

DR. MUHAMMAD ARSALAN KHAN

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EDUCATION

PLAB 1/ UKMLA-1 (United Kingdom Medical Licensing Assessment)

Pass. Dated 08 August 2024

Ayub Medical College, Khyber University Abbottabad, Pakistan

Bachelor of Medicine, Bachelor of Surgery June 2022

Govt Degree College No.2 Bannu

Faculty of Science, pre-medical studies

Grade: A+ (970/1100, 88%)

BISE Bannu, Pakistan

July 2015

PROFESSIONAL EXPERIENCE

Professional Experience

House officer/ ATH Abbottabad (1st July 2023 – 30th June 2024)

Ayub Teaching Hospital is 1275 bedded tertiary care teaching hospital affiliated with Khyber Medical University, with 24 hours emergency services. The institution is accredited by College of Physicians & Surgeons Pakistan (CPSP) and Pakistan Medical Commission (PMC) for imparting FCPS, MCPS Training and House Job in various specialities.

- 3 months rotation in **Dermatology** unit
- 3 months rotation in **Medical "A"** unit
- 3 months rotation in **Surgery "A" unit**
- 3 months rotation in **Trauma & Orthopaedic Surgery unit**

KEY SKILLS

MEDICINE

- Performed duties in ward, outpatient and emergency under the supervision of the consultants
- Attended daily rounds and maintained progress report of patients
- Performed procedures: IV cannulas, blood sampling, ABGs, CPR, Ascitic tapping, lumbar puncture, Foleys catheterization, nasogastric tube, pleural tapping, Lumber puncture, COVID PCR sampling and assisted in passing CVP line.

DERMATOLOGY

- Performed duties in ward, outpatient under the supervision of the consultants
- Attended daily rounds and maintained progress report of patients
- Performed procedures including Skin biopsy, Cryotherapy, Warts removal, Plasma Pen, intralesional injections, PRP under supervision of senior doctors.

SURGERY

- Performed duties in ward, outpatient and emergency under the supervision of consultant
- Performed history taking and examination and maintained the daily progress report of patients
- Performed appendectomy, abscess drainage, sebaceous cyst removal, stitching, circumcision, dressing and debridement, DRE, applied stoma bag
- Scrubbed in wide variety of major and minor surgeries as an assistant with senior consultants

TRAUMA & ORTHOPAEDIC SURGERY

- First aid of all trauma emergencies including RTA , HOF
- Care of indoor patients as well as attended outpatient and emergency
- Performed procedures like wound management, manipulation, reduction, I&D , POPs, back slabs, U-slabs, buddy taping and assisted major orthopaedic surgeries like DCP, DHS, PHR/THR, ORIF, arthroscopic knee and hip procedures.

RESEARCH EXPERIENCE Department of Community Health Sciences, Ayub Medical College Abbottabad, Pakistan

Research Student September-October 2021

- Performed a cross-sectional study “*Level of Burnout amongst Gynaecology Residents of Ayub Teaching Hospital, Abbottabad*”
- A cross-sectional survey based on Maslach Burnout Inventory questionnaire ☑ Results were obtained and complied with using IBM SPSS.

TEACHING EXPERIENCE

Provided personalized tutoring and mentorship to peers to prepare for the OET proficiency test, offering tailored guidelines to enhance their language skills and exam performance.

PROFESSIONAL AFFILIATIONS

Shimla Medical & Welfare Organization, Active Member **Ayub Medical College, ATD**
Organised medical camps in various rural areas, organised blood donation camps and drives, 2017-2023 Conducted
health awareness and and education sessions for rural communities

ADDITIONAL SKILLS

- **Computer:** Microsoft Office, Adobe Photoshop, Videography
- **Languages:** English (Proficient), Urdu (Proficient), Pashto (Native)
- **Laboratory:** Specimen handling, Histological slide preparation, Light microscopy

LICENSE AND CERTIFICATIONS

Registered Medical Practitioner
Pakistan Medical and Dental Council

Workshop (8 CME hours) **Ayub Medical College, ATD**
“*Beyond Blood Sugar: A Holistic Approach to Diabetic Care*” 2023

Stanford Medicine Online Certificate (2.50 AMA PRA Category 1) <i>“Identifying and Responding to Developmental Delay Young Children”</i>	Stanford University School of Medicine 2024
Stanford Medicine Online Certificate (2.50 AMA PRA Category 1) <i>“Musculoskeletal Primer for the Non-Orthopedist”</i>	Stanford University School of Medicine 2024
Stanford Medicine Online Certificate (1.75 AMA PRA Category 1) <i>“To Prescribe or Not To Prescribe? Antibiotics and Outpatient Infections”</i>	Stanford University School of Medicine 2024
Stanford Medicine Online Certificate (1.50 AMA PRA Category 1) <i>“Congenital Hypothyroidism: What Every Primary Care Provider Needs to Know”.</i>	Stanford University School of Medicine 2024
Seminar by District Emergency Operations Centre District Peshawar (WHO, UNICEF, GOVT KPK, YDA) <i>“Role of Doctors in Polio Eradication Program”</i>	5 Sept, 2024 PGMI Peshawar
DCPE-CME Hour (Webinar) 1.00 AMA PRA category 1 credit <i>“Pharmacological Approaches to Obesity Management”</i>	The Agha Khan University, Karachi 19 Sept, 2024

REFERENCES

Available on request