



# Dr. Muhammad Zubair

General Physician and Chest Specialist with Extensive Experience in Emergency and Critical Care.

## Contact

Dir (Lower), Khyber Pakhtun Khwa - Pakistan

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## Personal Information

Father Name: Fazal Maula  
CNIC: 15302-4080092-3  
Nationality: Pakistan  
Religion: Islam  
PMDC Reg #: 23678-N  
MCPS PUL-20-M10740  
Pulmonology:

## Professional Skills

- Preventive care/Quality Assurance
- Diagnosis and Treatment
- LP/NGT/IV Lines/CPR/Thoracostomy/Chest Intubation/Pleural Biopsy
- Ascitic tap & Plueral tap
- Minor Surgical Procedures
- Can read U/S chest reports, CXR, CT brain .
- ECG reading
- Clinical knowledge and expertise
- Patient education and counseling
- Strong communication skills
- Interpersonal Skills
- Passion of Learning new Skills

## Education

- **MCPS in Pulmonology**  
College of Physicians and Surgeons Pakistan CPSP | 01/07/2017 to 30/06/2019
- **House Job**  
Khalifa Gul Nawaz Medical Teaching Hospital, Bannu | 01/04/2016 to 17/04/2017
- **Bachelor of Medicine and Bachelor of Surgery (MBBS)**  
Zhengzhou Medical University China | 18/06/2014
- **F.Sc Pre-Medical**  
Hira School and College Timergara Dir Lower Khyber Pakhtun Khwa Pakistan | 2008
- **Matriculation**  
Wisdom House Public High School Timergara Dir Lower KPK Pakistan | 2006

## SUMMARY

Passionate physician with experience in internal medicine, Pulmonology and hospital settings. Adept in properly diagnosing and strategizing for the best patient treatment plans. Empathetic and professional attitude, committed to providing patients with the best care possible. Experienced in counseling patients on preventative care and positive life style changes. A strong leader who works well under pressure and with other medical professionals. Prefer to work as a team, enthusiastic to listen patient concerns and to ease their issues. Looking for General Physician job to expand the horizons and to perform in the best interest of community.

## WORK EXPERIENCE (7+ years of Experience)

**Ministry of Health Khyber Pakhtun Khwa Pakistan** 10/06/2021 – Till Now  
**General physician /Chest specialist**

- Actively managed and treated a high volume of patients with acute exacerbations of asthma, COPD, pneumonia, pulmonary edema, and acute myocardial infarction.
- Assisted in structural heart disease interventions such as Percutaneous Transvenous Mitral Commissurotomy (PTMC).
- Handled and managed various emergency cases, including hypertension crisis, diabetic ketoacidosis, hyperkalemia, hypokalemia, anaphylactic reactions, neonatal sepsis, and hypoglycemia.
- Treated a range of outpatient conditions, including gastroenteritis, upper respiratory tract infections (viral and bacterial), urinary tract infections, headaches, migraines, fevers, malaria, typhoid fever, chest infections, bronchiectasis, and pulmonary tuberculosis.
- Addressed mental health issues such as depression, anxiety, acute stress reactions, and sleep disturbances.
- Ensured comprehensive patient care by performing thorough physical examinations, ordering and interpreting diagnostic tests, and formulating effective treatment plans.
- Provided preventative care, health education, and follow-up consultations to promote patient well-being.
- Collaborated with multidisciplinary teams to ensure holistic patient care and participated in case discussions and team meetings.
- Implemented protocols for infection control and prevention, contributing to the overall safety and well-being of patients and healthcare staff.

**Doctors Hospital Timrergara Dir Lower, Khyber Pakhtun Khwa - Pakistan**  
07/2019 - 06/2021

**Emergency Medical Officer, CMO**

- Presenting case to seniors and consultants.
- Manage and provide medical care to critically ill patients in the Intensive Care Unit (ICU).
- Monitor patients' vital signs, interpret physiological data, and make timely clinical assessments.
- Administer and adjust medications, intravenous fluids, and other therapeutic interventions.
- Coordinate and collaborate with a multidisciplinary ICU team, including nurses, respiratory therapists, and other healthcare professionals.
- Conduct regular patient rounds, assess progress, and modify treatment plans accordingly.

