

Noor Fatima

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Islamabad, Pakistan

SUMMARY

Enthusiastic Dietitian with a Bachelor degree in Human Nutrition and Dietetics and extensive internship experience in diverse healthcare settings. Adept at delivering personalized dietary recommendations, assessing nutritional needs, and collaborating with multidisciplinary teams to support patient health and wellness. Eager to apply my expertise and international background to a Dietitian role in the healthcare sector.

EDUCATION

2019-2023

Bachelors in Science, Human Nutrition and Dietetics

Center of Advanced Studies in Health & Technology, Rawalpindi

- **CGPA: 3.53** High distinction

INTERNSHIP EXPERIENCE

2nd October 2023 - 29 June 2024

Dietitian Intern

Bilal Hospital, Rawalpindi

- Developed and implemented personalized dietary care plans based on nutritional assessments and patient needs.
- Provided comprehensive assessments and crafted individualized nutrition plans for a varied patient demographic.
- Collaborated with the healthcare team to address patient nutritional concerns and track progress.
- Monitored patient weights, skin conditions, and adjusted dietary interventions as needed.

SKILLS

- Nutritional Assessment & Care Planning
- Patient Counseling & Education
- Team Collaboration & Interdisciplinary Communication
- Dietary Modifications & Menu Analysis
- Time Management & Prioritization
- Health & Safety Practices

CERTIFICATIONS

- Certification of appreciation as a volunteer in Food, Nutrition, Healthcare Summit and Expo, 2022 at Pak-China Friendship Center, Organized by National Alliance for Safe Food.
- Participated in a one-day Medical Camp at NCP arranged by AHMWS (Abdul Haq Medical Welfare Society), Islamabad, 2021.
- Certified as an active participant and volunteer in the One Health and Non-Communicable Diseases Event, Islamabad, 2022.
- Dedicated participation in the One Health and Non-Communicable Diseases Event, Islamabad, 2022.
- Appreciation Certificate in one-day medical camp at Chak Baqar Shah, organized by Surya Welfare Trust, 2020.
- Certificate of appreciation in free medical camp at Empire School System, DHMYAL Road RWP, 2020.
- Certificate for actively participating in Sehat Safar Program by Social Welfare and Bait-ul-Maal, Punjab, 2023.
- Certification for Participation in one-day session on topic of Dawn on Modern Nutrition, 2021.
- Participation Certification in one-day session on the topic of Introduction of Physical Therapy, Conducted by AHMWS, 2021.
- Certification for participating in one-day free medical camp conducted by Abdul Haq Medical Welfare Society, 2021.
- Certification for being an active member of AHMWS for month of January 2021.
- One month internship certificate from Abid hospital, 2021
- Two months Internship certificate from National Institute of Health and science, 2022.
- Three months internship certificate from Al Khidmat Raazi Hospital, 2023.