

MUHAMMAD TARIQ



"To leverage my expertise as a dedicated Safety Officer, Applying in-depth knowledge of fire prevention strategies, emergency protocols, a risk assessment methodology to safeguard individuals and property. Committed to maintaining superior standards of safety and fostering a proactive culture of prevention and readiness within the organization."

📍 Street No 18/29 Faizabad, Teh & Distt Faisalabad

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Education

- * **Bachelor in Arts**
University of Punjab, Lahore
- * **Diploma in Fire Fighting**
Fire Fighter Training School, PAF
- * **Station Fire Officer Course**
Civil Defense, Islamabad
- * **Fire safety Course**
LICQual, United Kingdom
- * **Fire Fighter supervisor Course**
Fire Fighter Training School, PAF
- * **NEBOSH IGC Health, safety & Environment**
Nebosh UK.
- * **IOSH Managing Safely**
IOSH UK.
- * **OSHA Industrial Safety**
OSHA Academy UK.
- * **First Aid Course**
LICQual UK.
- * **Risk Assessment Course**
LICQual UK.
- * **Environmental Management Course**
LICQual UK.

Core Competencies

- * Reviewing and implementing safety policies and procedures.
- * Hazard identification, risk assessment, and control.
- * Local and international safety regulations compliance.
- * Investigating accidents to determine root causes and prevent recurrence.
- * Developing and implementing emergency response plans.
- * Conducting fire and safety training sessions, workshops, and drills.
- * Handling of building, warehouses, machines, oil and gas and chemical fires.
- * Performing regular safety audits and inspections.
- * Understanding environmental regulations to minimize impact.
- * Analyzing safety data to identify trends and develop strategies.
- * Leading by example and fostering a culture of safety.
- * Safety requirements and compliance.
- * Fire emergency planning and drill coordination.
- * First aid, firefighting, and evacuation training.
- * Arson prevention planning and implementation.
- * Emergency response coordination.
- * Collaboration with the safety committee.
- * Medical first aid.

Experience

- * **Mar, 2024 to Nov, 2024** serve as Assistant Manager Fire & Safety with Synergy Packaging (Pvt) Limited Bin Qasim Port Karachi.
- * **2019 - 2024:** Held the position of **Fire & Safety (HSE) Officer** in Pakistan Air Force. Managed safety operations, enforced compliance with safety guidelines, and coordinated emergency response procedures. Contributed to a significant improvement in safety metrics over a five-year period.
- * **Prior to 2019:** have **15+ years'** experience as a **Fire Safety Trainer and Supervisor** and aviation fire fighter. Led comprehensive training programs on fire safety, supervised safety drills, and maintained high standards of safety awareness and preparedness.
- * Also have security and admin supervisor experience as I have served in my military service.