GHAZALA INAYAT

Public health specialist

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|  | Contact 0300-0821890  WhatsApp 0300-0821890  [gulla.taj123@gmail.com](mailto:gulla.taj123@gmail.com)  [ginayat@unicef.org](mailto:ginayat@unicef.org)  linkedin.com/in/ghazala-inayat-1390571b9 |  | Profile Diligent and efficient public health  manager having more than 9 years of experience in public dealing related to health, strongly believe in achieving goals through teamwork and individual leadership. I own a sense of responsibility, am a quick learner looking forward to work with a strong organization. |
|  | Education **MASTER OF SCIENCE IN PUBLIC HEALTH**  Shaheed Zulfiqar Ali Bhutto Institute of science and technology, Karachi  **2019-2021**  **BACHELOR OF DENTAL SURGERY**  Baqai medical university, Karachi  **2002-2006** Key Skills Analytical skills  Teamwork  Initiative  Problem-solving Skills  Computer skills  Communication skills  Strong work ethic Interests Literature  Environmental conservation  Art    TRAINED ON SSAFE, IFAK 2.0, WOMEN SECURITY AWARENESS TRAINING, certificate of achievement on introduction to emergency response framework (ERF), DRR & EWS for all |  | **SUMMARY OF PROFESSIONAL SKILLS AND EXPERTISE**  I am an experienced health professional with more than 9 -year background in Health. My expertise spans a diverse range of areas, including health project management, Primary Healthcare, Essential Immunization, Polio Eradication Initiative (PEI), Nutrition, Health education and Health Promotion.  Over the course of my career, I have consistently displayed a dynamic and collaborative approach as a team player. I have a strong ability for managing and leading public health programs and projects, by my exceptional interpersonal skills. My ability to function both independently and as part of a team, coupled with my capacity for making and executing challenging decisions, has been a keystone of my success in previous roles.  With my extensive tenure in the field, I possess an in-depth grasp of Health Program development, implementation, and data management. Gender mainstreaming, Advocacy, Communication, and social mobilization on health issues are also areas where I excel.  Additionally, I have a proven track record in preparing comprehensive progress reports, documenting best practices, success stories, and lessons learned. My competencies extend to Financial and HR Management, Coordination with stakeholders, robust monitoring and evaluation practices, and capacity building. |

