

## Curriculum Vitae

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### Career Objectives:

"Dedicated public health professional with a strong background in data analysis, effective management, and comprehensive field experience, seeking a dynamic career opportunity. Fueled by a passion for improving community well-being, my objective is to leverage my expertise in data-driven insights and adept management skills to develop and implement impactful public health initiatives. With a proven track record of utilizing data to drive evidence-based strategies, combined with hands-on field experience, I aim to contribute to the design, execution, and evaluation of innovative public health programs that address complex health challenges and make a lasting positive impact on populations in need."

### Qualification:

Masters in Public Health

Health Services Academy, Islamabad (Present)

Global Public Health Research (Remote)

Wayne State University, Detroit, Michigan (2022)

Bachelors in Electronics

Quaid-i-Azam University, Islamabad (2019)

### Employment History

#### MicroMerger Pvt. Ltd.

- Data Support Center – *Communication and Reporting Officer*
- Third Party Field Monitoring for TCV – *Field Coordinator*

#### PHC Global Pvt. Ltd.

- COVAX – Provincial Coordinator
- COVID-19 Survey – Provincial Coordinator
- Special Olympics Pakistan – Provincial Coordinator
- Health Care Waste Management – Provincial Coordinator
- Multi-Sectoral Nutrition Strategy – Research Associate
- Anti-Microbial Resistance & Stewardship – Research Associate

- Typhoid Conjugate Vaccine (TCV) – Research Associate

### **Professional Experience:**

- Assisting project management, coordination, quality assurance, and strategy development with context to communicable diseases, nutrition, polio, and special children
- Ability to work with diverse stakeholders, implement project management tools, adhere to guidelines, and contribute to evidence-based strategies for improving deliverables
- Conducted environmental assessments to identify potential health hazards and risks in various settings, such as residential, industrial, or commercial areas.
- Implemented and managed environmental monitoring programs to assess air, water, and soil quality, ensuring compliance with regulatory standards.
- Collaborated with interdisciplinary teams to develop and implement strategies for pollution prevention, waste management, and environmental sustainability.
- Conducted research and analysis on the impact of environmental factors on public health, identifying correlations between exposure to pollutants and specific health outcomes.
- Developed and delivered educational programs and workshops to promote environmental awareness and encourage sustainable practices in local communities.

### **Expertise:**

- Excellent project management skills, including planning, execution, and documentation.
- Strong problem-solving skills and the ability to identify and address environmental health issues effectively.
- Ability to interpret and communicate complex scientific information to diverse audiences.
- Proficient in conducting environmental assessments, risk assessments, and data analysis.
- Strong knowledge of environmental health regulations, policies, and best practices. Experience in using specialized equipment and software for environmental monitoring and analysis.
- Knowledge of environmental impact assessments and environmental management systems.

### **Management**

- Proficiently ensure a safe, secure, and legal work environment
- Develop personal growth opportunities

- Accomplish staff results by communicating job expectations; planning, monitoring, and appraising job results
- Maintain and update activities and share the summaries of activities on a quarter basis
- Provide technical assurance and quality improvement
- Campaign Strategy Development and Field visits and
- Coordination
- Streamline operations and handle public communications, coordination efforts, incident response, and conflict resolution act as contact points for all agency or organizational personnel
- Keep lists of the agencies or personnel representing the person, agency, or organization
- Facilitate meetings and cooperation among people, agencies, and organizations and identify problems in communications among these groups
- collaborate and communicate with necessary constituents and the public

#### **Skills:**

- Epidemiological Skills
- Research and Analytical skills
- Health Promotion and Education
- Biostatistics
- Environmental and Occupational Health
- Leadership and Management
- Crisis Response and Preparedness
- Problem-solving skills
- Public Speaking
- Interdisciplinary Collaboration
- Communication
- Cultural Competency
- Ethical Decision-making
- Budget Monitoring

#### **Publication:**

Perceptions of health care workers on maternal and child health services in Pakistan during COVID-19: A cross-sectional study

#### **Certification:**

1. Communication for Immunization (C4I)
2. Communication for Development (C4D)
3. Tobacco Harm Reduction (THR)

#### **References:**

**References will be furnished on demand**