



Dr. OBAID UR REHMAN

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Date of Birth: 16-11-1998

Nationality: Pakistani

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WORK EXPERIENCE

General Practitioner

Al-Falah TB Center, Hashtnaghri, Peshawar

1st August 2024 – Present

- Conducting morning OPD, providing care to a diverse patient population, including infants, children, adults, and elderly patients.

House Officer

Ayub Teaching Hospital, Abbottabad

1st July 2023 – 30th June 2024

- **Plastic Surgery Rotation:** Managed burn injuries, bed sores, performed fasciotomy, debridement, dressing, and provided pre-operative and post-operative care.
- **General Surgery Rotation:** Assisted in common surgeries, performed wound debridement, incision and drainage, hydrostatic reduction, and participated in surgical OPD.

- **General Medicine and Pediatrics Rotations:** Performed NG intubation, urinary catheterization, IV cannulation, blood sampling, CPR, resuscitation, nebulization, suctioning, lumbar puncture, pleural tap, ascitic tap, exchange transfusion, neonatal resuscitation, and provided care in pediatrics ICU and neonatal nursery.

Elective Rotation in Cardiothoracic Surgery

Rehman Medical Institute, Peshawar

1st June 2023 - 30th June 2023

- Worked under Prof. Dr. Azam Jan, observing high-end ICU care, scrubbed in surgeries, performed debridement, dressing, and presented daily progress reports in morning grand rounds.

EDUCATION

Bachelor of Medicine, Bachelor of Surgery (M.B.B.S.)

Ayub Medical College Affiliated with Khyber Medical University, Peshawar

Nov 2017 – June 2023

- Cleared all professional exams on the first attempt with first-division marks.
- Active member of the Research Society and Socrates & Anon Society.

F.Sc. Pre-Medical

Peshawar Model Degree College, Dalazak Road, Peshawar

June 2015 – May 2017

- Scored 86% marks.

Matriculation (Science)

Sir Syed Public School Gulbahar, Peshawar

April 2013 – March 2015

- Scored 85% marks.

CERTIFICATIONS

Neurology Certificate Course

Section of Neurology, Department of Medicine, Aga Khan University, Karachi

10th January 2024 – 6th March 2024

- Completed 24 CME hours on neurological investigations, history taking, and neurology case diagnosis.

Diploma of Information Technology (DIT)

The Communix Institute Hashtnaghri Peshawar, Pakistan

2012 – 2013

- Gained skills in Microsoft Office, basic Photoshop, computer networking, and basic website designing.
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VOLUNTEERING EXPERIENCE

Anon Association

Ayub Medical College, Abbottabad, Pakistan

2021 – Present

- Assisted in mental health outreach programs, workshops, and conferences.

Free Medical Camp for Flood Affectees

Charsadda, Khyber Pakhtunkhwa

July 2022

- Participated in a medical camp, recording vitals, taking patient history, and distributing medication.
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RESEARCH PUBLICATIONS

Assessment of Patient Satisfaction in Inpatient Department of Ayub Teaching Hospital Abbottabad

Published in *The Professional Medical Journal*, Volume 30, No. 07 (2023).

DOI: <https://doi.org/10.29309/TPMJ/2023.30.07.7392>

CONFERENCES & SYMPOSIUMS

- **Malaria: Prevention and Control**, Department of Medicine, Ayub Teaching Hospital, Abbottabad, 28th March 2024, Presented lecture on it.
- **Comprehensive Review of Rabies and Its Prevention**, Department of Medicine, Ayub Teaching Hospital, Abbottabad, 28th February 2024, attended as listener.
- **Beyond Blood Sugar: A Holistic Approach to Diabetes Care Workshop**, Department of Medicine, Ayub Teaching Hospital, Abbottabad, 21st-22nd November 2023
- **International Conference on Health Research 2023 (ICHR-23)**, Rehman College of Dentistry, Peshawar, 20-22nd June 2023, poster presentation, wond third position in quiz competition.

- **National Medical Research Conference**, Ayub Medical College, Abbottabad, 13th May 2023, poster presentation.
 - **Addiction Psychiatry Seminar**, Ayub Medical College, Abbottabad, 9th February 2023
 - **International Conference on Emerging Trends in Emergency Medicine**, AERO Hospital, Wah Cantt, Punjab, 6th December 2022
 - **National Research Conference (Poster Presentation)**, Khyber Medical College, Peshawar, 8th October 2022
 - **Symposium on Peri-natal Psychiatry**, Ayub Medical College, Abbottabad, 20th August 2022
 - **Joint Symposium on Updates of Hepatology and Hepatocellular Carcinoma**, Ayub Teaching Hospital, Abbottabad, 2nd July 2022
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RESEARCH EXPERIENCE

- **Conducted Clinical Audit on Calcium Channel Blocker Use in Medical D Unit in January 2024**, Ayub Teaching Hospital, Abbottabad, 24th January 2024
- **CDC Wonder Database Workshop**, Research Council of Pakistan, 11-13th August 2023
- **Research Methodology Workshop**, Ayub Medical College, Abbottabad, 17th September 2022
- **Meta-analysis Advanced Research Workshop**, Research Council of Pakistan, 3-5th September 2021
- **Research Series**, Student Research Forum (SRF) Agha Khan University Karachi, 23-27th August 2021
- **Basic Research Workshop**, Research Council of Pakistan, 15th August 2021

References: On Demand