# Sajjad Ahmad

**Experience** 6 years 4 mons

Current salary 122000

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#### Personal Information

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Contact No# 03006612882 , 03006612882 Gender Male

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Country Pakistan City Bannu

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kpk

#### Education

COLLEGE OF PHYSICIANS AND SURGEONS PAKISTAN FCPS Internal medicine 2019 - 2022

KHYBER MEDICAL UNIVERSITY, PESHAWAR (AYUB MEDICAL COLLEGE ABBOTTABAD)

MBBS (990/1500) 2010 - 2016

Health and medicine

# Experience

### MARDAN MEDICAL COMPLEX TRAINEE MEDICAL OFFICER 2019 - 2022

My key responsibilities were to

Develop treatment plans for patients with chronic conditions including high blood pressure, diabetes, heart disease, and other problems with internal systems.

Provide care, treatment, and advice for acute health conditions for patients in the family practice setting including infections, injuries, and illnesses.

Lead a team of five resident physicians in the internal medicine department and counsel new staff on procedures and best practices.

Treated illnesses in a family clinic setting by administering prescription medicines, recommending specialized care, or providing therapy.

Reviewed medical records and charts of each patient before and during a visit to understand health history, record actions, and maintain accurate information.

Achieved top patient satisfaction scores on post visit surveys, including 98% being highly satisfied with their medical care and advice Diagnosed specific medical conditions based on observation, physical examination, wellness history, and patient concerns.

Recognized by the hospital of employment as one of the top new residents in the program with high marks from colleagues and patients.

Collaborated with attending physicians and other residents when delivering top-quality medical care in a fast-paced emergency room department in a hospital.

Provide direct medical care within the outpatient clinic.

Exceptional patient experience and efficient use of resources and 100% outpatient care.

Completes all required documentation accurately, timely and thoroughly in accordance with department standards and to comply with electronic medical record requirements, including medication reconciliation, finalizing notes, clearing out personal pool.

Participate in Clinical Outcomes Program and work towards meeting organizational targets for all metric.

Demonstrated proficiencies in providing screening medical exams, primary care and urgent care to adolescent, adult and geriatric patients in accordance to standards of care.

interpret EKGs

give impressions of x-rays (prior to being read by radiologist)

supervise advanced practice clinicians and the occasional medical student or junior resident physician. staff a unit with the scope of a general hospital medical flow.

Performs history and physical assessments as indicated by history and symptoms of patients.

Developing a plan of treatment/care for the patient that also includes counselling and education of patient about the natural history of his disease, ongoing treatment plan for his, future complications of his, prognosis of his disease and follow-up visits.

Communicating with other Healthcare providers related to diagnosis, treatment and plan for the patient either verbally and/or through documentation in the medical record.

Experience using Electronic Health Records systems.

Effective communication with strong interpersonal skills and team work.

USAID DOCTOR 2019 - 2019

>health facilities assessment (HFA)

One month experience of Work with USAID in health facilities assessment HFA program of kpk primary health care centers. Where our primary goal was to assess various health facilities in lakki Marwat district. The aim of this assessment was to make report about the available resources at that centers and write report about the required resources including both human resources and others logistics resources and to help higher authorities in estimation of the difference between the two things.we visit three randomly selected BHUs in lakki Marwat district and then we complile data according to the proforma of USAID and then we submitted that data to concern department.

#### CARE INTERNATIONAL ORGANIZATION PAKISTAN HEALTH OFFICER 2018 - 2018

six months experience as health officer in care international organization in north waziristan.my key responsibilities were both treatment ,prevention and surveillance of communicable diseases.works to improve and restore the health condition of fragile communities in conflict zones. Help local health authorities in timely notification of communicable diseases and also to help them in use of electronic DEWS (diseases early warning system). our key responsibilities were diagnosis of some most common infectious diseases like leishmania, diphtheria, and malaria, TB,polio etc treatment of that diseases and notifying them to local health authorities and WHO so that they can take proper measurement for the prevention of infectious diseases. Help and guide local health authorities and community in proper utilization of health resources. Monitor immunization or vaccination program like EPI and other vertical program like TB control program, HIV control program, malaria control program at different health facilities in North Waziristan. We arrange capacity building workshop for health authorities to increase their knowledge about different communicable disease prevention of communicable disease and surveillance of of communicable diseases. We work with local health authorities to improve both active and passive surveillance as surveillance is the key to eradication of certain diseases.

#### BANNU MEDICAL COLLEGE DEMONSTRATORS 2017 - 2018

9 months teaching experience as demonstrator in bannu medical college. Where I teach public health or community medicine or preventive medicine to medical college students. I teach to medical college students about epidemiology and descriptive studies, prevention of infectious disease like malaria, dengue fever, polio, tuberculosis etc and noninfectious diseases Like hypertension, ischemic heart disease, stroke, and diabetes etc, surveillance, active surveillance passive surveillance and AFP surveillance, communication, Barrier of to best communication, management of disaster, disaster preparedness, purification of water on large scale and small scale, family planning, method of contraception, mother and child health, IMCI integrated

management of childhood illness, type of studies, research methodology, epidemiological investigation of epidemics diseases ,health system of Pakistan concept of health micro planning and macro planning, types of surveillance etc. Public health basically focus on prevention of disease planning of health system, research about different health problems.

## AYUB TEACHING HOSPITAL ABBOTTABAD HOUSE OFFICER 2016 - 2017

One year house job experience where I have worked as house officer for one year in tertiary care hospital of Pakistan.My key responsibilities were management of both indoor and outdoor patient documentation of daily progress report of indoor patient and presentation of that report to supervisor. Supervision of nurses and paramedics staffs and follow up of laboratory report of indoor patient.

# Skill

Windows 8/2000XP (Installation & Trouble Shoot) Proficient in using Microsoft Office (Word, Excel, P Good Lost used -

Certification

Introduction to computer and internet From (CPSP(college of physicians and surgeons Pakistan)) - 7th December, 2020
Research methodology biostatistics and article writing From (CPSP(college of physicians and surgeons Pakistan)) - 30th November, 2020
Communication skills From (CPSP(college of physicians and surgeons Pakistan)) - 29th November, 2020
<b>Leadership development</b> From (PGMI ( post graduate medical education) Peshawar) - 8th October, 2020
management of tuberculosis From (National TB control program)

- 8th May, 2020