

Irum nasreen chouhan

Amazon Virtual Assistant

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Pull Bazaar,
Sahiwal,
Pakistan

Summary

My extremely innovative capabilities, zeal, and zest cum effort as an active participant of a highly motivated and goal-oriented team.


In partnership with governments, civil society, technical agencies, the private sector and people affected by the diseases, we are challenging barriers and embracing innovation.

Meetings with Health Authorities (HA) constitute mile stones in the drug development process.

Skills


Analytical Skills | Client Dealing | Collaboration | Communication and Coordination Skills | Communication Skills | Communication Strategy | Community Building | Community Engagement | Community Health | Compliance Reporting | Coordination Skills | Coordination and Reporting | Coordination Skills | Cultural Sensitivity | Data Analysis | Data Analytics | Data Collection & Reporting | Data Management | Data Management Skills | Data Monitoring | Database Management | Field Monitoring | Flexibility | Fluent in English | Gas Generator Knowledge | Grievance Handling | Human Resource Management | Influential Communication | International Sales | Interpersonal Skill | Interpersonal Skills | IT Skills | KOBO Toolbox | Labour Laws | Leadership Collections Handling | Leadership Skills | Listening Skills | M&E | Maintain Confidentially | Marketing | Microsoft Excel | Microsoft Office | Mobilization | Monitoring | MS Excel | MS Office | Presentation Skills | Preventive TB Treatment | Program Design | Program Management

Experience

Sep 2022 - Present  **Amazon Virtual Assistant**
Rhino solutions, Sahiwal, Pakistan

I have the skills and expertise to help you succeed. I provide a range of services, including product research, keyword research, listing optimization, PPC advertising, and more.

Feb 2024 - Feb 2024  **National Observer**
Election commission of Pakistan (FAFEN), Sahiwal, Pakistan

The role of an observer is to observe the election process and, as appropriate, ask procedural questions of election officials, challenge the eligibility of individual voters or the manner in which votes are counted, and lodge protests with election officials 

Oct 2023 - Oct 2023  **Researcher**
Caritas, Sahiwal, Pakistan

Training them - especially in small-scale farming - is at the heart of Caritas' work to ensure that they can feed their families properly and stay healthy. Caritas distributes drought resistant seeds, provides wells to support sustainable irrigation systems and builds granaries and flood defenses. Caritas also sets up community gardens, where women farmers are particularly encouraged to plant new and more varied crops. This helps them to adapt to our changing climate and to have a surplus to sell. Caritas gives them help with equipment and credit. Access to markets is a key Caritas concern. This means helping farmers with transport, financial capital and the skills and knowledge to know where and when to sell their goods for the best price. It sounds easy. But it's not for the very poorest farmers who may live in remote areas. So Caritas helps them work in cooperatives to share their skills and knowledge and also to improve their yields. Moving people beyond the uncertainty and poverty of subsistence agriculture - which in turn leaves them more vulnerable to extreme weather - is a major Caritas goal. Provide cow sheds, to smallholder farmers in Niger by boosting production

Sep 2023 - Sep 2023  **Assistant Trainer**
CHIP Training & Consulting (UNICEF), Sahiwal, Pakistan

Travel to district Sahiwal and Pakpattan

EPI covers vaccination services implemented in order to ensure the immunization of all vulnerable age groups by preventively reaching out to them before they contract and develop infectious diseases: pertussis, diphtheria, tetanus, measles, rubella, mumps, tuberculosis, polio, chickenpox, hepatitis A, hepatitis B

May 2021 - Aug 2023  **TB DOTS Program (PPM)**
Association for Social Development, Sahiwal, Pakistan

1. **The Global Fund is a partnership designed to accelerate the end of tuberculosis epidemics.**
2. **In partnership with governments, civil society, technical agencies, the private sector and people affected by the diseases, we are challenging barriers and embracing innovation.**
3. **Meetings with Health Authorities (HA)** constitute mile stones in the drug development process.

Chest camps arrangement in rural area ,

Social Mobilization: As well as the community leaders and other stakeholders to become more actively involved in detection, encouraging screening and TB treatment support. Orientating Advocates, opinion leaders and key influencers for effective TB control.

Data consolidate, All soft data , hard data maintain, Responding e-mails and other communication.

Training concerned local persons in maintaining records, organizing savings, and developing plans (prior to actual training) for the utilization of skill training at the community level. Drafting letters, briefs, Summaries etc.

Directly observed treatment, short-course (DOTS, also known as TB-DOTS) is the name given to tuberculosis (TB) control strategy recommended by the World Health Organization. According to WHO, "The most cost-effective way to stop the spread of TB in communities with a high incidence is by curing it.

All-oral shorter treatment regimens for multidrug-and rifampicin-resistant tuberculosis (MDR/RR-TB): Evaluating their effectiveness, safety, feasibility, cost-



effectiveness, and impact on the quality of life of patients in Pakistan

Through program support, DR-TB patients in many districts will now be able to get a free-of-cost diagnosis, treatment, follow-up assessment.

