PERSONAL INFORMATION



Hussain Ali

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AIM

To work at an organization where my skills and experience could make a positive impact on the society.

WORK EXPERIENCE

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Sep 2024- Present

Nutrition International

Provincial Coordinator- Scaling up MMS Program Nagar, GB

Advocacy, Planning (Trainings), Liaison and support the Health Department GB for successful implementation of multiple micronutrient supplementation in district Nagar GB to overcome maternal anemia which will lead to better birth outcomes and maternal and infant mortality.

Sep 2019- Sep 2024

Nutrition Program, Health Department Government of Gilgit-Baltistan

Tehsil Health Education & Education Officer

Anthropometric screening of lactating mothers and children under 5 years of age. To ensure provision of therapeutic food (to severely malnutritioned children) and mineral supplements (to moderately malnutritioned children).

Training the staff of agriculture, livestock and fisheries about the need for balanced diet as well as dissuading the said departments to engage communities in villages about food resilience and modern ways to grow and process food in harsh cold areas of Northern Pakistan.

Capacity building trainings for healthcare providers in the community like Lady Health Workers about food safety, hygiene and ways to overcome malnutrition in communities.

School and college visits to check the lunch and meal quality as well as conducting awareness sessions about healthy foods and that foods to avoid for human health.

Liaison with local administration to check the food processing small industries and making sure that compliances were met and that food items distributed in communities posed minimal health hazards.

During the course of COVID-19 pandemic served at quarantine centers established across the province where I was responsible for meal management, mental health support as well as health hygiene supervisor. Later served at the **Provincial Disease Surveillance & Rapid Response Unit (PSDRRU)** Gilgit to provide project management services and data services as well as strategic and logistic support to

overcome and curtail the spread of COVID-19. Worked with close coordination with WHO Covid-19 consultants to enforce SOPs related to vaccination, Data processing and storage.

April 2017- May 2019

Economic Transformation Initiative Gilgit-Baltistan Program Admin

Worked with IFAD (International Fund for Agricultural Development) an organization dedicated to reform lives of communities by enabling people to grow food themselves and change their quality of life.

May 2015- April 2017

Association for Community Development Clinical Psychologist

Worked with DR-TB patients for their psychosocial support and counselling. As well as advocacy against containment of tuberculosis.

April 2014 – Dec 2014

Family Health Hospital Gilgit

Youth Helpline Counselor

Worked at aforementioned NGO under the project GBYHL (Gilgit Baltistan Youth Help Line). With responsibilities of :

Providing telephonic as well as face to face counselling services for youth on: psychosocial issues, SRH (Sexual and Reproductive Health), gender based violence, child sexual abuse and career guidance issues.

Jan 2013- April 2014

Women Development and Welfare Association

Consultant clinical Psychologist and motivational speaker. Counselling and group counselling adolescents and youth against psycho-social issues.

May 2013 – Dec 2013

Aga Khan Rural Support Program, Gilgit (Pakistan)

Counseling Officer

Providing counselling services on: Emotional, Behavioral and Psychosocial issues experienced during adolescence.

Provide sexual and reproductive health (SRH) education/services.

Counseling adolescents against: Emotional, Behavioral and Social issues.

EDUCATION/TRAINING

Dec 2011- June 2013

Masters in Behavioral Sciences

Karakoram International University University Road Gilgit, 15100 Gilgit (Pakistan) www.kiu.edu.pk.

(Distinction holder, Gold Medalist)

Clinical Psychology: Mental disorders, diagnostic criteria to treatments via medication, psychotherapy and counselling studied.

Counselling: Complete counselling skills in practicum and theory covered to help clients cope with various problems.

Psychological Assessment: Assessing clients and target populations

via assessment tools and methods

Sociology and Anthropology: Study of holistic human behavior.

Sept 2008- Sept 2011

B.Sc (Bachelor Of Science)

FG Post Graduate College For Men H/8 Islamabad

Subjects:

Zoology, Botany and Geography.

Mar 2005- July 2007

HSSC (Higher Secondary School Certificate)

F.G Degree College For Boys Jutial Gilgit

Mar 2003- June 2005

GCE (O-levels)

Army Public School and College Gilgit.

Communication skills

Sound communication skills. Skilled trained counselor and group counselor. Ample experience in counseling and community sessions as well as public speaking exposure through trainings and seminars.

skills

Organizational/ Managerial Organized the Nutrition program on district level for 5 years including communication, trainings as well as monitoring and evaluation of program. During the course of this time I have been able to hone my managerial skills. Especially during the COVID-19 pandemic when I was tasked as a manager for the whole guarantine center in Gahkuch Ghizer. During this time I have been honored to learn and gain needed experience in management and managerial skills. Experience of work during emergency situations.

Volunteering/Leadership

Volunteer IRCS (International Red Cross) and (Ismaili Volunteer Corps) Blood donor volunteering .Member youth Delegation China 2014. Represented university in Beijing.

Job-related skills

Computing (MS Office), Communication, Monitoring & Evaluation, Project Management.

References:

To be furnished upon request