**EXPERIENCE**

**NUTRITION CONSULTANT**

**UNICEF**

**April 2023- Present**

* Coordinated and implemented emergency preparedness and response efforts by preparing required documentations and materials to facilitate the programme review and approval process for nutrition activities in floods effected districts.
* Technical and operational assistance Provided to partner staff operating in remote areas, focusing on delivering nutrition services in Community-Based Management of Acute Malnutrition (CMAM) and Infant and Young Child Feeding (IYCF).
* Conducted regular programme field visits and surveys to assess the progress, provided technical support, exchanged information with partners and stakeholders. Took appropriate actions to resolve issues. Reported on critical issues, bottlenecks, and potential problems for timely action to achieve results.
* Provided technical and operational support to government counterparts, NGO/implementing partners, UN system partners, and other country office partners/donors on the application and best practices on nutrition-related issues to support programme implementation, operations, and delivery of results.
* Worked closely with colleagues, developed partnerships, and collaborating with partners to discuss operational and implementation issues. Provided solutions, recommendations at the same time to alert the appropriate officials and stakeholders to intervene at a higher-level for decision-making. Keep record of reports and assessments for reference and to capture and institutionalize lessons learned, regularly kept the management updated.
* Developed a sustained effective close working partnership with nutrition sector government counterparts and national stakeholders through active sharing of information and knowledge to facilitate programme implementation and built the capacity of stakeholders to achieve programme goals on maternal and child rights as well as social justice and equity.
* Capacity building of the stakeholders by Identifying the needs for filling the gaps in the implementation of the interventions. Shared the lessons learned for knowledge development. To support the implementation, sustainability, and development program’s results, promoted and reported good cutting-edge practices.
* Involved local communities at different levels to enable them to participate in the improvement process Nutrition related activities.
* Monitoring and evaluation exercises, program reviews with the government and other counterparts to assess programmes/projects and reported on required action and interventions at the higher-level management.
* Monitored and reported on the use of sectoral programme resources, verifying compliance with approved allocation, goals, organizational rules and regulations/procedures, donor commitments, standards of accountability, and integrity. Reported on the issues identified to ensure timely resolution by both management and stakeholders. Followed up on unresolved issues and ensured resolution.
* Contributed to the development and establishment of sectoral programme goals, objectives, strategies, with results-based planning by analyzing of nutrition needs and areas for intervention and submission of prioritized recommendations by enhancing the Nutrition services at community and facility level through multi-sectoral coordination mechanism involving partners and stakeholders.
* Implemented strategies leading to a higher proportion of children aged 6-23 months being fed in accordance with all three infant and young child feeding (IYCF) practices, including food diversity, feeding frequency, and consumption of breast milk. Reported on developmental trends for the higher management to be used to enhance programme management, efficiency and delivery of results.
* Facilitated an increase in the distribution of iron and folate tablets among pregnant women to enhance maternal health. Conducted health education sessions emphasizing early initiation of breastfeeding and exclusive breastfeeding during community sessions. Raised awareness on nutrition, health, and hygiene in schools, communities, and hospitals through various interventions such as community-based sessions, demonstrations, pamphlets/posters, social media, radio, and local cable in floods emergency districts.
* Established referral mechanism at basic health units BHUs for dentification of malnourished target groups in respective flood effected districts to ensure the referral of severely acute malnourished (SAM) children to stabilization centers for appropriate care and intervention.
* Facilitated for the adoption of simplified approaches and established connections between community screening initiatives and Outpatient Therapeutic Program (OTP) sites.
* Prepared monthly report and monitored data to assess the ongoing progress of nutrition activities.
* Developed and maintained a monthly nutrition supplies tracking and compilation sheet, sharing this information to prevent any potential stock shortages.

**Achievements:**

Successfully led emergency response efforts in flood-affected districts, demonstrating expertise in preparedness and coordination of nutrition activities. Provided valuable technical support to outreaches, enabling implementing partner staff to deliver effective nutrition services in Community-based Management of Acute Malnutrition (CMAM) and Infant and Young Child Feeding (IYCF). Established OTPs and health house according to the need basis linking the community reach easily to the services. Played a key role in the rollout of simplified approaches, strategically linking community screening activities to OTP (Outpatient Therapeutic Program) sites. Established strong partnerships and facilitated coordination with various nutrition partners, including the nutrition directorate. Meticulously conducted monthly reporting and monitored the progress of nutrition activities. Implemented a robust system for tracking and compiling the nutrition supplies tracing sheet monthly, ensuring timely sharing to prevent stockouts.

**DEPUTY DIRECTOR NUTRITION PROGRAM BALOCHISTAN**

**Government of Baluchistan, Quetta**

**August 2022- March2023**

1. Conducted a comprehensive assessment/ analysis of the nutritional situation in the province, meticulously analyzing incidence rates, vulnerability factors, and the accessibility and delivery of services.
2. Enhanced the national Monitoring and Evaluation (M&E) framework based on assessment findings, ensuring alignment with program objectives and goals.
3. Facilitated collaboration with provincial M&E Officers from various projects, actively contributing to the review, development, and enhancement of M&E tools for heightened effectiveness.
4. Successfully managed and sustained the M&E system, working closely with the Provincial Program Manager and other stakeholders to support seamless implementation of M&E activities across all involved parties.
5. Spearheaded the gathering, analysis, and dissemination of information pertaining to program, project, and activity progress, ensuring timely and relevant communication.
6. Generated and distributed periodic reports on activities, providing stakeholders and national counterparts with insightful updates on the program's status.
7. Executed nutrition program/project activities in the province in collaboration with stakeholders and national counterparts, achieving sustainable and impactful results.
8. Monitored and evaluated interventions, maintaining a commitment to program and project quality, and implemented corrective measures as needed.
9. Led or co-led quarterly reviews and actively participated in annual multisectoral review meetings, contributing to comprehensive evaluations of program and project progress within the province.
10. Effectively addressed stakeholder concerns, implementing collaborative decisions to enhance program effectiveness. For the resource mobilization prepared briefs for fund raising and partnership development purposes.
11. Advocated for the nutrition program through proactive awareness promotion and engagement in intersectoral/organization meetings, fostering effective implementation and planning.

