MUHAMMAD REHAN ANWAR

Address: Stiana Road, Faisalabad, Pakistan Email Address: arehan86@gmail.com

Mob No. 0300-7960489



GENERAL INTRODUCTION (I have been ex employee of Chip Training & Consulting)

I have multidisciplinary experience like Industry, consultancy and NGOs. I comply local and internal laws on safety and environment in organizations. Currently I am working HOD (Manager) Compliance & Sustainability in revamped Chenab Limited. Previously, I was working as EHS Consultant for Oil & Gas, Chemicals and Textile sector across Pakistan and Gulf Countries. Recently I have Lead EHS department of Interloop Limited (Apparel's all 3 units) for around 5 years. Started these units from base to 100% compliance level of the customers like adidas, Target & JCP etc. I have done Master degree in Environmental Sciences along with NEBOSH IGC and LAC45001. I have total hands-on experience of around 10 + years including Textile and Oil & Gas Industry in UAE. Expertise in Health and Safety, Environmental Management & Social Compliance, ESG, Sustainability, CSR and QMS.

ACADEMIC BACKGROUND

■ B.S.(Hons) Environmental Science (4 years) (Major degree-job specific & technical attributes)

Government College University Faisalabad, Pakistan 2005-09

■ MSc Gender Studies (supporting degree-works additionally for gender mainstreaming & social attributes in corporate culture)

Allama Iqbal Open University Islamabad, Pakistan. 2011-13

PROFESSIONAL CERTIFICATIONS

■ International General Certificate in Occupational Safety and Health (NEBOSH)	2014
■ Lead Auditor Course on ISO 45001	2021
■ Awareness Certificate on LAC ISO 9001	2021
 Awareness Certificate on LAC ISO 14001 	2021
 Approved Environmental Report Writer by Dubai Municipality 	2024
■ Office Management (MS Office) Diploma	2010
 Air and noise Pollution Dispersion Modelling 	2017 & 2023

PROFESSIONAL EXPERIENCE

Chenab Limited (Jul 2024 to date)

Position: HOD (Manager) Compliance & Sustainability



- Development of policies and procedures in revamped stage of Chenab Limited.
- Leading Made ups, Garments, Processing & Energy divisions in perspectives of HSE, Sustainability and Chemical management.
- Conducting Customer COC and certification audits.

- Recently conducted Oekotex STeP and 100 standards audits at the facility.
- Major role in leading sustainability matters and to reorganize organograms and structures as per latest compliances requirements.
- Working on CSR and ESG program managing the current revamped stage.
- Internal audits and objectives setting for improvement in HSE culture.
- Vendors evaluation to meet latest COC requirements.

Interloop Limited (Jan 2019 to Nov 2023)

Position: Functional Lead – EHS/Compliance (Divisional EHS Head)

Location: Faisalabad

- Developed and implemented EHS policies and procedures at company Level.
- Lead and conducted external and internal audits as per the requirements of Customer's COCs, Certification Standards and Company Policies/SOPs (COC =adidas, JcPenney, Target, Kik, PVH, Kontoor Brands etc. and Certifications = SA8000, WAP. SMETA 4 Pillar, BSCI, SLCP, C-TPAT, HIGG FEM etc).
- Ensured company social and HSE compliance level according to the social certification of SA800, WRAP, Higg FEM, Higg FSLM, BSCI and SLCP and many others.
- Vendor evaluation on EHS and Social Standards to comply the customer's requirement up to T2 suppliers and awareness up to T3 level suppliers.
- Implementation of a mechanism to avoid issues regarding zero tolerance issues out of social labor standards like, Child Labor, Forced Labor, Sexual Harassment, Grievance Mechanism and Handling, Wages and benefits, Freedom of Association, Health Safety and Environment and other all elements fall under social standards.
- Sustainability target setting and reporting at divisional level.
- Data collection, analysis and comparative study for dashboard visibility and efficiency improvement.
- Emission reduction roadmap planning in accordance with Science Based Targets initiative.
- GHG inventory management and alignment with GHG protocol standard.
- Effluent treatment plants gap analysis for efficiency improvement.
- Sustainability awareness campaigns at group level like "Say Zero to Plastic" and social media campaigns.
- Waste mapping and planning for zero waste to landfill targets.
- Trainings and awareness sessions for Sustainability initiatives.
- Lead the installation of Fire Hydrant System, Fire Alarm System & Public Address System in 3 units of company.
- Conducted trainings to all stakeholders on social standards along with EHS requirements.
- Monitoring the operation of effluent treatment plant (ETP) for maintaining the effluent parameters well within limits as per NEQS.
- Trainings on ZDHC, Bhive and other requirements of Chemicals Management for Chemical and textile suppliers.
- Keep liaison on sharing of EHS/Social/Sustainability compliance information among customers, internal



departments and vendors.

- Monitor the company's operations, processes and procedures to ensure that they comply with Environment, health and safety regulations.
- Conducted and reviewed Risk assessment on all aspects of compliances i.e. H&S, Environment and Social.
- Responsible for Chemicals Management within the organization and ensure compliance to ZDHC RSL/MRSL.
- Ensured LTIs are less than the company wide set target.
- Investigation and reporting on accidents and related incidents, recommending any changes that may be necessary to ensure that the company complies with health and safety regulations.
- Implementation of EHS procedures like Emergency Preparedness and Response, Evacuation plans, Fire Emergency Drills, Work Permits and keeping up to date Company Safety Manual.
- Provide any necessary training to managers and staff to ensure that they comply with all Environmental, Health and Safety requirements.
- Conducted QMS audits for customer's technical requirements regarding product safety.
- Held PDCA for major customer complaints and major non-conformities.
- Ensured process flows process wise till end product and final storage.
- Ensured document control system throughout division level like on Policy, Procedure, Manual and Work Instructions etc.