Jan 2021 - Jan 2021



Surveyor

INSTITUTE FOR PUBLIC OPINION RESEARCH (IPOR), Sahiwal, Pakistan

Travel to district chiniot, Qasoor, Okara, Pakpattan

To offer high-quality advisory services and conduct excellent and independent research designed to produce new knowledge and transformative insights as the basis for innovative and practical policy interventions that promote the well-being of societies, especially in the developing world

Nov 2020 - Dec 2020



Supervisor (Team Leader)

TPVICS (Aga Khan University), Sahiwal, Pakistan

Travel to district Sahiwal, Okara, Pakpattan

1. Immunizations are given at birth, and then at 2, 4, 6 and 12-18 months of age. Booster doses of diphtheria, tetanus, and pertussis (DTP), polio, and measles, mumps and rubella (MMR) are needed again between ages 4 and 6. The first measles vaccine must be given on or after the first birthday.
2. The Expanded Programme on Immunization (EPI) was launched in Pakistan in 1978 to protect children by immunizing them against childhood tuberculosis, poliomyelitis, diphtheria, pertussis, tetanus and measles.

Jan 2020 - Sep 2020



Supervisor

Sustainable Development Policy Institute, Sahiwal, Pakistan

NSER National Socio-Economic Registry

cluster 3 (SDPI)

As a result of this huge exercise, a National Socio-Economic Registry (NSER) was established containing basic information on household size, education, employment, disability, assets, etc.

Aug 2019 - Dec 2019



Data Entry Operator

Sehat Sahulat Program, Sahiwal, Pakistan

Sehat Sahulat Program is a milestone towards social welfare reforms; ensuring that the identified under-privileged citizens across the country get access to their entitled medical health care in a swift and dignified manner without any financial obligations.

Dec 2016 - Sep 2018



Teacher

Perfect Cadet High School Sahiwal, Sahiwal, Pakistan, Sahiwal, Pakistan




Plan, prepare and deliver instructional activities that facilitate active learning experiences.

develop schemes of work and lesson plans.

establish and communicate clear objectives for all learning activities.

prepare the classroom for class activities.



- Mar 2014 - Feb 2015  **Teacher**
 Babul Ilm High School Sahiwal, Sahiwal, Pakistan, Sahiwal, Pakistan
- plan, prepare, and deliver instructional activities that facilitate active learning experiences.
- develop schemes of work and lesson plans.
- establish and communicate clear objectives for all learning activities.
- prepare the classroom for class activities.
- May 2013 - Dec 2013  **Web Developer**
 Macropaks solutiion, Sahiwal, Pakistan
- I am a PHP Developer responsible for the creation and implementation of a wide variety of web-based products using PHP, JavaScript, MySQL and AJAX, HTML, CSS.
- Feb 2011 - Apr 2013  **Computer Operator**
 anex, westpoint, Sahiwal, Pakistan
- Analyzing information and evaluating results to choose the best solution and solve problems.
- These changes maintain the number of regular employees at the previous level of ... computer continues to be close to schedule except for the general ledger ... The computer operator/clerk has completed basic training in word processing

Education

- 2020  Allama Iqbal Open University (AIOU)
 Masters of Education , Islamic studies
 Quran and Tafseer, Teaching Learning Strategies
- 2018  College of Tourism and Hotel Management Lahore(Cohtm)
 Diploma , Professional cook
 Professional Cook
 Completed
- 2015  Babauddin Zakariya University
 Masters in Public Administration , pol science
 Political Science
 Percentage: 55%
- 2010  Govt Women College Sahiwal (Baha-ud-din Zakariya University)
 Bachelors in Arts
 Business Economics, Education, ARABIC
- 2006  Govt Women College Sahiwal (BISE Multan)
 Intermediate/A-Level
 Economics, Civic, Physical Education
- 2004  Banat ul Islam High School Sahiwal (BISE Multan)
 Matriculation/O-Level
 General Science, Home Economics, ARABIC

Projects

NSER

<https://bisp.gov.pk/Detail/NzI5YTMtYjE1My00NGUwLTgwYTItZWUwYTZkYWZjYmNj>

- NSER Survey 2018-19 (Update)

In July 2015, BISP board approved an update of BISP's 2010-11 national roll-out database and initial discussions and planning meetings were held afterwards. It was decided that NSER update will be carried out in two phases; Phase-I and Phase-II (national rollout) through Computer Assisted Personal Interviewing (CAPI).



In addition to a shift from paper-based interviewing to CAPI, NSER enhanced its assessment indicators included in PMT.

TPVICS

https://www.aku.edu/news/Pages/News_Details.aspx?nid=NEWS-002002

- Strengthening Pakistan's immunisation system

Low vaccine coverage across the country poses a variety of problems for the country's health system. These range from the persistence of polio - which has been eradicated outside of Pakistan, Afghanistan and Nigeria - as well as the prevalence of preventable diseases such as childhood tuberculosis, hepatitis B and types of pneumonia and measles.

Languages

Punjabi
Expert

English
Expert

Urdu
Expert

