



IRFAN AHMED

M.B.B.S DOCTR

MY CONTACT

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Babu Muhalla Ward Number 3 Pishin
Balochistan

EDUCATION

Matriculation | 1995 – 2007

T.F.G.SCHOOL PISHIN, Pishin

F.SC | 2008 – 2011

Degree College Pishin, Pishin

M.B.B.S | 2011 – 2017

Yangtze University Jingzhou
Hubie China, Jingzhou

PERSONAL INFORMATION

- Father Name • Muhammad Iqbal
- CNIC • 54303-7032906-3
- Date of Birth • 29-12-1990
- Gender • Male
- Marital status • Single
- Religion • Muslim
- Nationality • PAKISTANI
- License no • B-7332-b

SKILLS

- General medicine**
- Clinical Assessment:** Ability to conduct thorough patient assessments, including history-taking, physical examinations, and interpretation of diagnostic tests, to arrive at accurate diagnoses.
- Diagnostic Skills:** Proficiency in interpreting diagnostic tests, such as laboratory results, imaging studies (X-rays, CT scans, MRIs), and other diagnostic procedures, to guide treatment decisions.
- Evidence-Based Medicine:** Understanding and application of evidence-based medicine principles to incorporate the latest medical research and guidelines into clinical practice.
- Differential Diagnosis:** Skill in generating and prioritizing a list of potential diagnoses based on clinical findings and diagnostic test results to effectively manage patients presenting with various symptoms.
- Medication Management:** Knowledge of medication classes, dosages, side effects, and drug interactions to prescribe medications safely and effectively.

ABOUT ME

Dynamic and compassionate M.B.B.S. graduate with a strong foundation in medical theory, clinical practice, and patient care. Possessing a comprehensive understanding of anatomy, physiology, pharmacology, and medical ethics. Dedicated to providing high-quality healthcare services with a focus on patient well-being and safety. Skilled in performing thorough medical assessments, diagnosing illnesses, and developing effective treatment plans. Proven ability to communicate complex medical information clearly and effectively to patients and interdisciplinary healthcare teams. Committed to continuous learning and staying abreast of the latest advancements in medical research and technology. Seeking a challenging position where I can leverage my medical expertise and interpersonal skills to contribute positively to the healthcare industry.

PROFESSIONAL EXPERIENCE

INTERNSHIP | 2016

CIVIL HOSPITAL QUETTA

Key responsibilities:

- Clinical Rotations:** Rotating through various departments such as internal medicine, surgery, pediatrics, obstetrics and gynecology, etc., to gain hands-on experience in different medical specialties.
- Patient Care:** Assisting in the diagnosis and treatment of patients under the supervision of senior medical staff. This might involve taking patient histories, conducting physical examinations, ordering tests, and administering treatments.
- Ward Rounds:** Participating in daily ward rounds with attending physicians to discuss patient progress, treatment plans, and any necessary adjustments to patient care.
- Emergency Care:** Assisting in the emergency department, responding to medical emergencies, and providing initial stabilization and care to critically ill or injured patients.
- Documentation:** Maintaining accurate and up-to-date patient records, including medical histories, examination findings, test results, and treatment plans.

House officer | 16-06-2022

Pakistan institute of medical sciences Islamabad

Key responsibilities:

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- Patient Care:** Assisting in the diagnosis and treatment of patients under the supervision of senior medical staff. This involves taking patient histories, conducting physical examinations, ordering diagnostic tests, and providing appropriate treatment.
- Ward Rounds:** Participating in daily ward rounds with attending physicians to discuss patient progress, treatment plans, and any necessary adjustments to patient care.
- Emergency Care:** Responding to medical emergencies and providing initial assessment and management of critically ill or injured patients in the emergency department.
- Documentation:** Maintaining accurate and up-to-date patient records, including medical histories, examination findings, test results, and treatment plans.
- Procedures:** Assisting in various medical procedures under supervision, such as venipuncture, wound care, suturing, and basic surgical procedures.
- Patient Education:** Educating patients and their families about their medical conditions, treatment options, and follow-up care.