Applus Velosi (MNC) (August 2017 to December 2018)

Position: Environmental and HSE Engineer

Location: UAE-Abu Dhabi

- Provision of HSEIA (Health, Safety and Environmental Impact Assessment) Studies and Audits for renowned clients in versatile industry of UAE including Oil & Gas.
- Implementation of ADNOC and Environment Agency Abu Dhabi Codes of Practice for HSE Studies and audits.
- Preparation of HSEIA reports through different studies like ENVID, HAZID, OHID, WMP, EMMP, HSEMS, EIA and COMAH etc.
- Running of Air Dispersion Modeling software to assess air pollutants for upcoming years of a proposed project.
- Carrying out Hazards identification and Risk assessment to eliminate / minimize health and safety related threats through correspondence with concerned personnel.
- Preparation of Hazards and Effects Register and Aspect and Impact Register to identify Major Accident Hazards for the facilities.
- Safety Audits for Fall Objects of Oil Rigs.
- Trainings on HSE topics on requirement to different clients/industries.
- Preparation of Environmental Impact Assessment/Statement (EIA/EIS) Studies.
- Preparation of Environmental Impacts Identification (ENVID) Workshops and Reports.
- Preparation of Occupational Health Risk Assessment (OHRA) reports.



- Noise monitoring and Assessment Studies.
- Conduction of Environmental Baseline Survey of ground water, soil, air and noise for clients.
- Assistance in tendering and proposals for different clients in different projects of HSE.
- Working as consultant strengthened my ability to perform well in any company with specific SOPs.

- Chup Training and Consulting (Jul, 2013-Jun, 2015)

Positions: Communication Officer on EPI.

Location: Faisalabad, Pakistan

■ Responsibilities:

- Responsible for overall polio eradication and EPI program for Union council assigned.
- Leading the team daily and campaign based activities.
- Conducting follow-up visits for campaigns and team work.
- Corner meetings with all types of influencers.
- Performed duties of DHCSO as per need.
- Meeting with DCO for overall campaign performance.

UN Environmental, Health and Development Sector (Oct, 2010-Sep, 2012)

Positions: WASH Officer/ Water Quality Analyst/ Communication Officer on EPI.

Location: Pakistan-KPK, AJK, Punjab, Sindh

- Worked at multiple positions; Water Quality Analyst/WASH Officer/EPI Communication Officer which put capability of professionalism in myself in different organizations.
- Versatile experience with different communities all across Pakistan including AJK, KPK, Coastal Sindh and Southern & Northern Punjab.
- Liaison among UN, District/Provincial governments and Community for Water Sanitation and Hygiene services and migrants tracking for EPI, Basic Health & Hygiene.
- Worked in renowned organizations/INGOs working on Environmental Health and development sectors across the world.
- Drinking water quality analysis of all areas of Pakistan regarding all necessary physical, chemical and biological parameters.
 - Hygiene promotion and awareness sessions, walks and seminars at community level.
- Mobilization of communities towards EPI and Polio vaccination for infants and women especially.
- Converted around 1000 refusal families/individuals for EPI and Polio vaccination.
- Rescue, Rehabilitation and Development phases for affected communities during 2005 earthquake in AJK & KPK and 2010-11 Floods in Southern Punjab & Coastal Sindh.





ACHIEVEMENTS

- I have learnt abilities of multi-tasking during my diversified professional tenure of about 10+ years.
- Completion of all projects in UAE and Pakistan (mentioned in projects table below).
- Training of BREEZE AIRMOD Air Dispersion Modeling Software.
- Versatile experience with different communities all across UAE & Pakistan including AJK, KPK, Coastal Sindh and Southern & Northern Punjab.
- International General Certificate in Occupational Safety and Health from NEBOSH UK.
- Lead Auditor course in ISO 45001.
- Procurement and installation of Fire Hydrant System, Fire Alarming System and public Address System.
- Provision of safe drinking water to beneficiaries of earthquake affected areas of AJK & KPK through 3700 water supply schemes.

PROFESSIONAL TRAININGS

- One Day Training on ZDHC for Textile Industry at UET Lahore, FSD Campus.
- Online Training Session on Higg Index FEM 3.0 by WWF & Ozone Group.
- Online Training Session on Material Flow Cost Accounting- An Environmental Management Tool by WWF.
- BREEZE AIRMOD Software Training for Air Pollutants Dispersion Modelling.
- Incident and Accident Investigation Training by Applus+ Velosi and Interloop Limited.
- 2 Day Training on Internal Auditing by Applus+ Velosi.
- 2 Days Training on Hazards Identification and Environmental Risk Assessment by Applus+ Velosi.
- 2 Days Training on Environmental Management System by Applus+ Velosi.
- Training on Code of Ethics and Policies by Applus+ Velosi.
- 1 Day training on Stress Management by Interloop Limited.
- 1 Day training on C-TPAT requirements.
- 2 Days Gender and Environment Professional Training by Interloop Limited.
- Training on WASH in Emergencies by UNICEF.
- EPI Training by UNICEF and 2 Days Interpersonal Communication Skills Training by UNICEF.
- Basic Life Support & Fire Safety from Punjab Emergency Service (Rescue 1122), Pakistan.
- 3 Days Workshop on EMS and EIA by GC University, Faisalabad.
- Trainings on Uniform behaviors.
- Water Quality Testing Training by Islamic Relief UK.
- "Grow to Care" Professional training by Schuitema Germany.
- A lot of external trainings in Interloop like on "Diversity & Inclusion, Stress Management, Leadership etc."

REFERENCES

References could be furnished on demand.