



DR. RASHID AHMAD

PMDC #799005-03-M

PERSONAL INFORMATION

• **Father's Name:**

• Gul Wazir

• **CNIC:**

• 21106-8145015-9

• **Marital Status:**

• Single

• **Nationality:**

• Pakistani

• **Domicile:**

• District Bajaur

• **Date of Birth:**

• 1st January, 1998

• **Permanent Address:**

• Village: Pashat Moragai

• Tehsil: Salarzai

• District: Bajaur

• Mobile Contact/WhatsApp: 0306-8005042

• Email: rashidahmadbjr3@gmail.com

ACHIEVEMENTS

- Certificate of Excellence (2012)
- Best House Officer of the Year Award (2023)

HOBBIES

- Cricket
- Badminton
- Cycling
- Walking

LANGUAGES

- English
- Pashto
- Urdu

CAREER OBJECTIVE

Seeking a challenging position in a dynamic organization to gain more exposure and growth opportunities and to enhance skills and knowledge. To play a positive and active role in upholding society and the related individuals.

WORKSHOPS

- Basic Life Support (2024)
- Explaining Medical Research, Integrating Research Questions, Study Method, Proposal Writing, and Artificial Intelligence (AI) Application (2024)

ACADEMIC QUALIFICATION

MBBS (2023)

Ghulam Muhammad Mahar Medical College Sukkur (Shaheed Muhtarma Benazir Butto Medical University Larkana)

FSc (Pre-Medical) (2015)

Government Post Graduate College Khar Bajaur

SSC (Science) (2013)

Bajaur Public School and College Civil Colony Khar Bajaur

PROFESSIONAL EXPERIENCE:

One-year Paid House Job Experience

District Head Quarter Teaching Hospital, KDA-Kohat

Cardiac Care Unit:

Three months experience at District Head Quarter Teaching Hospital, KDA-Kohat.

General Medicine:

Three months experience at District Head Quarter Teaching Hospital, KDA-Kohat.

General Surgery:

Three months experience at District Head Quarter Teaching Hospital, KDA-Kohat.

Trauma and Orthopedic Unit:

Three months experience at District Head Quarter Teaching Hospital, KDA-Kohat.

SKILLS

- Certified in Cardiopulmonary Resuscitation (CPR) with extensive experience in performing high-quality chest compressions and rescue breathing in emergency situations.
- Experienced in cardiac emergency and general care management.
- Skilled in the operation and maintenance of ECG machines, with proper lead placement for optimal diagnostic results.
- Proficient in interpreting ECGs, with extensive experience in diagnosing various cardiac arrhythmias, ischemic changes, and other cardiac abnormalities.
- Experienced in the use of defibrillators for emergency cardiac care, including performing defibrillation and synchronized cardioversion for patients with life-threatening arrhythmias.
- Managed multiple cases of diabetic ketoacidosis (DKA), involving critical assessment, stabilization, and implementation of treatment protocols to restore metabolic balance.
- Proficient in the insertion, management, and monitoring of nasogastric tubes for patients requiring enteral feeding, medication administration, or stomach wash in case of poisoning emergencies.
- Experienced in the insertion, maintenance, and monitoring of urinary catheters, including both indwelling and intermittent types. Skilled in proper aseptic techniques to manage catheter-associated complications and educate patients on catheter care to maintain urinary tract health.
- Management and care of indoor and outdoor patients.
- Proficient in providing comprehensive care for general surgery patients, including pre-operative assessment, post-operative monitoring, wound care management, and facilitating recovery through multidisciplinary collaboration.
- Experienced in managing trauma patients across diverse presentations, including acute injuries, fractures, and polytrauma cases. Proficient in conducting rapid assessments, initiating timely interventions, and coordinating multidisciplinary care to optimize patient outcomes.
- Provided dedicated care to orthopedic patients, including fractures and joint replacements. Proficient in preoperative preparation, postoperative monitoring, pain management, mobility rehabilitation, and patient education to support recovery and improve outcomes.