- **General**
- **Communication Skills:** Effective verbal and written communication abilities are crucial for conveying information clearly, listening actively, and collaborating with others.
- **Problem-Solving Skills:** The capability to identify problems, analyze situations, evaluate options, and implement solutions efficiently and effectively.
- **Critical Thinking:** The ability to objectively analyze and evaluate information, arguments, and situations, considering multiple perspectives to make informed decisions.
- **Adaptability/Flexibility:** Being open to change, able to adjust quickly to new circumstances, and adapt one's approach or mindset as needed.
- **surgery**
- **Manual Dexterity:** Surgeons must have excellent hand-eye coordination and fine motor skills to perform precise maneuvers during surgery.
- **Instrument Handling:** Proficiency in handling various surgical instruments is crucial for performing procedures efficiently and safely.
- **Tissue Handling:** Surgeons must be skilled in manipulating tissues delicately to minimize trauma and achieve optimal surgical outcomes.
- **Suturing and Knot-Tying:** The ability to suture wounds and tie knots effectively is essential for closing incisions and achieving hemostasis.
- **Burns care**
- **Assessment:** The ability to assess burn injuries accurately is crucial. This includes determining the depth and extent of the burn, assessing associated injuries, and estimating the total body surface area (TBSA) affected using tools such as the Rule of Nines or Lund and Browder chart.
- **Wound Management:** Skills in wound care are essential, including debridement of devitalized tissue, cleaning the wound to prevent infection, and applying appropriate dressings or topical treatments to promote healing.
- **Oncology**
- **Symptom Management:** Oncology healthcare providers must be skilled in managing cancer-related symptoms such as pain, nausea, fatigue, and other treatment-related side effects to improve patients' quality of life during and after treatment.
- **Palliative Care:** Competence in providing palliative care to alleviate suffering and improve the quality of life for patients with advanced or metastatic cancer. This includes symptom management, psychosocial support, and addressing patients' spiritual and existential concerns
- **Ent**
- **Endoscopic :** Proficiency in using endoscopes for diagnostic and therapeutic purposes in procedures such as sinus surgery, laryngeal surgery, and endoscopic skull base surgery
- **Audiology and Vestibular Assessment:** Knowledge and skills in assessing hearing loss and balance disorders, including interpreting audiograms, performing vestibular function tests, and managing conditions such as Meniere's disease and benign paroxysmal positional vertigo (BPPV).
- **Pediatric ENT Care:** Competence in managing common pediatric ENT conditions, such as recurrent ear infections, tonsillitis, adenoid hypertrophy, congenital anomalies, and airway disorders.

LANGUAGES

- ENGLISH
- URDU
- PASHTO
- Chinese

Medical Officer | (PPHI-B) | 1 YEAR

Company IRC international rescue committee

- worked as a medical officer involved in daily general opd arranged free medical camps with free medicine in rural areas provided community with winterization kits dignity kits to pregnant females

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- **Procedures:** Assisting in various medical procedures under supervision, such as venipuncture, wound care, suturing, and basic surgical procedures.
- **Patient Education:** Educating patients and their families about their medical conditions, treatment options, and follow-up care.
- **Interdisciplinary Collaboration:** Collaborating with nurses, pharmacists, allied health professionals, and other members of the healthcare team to ensure coordinated and comprehensive patient care.

Medical Officer|(PPHI-B)|8 MONTHS

Thrata (bhu bazar e kon) Bill & Melinda Gates Foundation

- Worked as medical officer and in charge of basic health unit. Catch up with routine Immunization of population around 3000. Submitted weekly surveillance reports on measles and acute flaccid paralysis. Daily general opd included

Key responsibilities:

- **Primary Healthcare Delivery:** Providing primary healthcare services to the community served by the Thrata Basic Health Unit (BHU), including preventive care, health promotion, maternal and child health services, immunizations, family planning, and treatment of common illnesses.
- **Community Health Outreach:** Conducting community health outreach activities to raise awareness about key health issues, promote healthy behaviors, and facilitate access to healthcare services among underserved populations.
- **Routine Clinical Consultations:** Conducting routine clinical consultations with patients, including history taking, physical examinations, diagnosis, and treatment, in accordance with evidence-based medical guidelines and protocols.
- **Antenatal and Postnatal Care:** Providing antenatal and postnatal care services to pregnant women, including prenatal check-ups, monitoring of high-risk pregnancies, and postpartum care to ensure maternal and newborn health.
- **Child Health Services:** Delivering child health services, including growth monitoring, immunizations, nutritional counseling, and management of common childhood illnesses, to promote child health and development.
- **Family Planning Services:** Offering family planning counseling and services, including contraceptive methods and reproductive health education, to empower individuals and couples to make informed choices about their reproductive health.
- **Health Education Sessions:** Conducting health education sessions and community workshops on various health topics, such as hygiene, sanitation, nutrition, maternal and child health, and disease prevention, to promote health awareness and behavior change.
- **Data Collection and Reporting:** Collecting and documenting healthcare data, including patient information, medical consultations, treatment outcomes, and health indicators, using electronic health records or paper-based systems, and preparing regular reports for program monitoring and evaluation.

REFERENCE

- Reference will be provided on demand