



# Haroon Ul Islam

Doctor

## Contact

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## Skills

Patient Health Education



Business Growth



Clinic Administration



KPI Tracking



Public Dealing



Clinical education



PMDC, Reg # 20761-N

Dedicated, knowledgeable and compassionate doctor with seven years of clinical experience as a primary care provider and a passion for medical education. Demonstrated proficiency in diagnosing and treating diverse patient populations across various medical specialties. Possesses two years of teaching experience, fostering a collaborative learning environment and mentoring medical students. Proven track record of providing high-quality patient care while staying abreast of the latest medical advancements. Committed to continuing professional development and contributing to the advancement of medical knowledge and practice

## Work History

2017-03 -

Current

### Medical Officer

*Health Department Khyber Pakhtunkhwa, Swabi, Khyber Pakhtunkhwa, Pakistan*

- Providing Primary Care services in 20-bedded Rural Health Center, that is open 24/7, with patient flow of 80-120 patients per day( including OPD patients, indoor admissions and emergencies).
- Conducting thorough medical assessments, examinations, and diagnostic evaluations for patients presenting with wide range of acute and chronic health conditions.
- Developing and implementing personalized treatment plans for patients, including medication management, lifestyle modifications, and referrals to specialists when necessary.
- Providing preventive care services such as vaccinations, health screenings, and wellness exams to promote overall health and wellbeing.
- Educating patients about their medical conditions, treatment options, and preventive measures to empower them to make informed healthcare decisions.
- Collaborating with multidisciplinary healthcare teams, including nurses, specialists, and allied health professionals, to ensure coordinated and comprehensive patient care.
- Participating in quality improvement initiatives, clinical audits, and continuing medical

education activities to enhance clinical outcomes and patient satisfaction.

- Demonstrating professionalism, compassion, and empathy in all interactions with patients, families, and colleagues, and adhering to ethical and professional standards of medical practice.
- **VOLUNTARY WORK:**
- Worked as Union Council Medical Officer, leading teams of paramedic, social workers, school-teachers and volunteers to plan and conduct campaigns for eradication of Polio and measles.
- Worked as team leader of Rapid Response Team during COVID-19 pandemic, collected samples as frontline worker, and contributed in formulation and implementation quarantine strategies.

2017-01 -  
2017-04

### **Assistant Anaesthetist**

*Anaesthesia Department, Hayatabad Medical Complex, Peshawar, Khyber Pakhtunkhwa, Pakistan*

- Managed time efficiently in order to complete all tasks within deadlines.
- Cultivated interpersonal skills by building positive relationships with others.
- Assisted with day-to-day operations, working efficiently and productively with all team members.
- Demonstrated creativity and resourcefulness through development of innovative solutions.

2015-05 -  
2016-12

### **Lecturer**

*Rehman Medical Institute RMI, Peshawar, Khyber Pakhtunkhwa, Pakistan*

- Used variety of learning modalities and support materials to facilitate learning process and accentuate presentations.
- Evaluated and revised lesson plans and course content to achieve student-centered learning. Developed and implemented innovative teaching strategies to engage students in lectures and coursework.
- Utilized distance learning technology to instruct students remotely.
- Created and graded quizzes, tests, homework,

- and projects to provide students with timely academic progress information and feedback.
- Mentored more than 500 students of MBBS, BDS and Physiotherapy, and provided them career counseling, which proved vital in their future academic achievements.
  - Managed large class sizes effectively, maintaining orderly learning environment conducive to student success.

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## Education

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2024-02

### **Diploma in Diabetes Management: Diabetes**

*College of Family Medicine - Karachi, Sindh, Pakistan*

Diabetes The College of Family Medicine - Karachi, Pakistan College of Family Medicine Pakistan is an organization of Family Doctors / General Practitioners in Pakistan. On 1st January 1974, College of Family Medicine Pakistan become a Foundation Direct Member of the World Organization of National Colleges Academies and Academic Associations of General Practitioners / Family Physician i.e. (WONCA). College of Family Medicine Pakistan started its online classes in 2014. The College is running face to face in classroom as well as online classes which are accessed by GPs across the country & abroad for their skill building. 6 months Certificate Course in Diabetes Management "Fighting Diabetes" is one the several programs they offer

2021-01

### **Diploma in Family Medicine: Family Medicine**

*Khyber Medical University - Peshawar, Khyber Pakhtunkhwa, Pakistan*

Family Medicine Khyber Medical University - Peshawar, Pakistan This is 50-week course aims at orienting family physicians on the principles and elements of primary care services including the clinical management of common medical problems. Clinical placement is eight weeks, can be done during the course period depending on the

clinical experience of the students. Participants are exposed to important concepts applied in primary care with an emphasis on family medicine approach as well as they get introduced to recent updates in the management of common medical problems. This enables them to provide a comprehensive, continuous and evidence-based patient-centered health care to individuals in their communities. Participants have an orientation week followed by six modules. Assessment consists of two, end of course, MCQs and OSCE exams. Candidates who pass the final MCQ exam are entitled to attend the OSCE exam. Clinical placement will be for 8-10 weeks. The modules are divided into different weeks, whereby each week covers specific topics pertinent to primary health care. The course follows blended learning format with both face to face and online learning method to deliver the course. This approach minimizes the face to face teaching and learning time to enable busy physicians to learn as much as possible in the comfort of their home environment.

2019-06

### **Master of Public Health: Public Health**

*Abdul Wali Khan University - Mardan, Khyber Pakhtunkhwa, Pakistan*

The Abdul Wali Khan University Mardan (AWKUM) (Urdu: *جامعہ عبد الولی خان مردان*) is a public university located in the Mardan District of the Khyber-Pakhtunkhwa province of Pakistan. Established in April 2009, the university is named after Abdul Wali Khan, a prominent personality of Khyber Pakhtunkhwa. This institution has forty nine institutions affiliated with it. The university started in an already-built postgraduate college of Mardan. It has nine campuses and more than ten thousand students enrolled in thirty one disciplines as of 2015.

2014-03

### **Bachelors of Medicine And Surgery: Medicine, Surgery And Allied**

*Kabir Medical College - Peshawar, Khyber Pakhtunkhwa, Pakistan*

Kabir Medical College - Peshawar, KP, Pakistan  
Kabir Medical College is the first medical college established in private

sector, in October 1995 at Peshawar. The Kabir Medical College, Peshawar offers an undergraduate course in medicine (MBBS) designed to equip students with knowledge, skills, attitudes and behaviour necessary to understand and influence factors that effect the health of individuals and of communities. The curriculum conform to the requirements of Pakistan Medical and Dental Council (PMDC) and covers a period of five year

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## Certifications

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- Certificate of Family Practice speciality Rotations conducted by APPNA Merit Committee ( duration of course was one year )
- Certificate in Communication Skills / Breaking Bad News, Organized by Institute of Public Health & Social Sciences, KMU
- Certificate for attending the 2nd International Public Health conference on WIND OF CHANGE: Public Health Innovations for Healthier Nation, Held on 25th Feb 2020.
- Certificate in Insulin Initiation in Treatment of Diabetes, organized by AIMS Pakistan & Diabetes Association KPK, Held on March 14, 2019.
- One day training certificate for Infection Prevention & Control.
- Research work done on "Breast cancer " 2011-2012
- Certificate of active services towards Gandhara Magazine 2012 as Co-editor Pashto section.
- Certificate of Continuing Medical Education i.e. CONSTRUCTING INTEGRATED MODULE FOR MBBS.
- Attended workshop on "Communication skills & breaking bad news" at Khyber medical university organized by Department of family medicine on February 25, 2020.