



QURAT UL AIN

Public Health Professional

Profile

Dedicated public health professional with a strong ambition to excel as a Disease Prevention and Health Promotion Specialist. Committed to proactively managing disease control and prevention while prioritizing community safety. I aim to champion public health policies, lead campaigns to enhance vaccine awareness and administration, and diligently execute communicable disease surveillance to safeguard the well-being of communities.

Work Experience

- Six month lecturership Educareer Sukkur Sindh.
- GHULAM MUHAMMAD MAHAR MEDICAL COLLEGE CIVIL HOSPITAL, SUKKUR SINDH
Trainee
Led a successful community health awareness campaign that resulted in a remarkable increase in vaccination rates, promoting community-wide immunity.
Coordinated a team that responded effectively to a local disease outbreak, preventing its spread to neighboring communities.
District Health Office, Sukkur
- Trainee
Improved the accuracy and efficiency of health record-keeping.
Successfully coordinated a disaster preparedness workshop for the community, reaching over 150 participants.
Contributed to the development and execution of a public health campaign that increased maternal health service utilization

Projects

Thesis

Prevalence of Self-Medication Practices and Its Associated Factors Among the Students of PUMHSW, Nawabshah (Sindh)

Designed and executed the research project, including data collection and analysis. Conducted extensive surveys and interviews to gather data from a diverse student population.

Presented research outcomes in academic settings and contributed to discussions on healthcare and medication safety.

Capacity-building Sessions

Logical Framework, PUMHS, 2022

Participated as a team that developed a logical framework resulting in improved project planning and execution.

SWOT Analysis, PUMHS, 2022

Learned fundamentals of a comprehensive SWOT analysis that identified strategic opportunities and led to the development of effective action plans.

ONLINE COURSE ON TB MANAGEMENT

In-depth knowledge of TB epidemiology, transmission, and risk factors; and learned skills to collaborate with healthcare professionals and organizations to combat TB effectively.

Languages

SINDHI
URDU
ENGLISH



Contact

quratulainrasool72@gmail.co

m +923256734648

Hno#D-440 Qasab Muhalla
Waritar Road, Sukkur



Education

People's University of
Medical & Health Sciences
for Women Shaheed Benazir
Abad

BS Public Health
Completed in 2023



Skills

- Public Health Promotion
- Digital Marketing
- Management Skills
- Disease Surveillance
- Communication Skills
- Data Entry & Analysis
- Community Outreach
- Cloud computing

Courses & Certificates

May 2023 | Biosecurity Pakistan Initiative
Public Health Emergency Preparedness
Training

Sep 2023 | Epidemiology Excellence
Pakistan

Fundamentals of Public Health

May 2023 | Imperial College London
(Coursera)

Global Disease Masterclass:
Communicable Diseases Epidemiology,
Intervention and Prevention