



DR. LUBNA NAUREEN

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Objective:

To enhance my professional skills, capabilities and knowledge in an organization which recognizes the value of hard work. To manage patients to gain knowledge, enhance my clinical skills and broaden my vision through exposing myself to a new better medical setup.

Work Experience:

- **Nutrition Officer CIFF Project of UNICEF with Department of Health AJK** 01/10/2024 – till date
- **Nutrition Supervisor of IYCF Counsellors UNICEF Benazir Nashunoma Program Department of health AJK** across 10 Districts of AJK funded by UNICEF on Severely Acute Malnourished Children of AJK and their interventions. 15/ 11/2023 – 30/09/2024
- **House Job SKBZ CMH Muzaffarabad** 15/6/2022 - 15/6/2023

Clinical Rotation in following specialties:

Ward	
OPD	
Emergency	
○ General Surgery	3 Month
○ Gynecology	1 Month
○ Neurosurgery	1 Month
○ Orthopedic	1 Month
○ General medicine	3 Month
○ Cardiology	2 Month
○ Pediatrics	1 Month

Procedural Skills:

- Ascetic Tap
- NG insertion
- Foley's Catheterization
- Taking IV line
- Pleural Tap
- Suturing of wounds
- ETT
- Electrical cardioversion
- ABGs

• Facilitator and Trainer Nutrition cell Department of Health AJK	2023-2024
• MARQ School and Academy English Language Teacher	2016
• Pakistan US Alumni Network AJK Chapter Youth group Director and Alumni member	2014- 2016
• Youth Exchange and Study Program and English Access Microscholarship Program Department of States US Embassy Alumni Member and Volunteer	2011- 2013

Education:

University of Health Sciences Lahore

- MBBS AJK Medical College Muzaffarabad (Gold Medalist in 1st and 5th year MBBS,
- Distinctions in 3rd and 4th MBBS 2016-2022

Board of Intermediate and Secondary Education Mirpur Azad Kashmir

- FSC Pre-medical Punjab Group of Colleges Muzaffarabad AJK 2014-2016

Northrop High School United States of America

- Youth exchange and study program (YES Alumna batch 11) 2013-2014

Board of Intermediate and Secondary Education Mirpur Azad Kashmir

- Matriculation 2011-2013

Skills

Excellent communication skills, Administration and leadership qualities, Empathetic, Team player, ACLS, BLS, MS Word, Excel and PowerPoint Presentation skills, Patient confidentiality, Primary Medical Care, Medical Examinations, Treatment Planning, Patient Management, Differential Diagnosis, Basic Surgical, Pediatrics and gynecological procedures, Pharmaceutical Knowledge.

Achievements & Awards:

- District Master Trainer of Training on Multiple Micronutrients Supplementations (MMS) from 4th -5th Sep 2024 by Ministry of National Health Gov of Pakistan, UNICEF and Nutrition International.
- Facilitator at Refresher Training of Nutrition Counselors on Infant and Young Child Feeding (IYCF) and Social and Behavior Change (SBC) funded by UNICEF and Department of Health AJK From 10th-11th June 2024.
- PUAN Conference on Building the workforce of the future from 29-30th Nov 2023 funded by Exchange Alumni.
- Basic First AID Training by Azad Jammu and Kashmir Medical College from 31st May -1st June 2022
- Seminar on CKD by SKBZ/CMH Muzaffarabad on 22 Dec 2022(8 CME hours)
- Hepatology updates by Pakistan Society of Hepatology on 27 Aug 2022
- Screening and Diagnosis of Breast Carcinoma by SKBZ/CMH Muzaffarabad on 13th Sept 2022
- SYNCH Solidarity among young nation and change Webinar on Tobacco and COVID-19 on 21st May 2020 (01 CME Hour)
- 4th Annual Symposium at Azad Jammu Kashmir Medical College from 23- 25th Aug 2017
- Imparting Disaster Management Education Through Safety Skills by Pakistan educational leadership institute at Plymouth state university on 17- 19 June 2012
- Basic Computer Course at computer training Centre Majeed SRE from 1st June - 1st July ,2007
- Student leadership development program at Read Foundation Muzaffarabad (9th -11th April, 2011)
- Alumni member Pakistan US Alumni network AJK Chapter 2013 to 2024

Personal Details:

- Date of Birth : 09/12/1996
- Gender : Female
- Father Name : Raja Imtiaz Ahmed Khan
- Marital Status : Single
- Nationality : Pakistani
- Religion : Islam

Languages and Hobbies:

- Urdu, Arabic
- English
- Hindko
- French
- Traveling, Meditation, Reading, Writing, Exercises and photography,