



GULZADI

PERSONAL PROFILE STATEMENT:

An articulate and quick-thinking young person who has a natural flare for being able to communicate and build relationships with potential clients and colleagues. I am creative, innovative and willing to contribute ideas and professional opinion to any project. I am a determined individual who possess a great desire to contribute to the on- going success of any office. Graduated in Human Nutrition and Dietetics, I have gained many transferable skills and knowledge that can be used in a wide section of roles and industries.

Qualification:

Bachelors (Hons) in Human Nutrition and Dietetics – 2018-2022 CGPA 3.73

Karakoram International University Gilgit, BALTISTAN

Intermediate or Equivalent – 2016-2017 2nd

Division

Hasegawa Memorial Public School and Degree college Karimabad Hunza, Gilgit, Pakistan

Matriculation or Equivalent – 2014- 2016 2nd Division

Hasegawa Memorial Public School and Degree college Karimabad Hunza, Gilgit, Pakistan

Experience

July 2022- continuous

- Working as Nutritionist in child and mother complex hospital (RHQ)

Jan 2023– June 2023

- 6-month course in clinical Nutrition from Shifa International Hospital Islamabad

25 April - 25 June 2022

- Done 2-month internship at Chughtai Medical Center Faisalabad

17 Jan 2022 – 17 Feb 2022

- Done 1 month internship at Hassan Lakhani hospital, Rawalpindi



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2 Nov 2021 – 15 April 2022

➤ Done 6 months internship at PHQ hospital Gilgit

Responsibilities:

- Screening patients for nutritional risk
- Developing medical nutrition therapy
- Evaluating client's health needs.
- Discussing nutrition and eating habits with clients.
- Best nutrition plan for clients
- Helping client's manage disease
- Monitoring clients progress

Skills

Excellent communication and interpersonal skills • M.S office, Web browsing, Ready to adopt challenges, good managing skills, creativity and critical thinking.

Language

English • Urdu • Local Languages of Gilgit-Baltistan

