



# HASINA PARVEEN

## About Me

### PERSONAL PROFILE STATEMENT:

Hard working motivated, and enthusiastic person. Effective time management skills and the ability to prioritize tasks in order of importance. Ability to produce consistently accurate work even whilst under pressure. Ability to plan, organize, and work in time.



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Gahkuch, Pakistan

## Language

- English
- Urdu
- Shina (basic)

## Expertise

- Good managing skills
- Communication skills
- Organized
- Ready to adopt new challenges
- Critical Thinking
- Computer skills (MS PowerPoint, Excel, Word)

## Experience

### Nutritionist (2021-2022 )

Worked with the Department of Health Gilgit Baltistan in the Nutrition Programs.

Intern from 2nd November 2021 to 15th April 2022.

### Clinical Dietitian Shifa International Hospital, Islamabad

Completed a 6-month intensive course in Clinical Nutrition, focusing on diet patient assessment, and evidence-based nutrition practices.

### Nutrition/IYCF Counseling Officer

Serving as nutrition/IYCF counseling officer at DHQ Hospital Gahkuch Ghizer from 22th Nov, 2023 - ongoing

## Education

### Karakorum international university Gilgit

BS (Hons) Human Nutrition and Dietetics  
2018-2022


### Army public school & college, Gilgit

Higher Secondary School Certificate  
2017

### Army public school & college, (Hayat Shaheed)

Secondary School Certificate  
2014

## Skills Summary

Managing skills  78 %

Managing skills  81 %