**Achievement:**

In my role as Deputy Director of the Nutrition Program in Baluchistan, I led a comprehensive assessment of the nutritional situation in the province, meticulously analyzing incidence rates, vulnerability factors, and service accessibility. This initiative laid the foundation for an enhanced national Monitoring and Evaluation (M&E) framework, aligning it with program objectives to ensure strategic coherence. Collaborating with provincial M&E Officers, I played a key role in reviewing, developing, and enhancing M&E tools, fostering heightened effectiveness across various projects.

I successfully managed and sustained the M&E system, working closely with the Provincial Program Manager and stakeholders to support seamless implementation across all involved parties. Spearheading the gathering and dissemination of program information, I generated insightful periodic reports, keeping stakeholders and national counterparts informed of the program's progress. Through collaborative efforts, executed nutrition program activities in the province, achieving sustainable and impactful results. Additionally, my role included monitoring and evaluating interventions, implementing corrective measures, and actively participating in comprehensive quarterly and annual reviews to contribute to program and project progress within Baluchistan. My commitment extended to addressing stakeholder concerns, implementing collaborative decisions, and advocating for the nutrition program through proactive awareness promotion and engagement in intersectoral/organization meetings, fostering effective implementation and planning.

**ASSISTANT DISTRICT HEALTH OFFICER**

**February 2021- august 2022**

**Government of Baluchistan, Hub Lasbela**

1. Successfully supported the District Health Officer at Tehsil level, overseeing public health initiatives and responding to emergencies.
2. Led and monitored awareness campaigns on various diseases and vaccination efforts, including polio, MR, Typhoid, hepatitis, and COVID-19.
3. Actively participated in District Polio Eradication Committee (DPEC) meetings, representing the domain, sharing insights, and presenting recommendations for upcoming campaigns.
4. Implemented decisions from DPEC meetings and chaired Emergency Response Meetings (ERMs) during ongoing campaigns, influencing decisions based on daily findings.
5. Effectively mobilized communities through on-the-job awareness, addressing immunization refusals.
6. Conducted capacity-building training for UCMOs and monitored team training for health activities.
7. Conducted inquiries at the Tehsil level, ensuring compliance and effectiveness of health initiatives.
8. Regularly visited Basic Health Units (BHUs), Rural Health Centers (RHCs), and Community Dispensaries (CDs) to ensure staff regularity and monitor their activities.
9. Provided field supervision by monitoring immunization outreaches and fixed sites, ensuring the success of vaccination efforts.

**Achievement:**

As Assistant District Health Officer from February 2021 to August 2022 with the Government of Baluchistan in Hub Lasbela, I played a pivotal role in supporting the District Health Officer at the Tehsil level. My achievements include overseeing successful public health initiatives and promptly responding to emergencies. I took charge of leading and monitoring awareness campaigns on diseases such as polio, MR, Typhoid, hepatitis, and COVID-19, showcasing a commitment to community health.

Additionally, I actively engaged in District Polio Eradication Committee (DPEC) meetings, representing the domain and contributing valuable insights. I played a key role in implementing decisions from DPEC meetings, chaired Emergency Response Meetings (ERMs) during campaigns, and influenced decisions based on daily findings. My proactive approach extended to effectively mobilizing communities through on-the-job awareness, addressing immunization refusals, and conducting capacity-building training for UCMOs. Regular inquiries at the Tehsil level ensured compliance and effectiveness of health initiatives, while frequent visits to Basic Health Units (BHUs), Rural Health Centers (RHCs), and Community Dispensaries (CDs) ensured staff regularity and monitored their activities. Field supervision included monitoring immunization outreaches and fixed sites, contributing to the overall success of vaccination efforts.