## Training Courses Attended

### College of Physicians and Surgeons Pakistan

- Introduction to Computer & IT
- Communication Skills
- Basic Life Support (BLS)-American Heart Association
- Certificate in TB management - National TB Control Program Pakistan.
- Certificate in Covid-19 Cases Management - USAID
- Certificate in Emergency Room Trauma Course - International Committee of the Red Cross.
- Certificate in Bronchoscopy - Multan Institute of Cardiology Pakistan
- Certificate in consultation skill - Khyber Medical University KPK Pakistan

## Languages

- English
- Urdu
- Pashto
- Chinese

## Management & Leadership Experience

Experienced doctor with strong leadership skills. Proven expertise in strategic planning, team leadership, and project management. Effective in change management, resource optimization, and decision-making under pressure. Skilled mentor focused on quality improvement and regulatory compliance. Excellent communicator fostering collaboration in healthcare.

## IT Skills

- MS Office
- MS Word
- MS Excel
- Internet Surfing
- Email

## References

- **Dr. zakir ullah ..**  
Assistant professor of paed's medicine  
Timergara Medical College (Dir Lower), Khyber Pakhtun Khwa - Pakistan.  
**Email:** drzakirullah544@gmail.com
- **Dr. Amir Khatak**  
Senior Lecturer  
Bannu Medical College, Bannu – Pakistan  
**Email:** draamirkhattak@gmail.com

## Lady Reading Hospital Peshawar Khyber Pakhtun Khwa - Pakistan

07/2017 – 06/2019

### Resident Physician

Lady Reading Hospital is Government Teaching Hospital Peshawar and is 1400 bedded, territory, referral hospital receiving patients from all over Pakistan & Afghanistan.

Pulmonology unit is a professional unit having 48 beds, Bronchoscopy & Thoracoscopy unit, Pulmonology function Tests. Plethysmography, NIPPV services and Procedure Room where chest intubation, pleural biopsies and pleurodesis are performed. Beside these it runs specialist outpatient clinics and DR-TB clinics.

- Managed cardiac emergencies, chest, and tuberculosis cases efficiently.
- Responded to medical and surgical emergencies promptly and effectively.
- Collaborated with multidisciplinary teams to develop tailored treatment plans.
- Maintained accurate medical records and documentation.
- Participated in medical rounds and case discussions.
- Conducted thorough patient assessments and ordered diagnostic tests.
- Engaged in continuous professional development to stay updated with medical advancements.
- Provided compassionate patient care and support throughout treatment processes.
- Ensured adherence to hospital protocols and regulatory standards for patient safety and quality of care.

## Khalifa Gul Nawaz Medical Teaching Institute, Bannu 10/2016 – 04/2017

### Senior House officer (Medicines and Allied)

- Assist in the management of medical patients under the supervision of senior physicians.
- Conduct thorough patient assessments, including medical history, physical examinations, and diagnostic tests.
- Administer medications and treatments as prescribed by senior medical staff.
- Monitor and record patients' vitalsigns, progress, and response to treatment.
- Collaborate with the healthcare team to formulate and implement patient care plans.
- Attend medical rounds, provide updates on patient conditions, and contribute to treatment discussions.

## Khalifa Gul Nawaz Medical Teaching Institute, Bannu 04/2016 – 09/2016

### Junior House officer (Surgery and Allied)

- Assist in the management of surgical patients under the supervision of senior surgeons.
- Participate in preoperative assessments, including patient history, physical examinations, and diagnostic tests.
- Scrub into surgical procedures, providing support to the surgical team. Perform routine surgical procedures under supervision and guidance. Monitor postoperative patients, assess wound healing, and manage complications as needed.
- Assist in the development and implementation of patient care plans in collaboration with the surgical team.
- Conduct ward rounds, provide updates on patient progress, and communicate effectively with the medical staff