and adjusting medication regimens, educating patients on lifestyle modifications, and coordinating follow-up care.
- Participated in the interpretation of laboratory results and diagnostic imaging, gaining proficiency in understanding common medical tests.

JAM GHULAM QADIR GOVERNMENT HOSPITAL HUB, BALOCHISTAN – LADY MEDICAL OFFICER

[1st March – 30th September 2022]

As a volunteer Lady Medical Officer (LMO), my responsibilities included;

- Serving curative services for outdoor and indoor patients.
- Managing common ailments in patients attending outdoor patients
- Maintaining patient records in hospital wards

BALOCHISTAN INSTITUTE OF CHILD HEALTH SERVICES QUETTA (BICHQ) - TRAINEE IN PEDIATRIC DEPARTMENT – [January 6th, 2023 – January 6, 2024]

As a general trainee in pediatric department my responsibilities include;

- Participate actively in patient care activities, including conducting physical examinations, reviewing medical histories, and assessing the growth and development of pediatric patients.
- Collaborate with attending physicians and senior residents in diagnosing and treating a wide range of pediatric conditions, such as respiratory infections, gastrointestinal disorders, and neurodevelopmental disorders.
- Assist in the management of pediatric emergencies, providing immediate resuscitation and stabilization of critically ill children.
- Perform procedures under the supervision of attending physicians, such as lumbar punctures, venipunctures, and nasogastric tube insertions.

- Attend and actively participate in patient rounds, presenting patient cases, discussing treatment plans, and receiving feedback from the medical team.
- Interpret laboratory results, radiological findings, and other diagnostic tests, contributing to the diagnostic process and treatment decision-making.
- Monitor and adjust medications, dosages, and treatment plans based on patient response and attending physician's guidance.
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BALUCHISTAN AIDS CONTROL PROGRAMME QUETTA (BACP) – [TREATMENT COORDINATOR]**[1st July 2023 - 30TH June 2024]**

As a treatment coordinator in BACP my responsibilities included;

- Coordinate with Community-Based Organizations (CBOs) and Non-Governmental Organizations (NGOs) working with key populations in the district.
- Facilitate coordination among affected families for new case registration.
- Ensure regular identification and linking of patients for follow-up in cases where they are lost to follow-up.
- Conduct regular reviews of patient data for updates.
- Coordinate with other Centers to ensure proper treatment of HIV patients, including providing supplementary food packages for the needy patients.
- Participate in review meetings and resolve problems as they occur in collaboration with the project team.

TRAININGS, WORKSHOPS AND CONFERENCES ATTENDED

1	BALUCHISTAN AIDS CONTROL PROGRAM IN COLLABORATION WITH UNICEF	Training of Gynecologists, Pediatricians & ART/PPTCT Center Staffs on HIV/AIDS Venue at Mehran Hotel Karachi, 19th- 20* September 2023.
2	UNICEF	General Administrative Information Two day National Prevention of Parent to Child Transmission (PPTCT) and Paediatric HIV Management Orientation at Ramada Hotel -Qamar Hall, Islamabad Thursday 5-6 December, 2023.
3	15th Pediatric Neurology Conference, 2024	Titled: Demystifying the Electroencephalogram (EEG): A Trainees Perspective held on February 23 – 25 , 2024 in Quetta.
4	Baluchistan Institute of Child Health Services Quetta	Workshop on Neonatal Resuscitation [NRP / AAP] held on June 21, 2023

ACADEMICS**Bachelor of Medicine, Bachelor of Surgery (MBBS) – Bolan Medical College (BMC) 2020****Higher Secondary School Certificate (HSSC) – Pre Medical - Islamia Girls College Quetta 2012****Secondary School Certificate (SSC) – Science - ST. Joseph's Convent School Quetta 2010****LINGUISTICS**

ENGLISH

BALUCHI

URDU

COMPUTER SKILLS

MICROSOFT WORD

MICROSOFT EXCEL

MICROSOFT POWERPOINT