**DEPUTY DISTRICT COORDINATOR**

**(NATIONAL PROGRAMME FOR FAMILY PLANNING & PRIMARY HEALTHCARE)**

**Government of Baluchistan, District Lasbela**

**January 2020- February 2021**

1. Ensured DHMT initiatives, ensuring successful implementation of decisions through active participation in quarterly meetings.
2. Led the selection, training, and evaluation of program staff, fostering motivation and discipline when necessary.
3. Planned and executed operational activities at the district level, ensuring proper distribution and monitoring of essential supplies to healthcare facilities.
4. Strengthened community-based health services, focusing on rural areas and urban slums, and enhanced comprehensive Family Planning services.
5. Facilitated community participation in health improvement processes, supporting increased demand for preventive and primary healthcare services.
6. Improved coverage of micronutrient supplementation and fortified food through advocacy, resulting in enhanced nutrition services.
7. Achieved an increase in the proportion of children following recommended infant and young child feeding practices.
8. Successfully expanded the distribution of iron and folate tablets among pregnant women.
9. Conducted health education sessions, emphasizing early initiation of breastfeeding and exclusive breastfeeding during community sessions.
10. Raised awareness on nutrition, health, and hygiene through various interventions in schools, communities, and hospitals.
11. Identified and referred malnourished target groups, actively participating in communication and coordination between health departments and external entities.
12. Managed human resources, overseeing recruitment, job descriptions, training, and performance evaluations.
13. Provided professional support and coaching to assigned staff, ensuring the achievement of annual objectives and program goals.
14. Verified the work of healthcare facility staff and prepared and analyzed monthly reports for provincial review.
15. Ensured timely payment of salaries and allowances for district-level staff, maintaining accurate financial records.
16. Facilitated the involvement of Lady Health Supervisors and Lady Health Workers in polio eradication SIAs and routine EPI activities.

**Achievements:**

As the deputy district coordinator for the National Programme for Family Planning & Primary Healthcare in the Government of Baluchistan, District Lasbela, from January 2020 to February 2021, I spearheaded various initiatives to enhance healthcare delivery.

I actively participated in quarterly meetings, ensuring the successful implementation of DHMT initiatives and decisions. My leadership extended to the selection, training, and evaluation of program staff, fostering motivation and discipline. I meticulously planned and executed operational activities, ensuring proper distribution and monitoring of essential supplies to healthcare facilities. Emphasizing community-based health services, strengthened outreach in rural areas and urban slums, enhancing comprehensive Family Planning services. By facilitating community participation, I bolstered the demand for preventive and primary healthcare services and achieved notable improvements in infant and young child feeding practices. Additionally, my advocacy efforts led to an increase in the coverage of micronutrient supplementation and fortified food, contributing to enhanced nutrition services.

In managing human resources, I oversaw recruitment, training, and performance evaluations, providing professional support and coaching to staff. My meticulous verification of healthcare facility staff's work and preparation of monthly reports ensured accurate documentation for provincial review. Moreover, I maintained financial transparency by ensuring timely payment of salaries and allowances for district-level staff. Overall, my tenure was marked by comprehensive improvements in healthcare delivery and community engagement.

**SENIOR DENTAL SURGEON Sandeman provincial hospital Quetta**

**August 2012-2020**

**Government of Baluchistan,**

1. Attending daily filter OPDs, performing oral and dental procedures.
2. Performing minor oral and dental surgeries under the supervision of chief dental surgeon.
3. Organizing and doing the awareness sessions, training the staff for these sessions.
4. Public awareness sessions related to dental health in the community.
5. Demonstrating and training the students and junior staff in aspect of health care provision. Organizing and doing the awareness sessions, training the staff for these sessions.

**Achievements:**

Engaging in daily outpatient department activities involves conducting oral and dental procedures. Additionally, I perform minor oral and dental surgeries while under the supervision of the chief dental surgeon. Beyond clinical work, my responsibilities extend to organizing and conducting awareness sessions and training sessions for staff. I actively participate in public awareness initiatives focused on dental health within the community. Furthermore, I play a role in demonstrating and training students and junior staff in various aspects of healthcare provision, including organizing awareness sessions and providing training for the staff involved.

**Trainings**

* TOT on measles rubella catchup campaign
* Primary health care and role of LHWs
* District level implementation of mother and child weak
* TOT on LHWs involvement in routine immunization
* Basic life support
* 3 days Workshop on equity metrics for routine immunization
* TOTs on NIDs and SNIDs

**References**

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