**Dr. Muhammad Shiraz Ali**

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# Career Objective

As a dedicated and compassionate doctor, I aim to facilitate patient care by providing comprehensive, empathetic, and evidence-based medical services. I am committed to

continually polishing my clinical skills and expanding my medical knowledge to ensure the highest quality of care for my patients. My objective is to foster a supportive and healing environment, enhancing patient outcomes and contributing positively to the healthcare community.

# Educational Background

* **MBBS 2017 – 2022**

**Ayub Medical College Abbottabad**

* **FSc Pre-Medical 2014-2016**

**Edwardes College Peshawar**

# Work Experience

* **HO (House Officer) July 2023- June 2024**

**Hayatabad Medical Complex Peshawar**

As a House Officer, I was responsible for monitoring over 30 beds, ensuring each patient received attentive and personalized care. My duties included recording vital signs, assessing patient conditions, and managing their treatment plans in accordance with medical guidelines. I worked closely with senior medical staff to ensure timely interventions and effective management of various health issues, contributing to the overall well-being and recovery of my patients.

During this time, I gained diverse experience through my rotations in different wards, including:

* **Medicine July 2023-Sept 2023**
* Recording Vitals
* Maintaining DPR
* Participating in academic rounds
* Managing Acute Conditions
* Performing Lumbar Puncture
* Blood Sampling
* Passing IV line
* Presentations
* Learning Examinations

**Pead Oct 2023-Dec 2023**

* Learning Danger Signs
* Diagnosis of Acute Conditions and its Management
* Effective Nebulization
* Learning about timely Vaccinations
* Paediatric Examinations
* Blood Sampling in Pead
* Measles and other infectious diseases management
* Counselling about breastfeeding
* **Orthopaedics and Spine Unit Jan 2024-March 2024**
* Interpretation of Radiological Investigations
* Diagnosing of bone Fractures and its management
* Applying Back Slabs
* Learning Paediatric Orthopaedics
* Diagnosing Sports Injuries
* Attended Daily Morning Presentations
* Effective Pain Management
* Managing Trauma
* Treating Hemodynamic Shocks
* Mastering bone fracture Fixators
* Diagnosing and Managing Compartment Syndrome
* Assessing Neurovascular Injury
* **General Surgery April 2024-June 2024**
* Management of Surgical Emergencies
* Surgical Preparation
* Pain Management in Post Op Patients
* Application of Stoma Bag
* Wound Dressing
* Applying Sutures
* Catheterizations
* Passing NG Tube
* Surgery Shadowing
* Digital rectal examination

# Other Experiences

* **Hands-on workshop on Basic Life Support**

Delivered a hands-on workshop on Basic Life Support (BLS) in collaboration with Rescue 1122. This workshop focused on teaching essential life-saving techniques, including CPR, the use of AEDs, and other critical emergency response skills. Participants received practical training and guidance to effectively handle emergency situations, ensuring they are well-prepared to provide immediate assistance in life-threatening scenarios.

* **Founded EChild Help (2019-Present)**

I founded Echild Help to create a safe and supportive platform for children to speak up against child abuse and seek the help they need. The initiative aims to provide resources, counselling, and support services to empower children and ensure their voices are heard. Through Echild Help, we strive to raise awareness about child abuse, advocate for children's rights, and connect affected children with the appropriate assistance and protection.

* **Arranged Awareness Seminars**

I arranged a series of awareness seminars focusing on crucial topics such as Child Mental Health, Academic Excellence, and Parenting. These seminars aimed to educate and inform parents, teachers, and caregivers about the importance of mental well-being in children, strategies for achieving academic success, and effective parenting techniques. By bringing together experts and community members, the seminars provided valuable insights, practical advice, and resources to support the holistic development and well-being of children.

* **Volunteer in Sahil NGO**

I worked as a volunteer with Sahil, an NGO dedicated to child protection. My role involved supporting various initiatives aimed at safeguarding children from abuse and exploitation. I participated in awareness campaigns, educational programs, and outreach activities designed to empower children and educate communities about child protection issues. Through my volunteer work, I contributed to creating a safer environment for children and promoting their rights and well-being.

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# Achievements

* **Best House Officer Award**
* **Best Volunteer Award at Sahil NGO**
* **1st position in interschool declamation contest**
* **Organizer of basic life support workshop for 200 students**
* **Project leader for awareness on child abuse and its prevention**
* **Collaboration with aptechmedia on account of echildhelp**

# Hobbies

* Playing Cricket ● Hiking.
* Traveling
* Socializing with Different people.
* Watching English movies and documentaries.
* Learning New Skills.