

# Muhammad Jalal Arif

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Clinical Psychologist



## Main OBJECTIVES

Expertise in mental health and research knowledgeable and qualified psychologist conducting comprehensive psychological evaluations, developing custom treatment plans, and providing professional individual and group psychotherapy. Dedicated to serving clients in a meaningful way, listening to their concerns, and helping them learn how to approach their mental, emotional, and behavioral problems to provide help facilitate social, vocational, and personal adjustment to allow them to lead more meaningful and fulfilling lives. Psychological interviews and psychometric tests, psychological intake history to evaluate the clients' problems. Clinical and counseling assessment, neuropsychological assessment test of intelligence and its measurement.

## EDUCATION & QUALIFICATION

<i>Matric</i>	<i>Science</i>	<i>2014 to 2016</i>	<i>873/1100</i>	<i>The QPS Zaida Swabi</i>
<i>Intermediate</i>	<i>Fsc pre-engineering</i>	<i>2016 to 2018</i>	<i>715/1100</i>	<i>The Peace College Swabi</i>
<i>Bachelor</i>	<i>Bachelor in Psychology</i>	<i>2019 to 2023</i>	<i>3.48/4.00</i>	<i>IIUI (ISLAMABAD)</i>
<i>Hafiz Quran</i>		<i>2006 to 2008</i>	<i>98/100</i>	<i>Jamia MK Swabi</i>
<i>MS office</i>		<i>2010 to 2011</i>	<i>420/550</i>	<i>SIIT Swabi</i>

## ONLINE COURSE (WHO)

Clinical management of rape  
Psychosocial support in emergencies

## EXPERIENCE

**Team member (Social worker 4/2/2017 to 4/2/2019)  
World Health Organization (WHO)**

- ❖ I have worked in WHO project Polio as team member in District Swabi.
- ❖ We have a task to vaccinate the street children and homes.
- ❖ We have a task to vaccinate 160 homes children from age one to five.
- ❖ Our responsibilities is covering the missing, not available and refusal child.
- ❖ Polio virus addicted peoples I reported to polio coordinator and health officers.
- ❖ If any Disable person found that they disability from past six month I reported them.
- ❖ Along with lady health worker and police I face challenges and hurdles.

## **Clinical Psychologist 4/3/2021 to 10/3/2021**

### **Bacha Khan Medical Complex Swabi**

- I have worked in Bacha Khan medical Complex Swabi as internee
- To provide good treatment plan and diagnose the clients
- Giving counseling and psychotherapy

## **SKILLS**

### **SKILLS**

- o Good communication – written and oral skills
- o Psychological assessment and diagnosis
- o Case management and report writing
- o Counseling and conflict resolution
- o Giving good treatment plan to the clients

### **COMMUNICATION SKILLS (LANGUAGE)**

- **Pashto:** Best in writing, reading& speaking.
- **Urdu:** Best in writing, reading& speaking.
- **English:** Best in writing, reading & good in speaking.

## **SOFTWARES SKILLS**

- ✓ MS Office from NITB
- ✓ Excel
- ✓ SPSS
- ✓ PowerPoint
- ✓ Adobe Photoshop
- ✓ Adobe Illustrator

## **HOBBIES & INTERESTS**

- Badminton
- Reading newspaper
- Health Research
- Traveling

## **REFERENCE**

Personal and professional references will be provided when required.