

<b>DR. NOSHEEN MAZAR</b>
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House # 54-C Quetta Avenue Housing Scheme, Western By Pass Road, Quetta.



<b>PROFESSIONAL PARTICIPATIONS</b>	
<b>UNITED NATIONS INTERNATIONAL CHILDREN'S EMERGENCY FUND (UNICEF) FOR EVERY CHILD</b>	Two Days Trickle Down Training on “National Oxygen Therapy Guidelines
<b>WORLD HEALTH ORGANIZATION</b>	Seven Days Roll Out WHO’s Pregnancy, Childbirth, Postpartum, New Born Care (PCPNC) Training

<b>PROFESSIONAL EXPERIENCE</b>
<b>BOLAN MEDICAL COLLEGE HOSPITAL (BMCH), QUETTA – HOUSE JOB INTERNEE [24TH JANUARY 2018 TO 23RD JANUARY 2019]</b>
<p>During my house Job training in BMCH, I was trained in the following departments and faculties;</p> <p><b>Department of Obstetrics and Gynecology – [3 Months]</b></p> <ul style="list-style-type: none"> <li>Assisted the OB/GYN team during labor and delivery, observing the entire birthing process and providing support to mothers and families.</li> <li>Worked in the outpatient clinic, observing consultations, participating in patient examinations, and assisting in procedures like Pap smears, colposcopies, and IUD insertions.</li> <li>Learned about early detection and preventive care in women's health and effectively communicated sensitive information to patients.</li> <li>Observed various gynecological surgeries, including hysterectomies, ovarian cyst removals, and laparoscopic procedures.</li> <li>Gained knowledge about maintaining sterile conditions, handling surgical instruments, and anticipating the needs of the surgical team.</li> </ul> <p><b>Department of Surgery – [3 Months]</b></p> <ul style="list-style-type: none"> <li>Assisted surgeons in the operating room during various surgical procedures, including observing surgeries and learning about sterile techniques.</li> <li>Participated in pre-operative patient assessments, including reviewing medical histories, conducting physical examinations, and ordering necessary diagnostic tests.</li> </ul>

- Learned to prepare surgical instruments, sterile drapes, and other equipment required for surgeries, ensuring a safe and sterile environment.
- Observed in a wide range of surgical procedures, such as appendectomies, hernia repairs, and gallbladder removals.

**Department of Pediatrics – [3 Months]**

- Assisted pediatricians in conducting physical examinations and assessing the growth and development of pediatric patients.
- Observed in the diagnosis and treatment of common pediatric conditions, such as respiratory infections, gastroenteritis, and skin disorders.
- Shadowed pediatricians during patient consultations, learning effective communication skills when interacting with children and their parents.
- Assisted in administering vaccinations and medications to pediatric patients, following proper dosage and safety protocols.
- Participated in well-child check-ups, monitoring milestones, and providing counseling on nutrition, hygiene, and child development.

**Department of General Medicine – [3 Months]**

- Assisted physicians in conducting comprehensive patient assessments, including taking medical histories, performing physical examinations, and ordering diagnostic tests.
- Observed and participated in the diagnosis and treatment of common medical conditions, such as diabetes, hypertension, and respiratory infections.
- Shadowed doctors during patient consultations, learning effective communication skills and developing a patient-centered approach to care.
- Assisted in the management of chronic diseases, including monitoring and adjusting medication regimens, educating patients on lifestyle modifications, and coordinating follow-up care.
- Participated in the interpretation of laboratory results and diagnostic imaging, gaining proficiency in understanding common medical tests.

**NAWAB SHAHEED GHOUS BUKHSH RAISANI MEMORIAL HOSPITAL MASTUNG – LADY MEDICAL OFFICER  
[13<sup>th</sup> FEBRUARY 2019 – 1<sup>ST</sup> JUNE 2019]**

As a Lady Medical Officer (LMO), my responsibilities included;

- Serving curative services for outdoor and indoor patients.
- Managing common ailments in patients attending outdoor patients
- Maintaining patient records in hospital wards
- Assisting in surgical procedures in the operation theatre.

**BALUCHISTAN INSTITUTE OF NEPHRO-UROLOGY, QUETTA (BINUQ) – MEDICAL OFFICER  
[18<sup>TH</sup> DECEMBER 2019 – 31<sup>ST</sup> MARCH 2022]**

As a Medical Officer, my responsibilities included;

- Conducting comprehensive medical assessments of patients presenting with nephrological and urological conditions, including history-taking, physical examinations, and ordering appropriate diagnostic tests.

- Developing and implementing personalized treatment plans for patients with kidney and urinary tract disorders.
- Supervising and coordinating dialysis treatments for patients with end-stage renal disease (ESRD), ensuring proper dialysis technique, monitoring patient response, and managing any complications that arise during dialysis sessions.
- Providing pre-operative and post-operative care for patients undergoing nephrological or urological surgeries, collaborating with surgical teams to optimize patient outcomes.
- Responding to medical emergencies involving patients with acute kidney injury (AKI), urinary tract infections (UTIs), renal colic, or other nephrological and urological emergencies, and providing timely and appropriate interventions.
- Maintaining accurate and up-to-date medical records, including patient histories, examination findings, treatment plans, progress notes, and discharge summaries, in compliance with institutional and regulatory requirements.

**BOLAN MEDICAL COLLEGE HOSPITAL (BMCH), QUETTA – DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY [POST-GRADUATE TRAINEE] - [1<sup>ST</sup> JANUARY 2022 TO 1<sup>ST</sup> JANUARY 2024]**

As a post graduate trainee for MCPS in Department of Obstetrics & Gynaecology BMCH, my responsibilities include;

- Participating in clinical rotations across various areas of obstetrics and gynaecology, including labour and delivery, antenatal care, gynaecological surgeries, infertility clinics, and high-risk obstetrics.
- Providing comprehensive care to obstetric and gynaecological patients under the supervision of attending physicians, including conducting patient assessments, performing physical examinations, and developing management plans.
- Assisting attending physicians during gynaecological surgeries, including hysterectomies, cesarean sections, laparoscopic procedures, and other surgical interventions, while adhering to sterile techniques and safety protocols.
- Participating in the management of labour and delivery, including monitoring fetal heart rate, assessing labour progress, providing pain relief options, and assisting with deliveries as needed.
- Conducting antenatal visits, performing routine prenatal examinations, and monitoring the health and well-being of pregnant women, including assessing fetal growth and development and providing counselling on prenatal nutrition and lifestyle habits.
- Providing postnatal care to mothers and newborns, including performing postpartum examinations, monitoring for complications, and offering support with breastfeeding, newborn care, and postpartum recovery.
- Participating in the management of obstetric emergencies, such as postpartum hemorrhage, eclampsia, shoulder dystocia, and breech deliveries, by assisting in timely interventions and resuscitative measures.

**ACADEMICS**

**Bachelor of Medicine, Bachelor of Surgery (MBBS) – Bolan Medical College (BMC)**  
2017

**Higher Secondary School Certificate (HSSC) – Pre Medical - Islamia Girls College Quetta**  
2011

**Secondary School Certificate (SSC) – Science - ST. Joseph’s Convent School Quetta**  
2009