

# Saeed Ur Rehman

Doctor

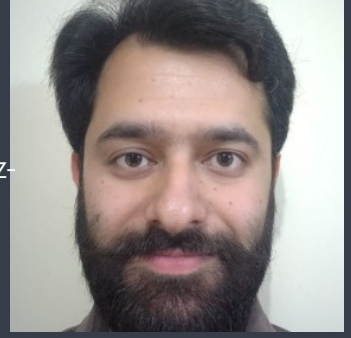
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Dedicated and skilled physician with extensive training and experience in trauma and orthopedic surgery, as well as surgery and allied fields. Possessing a solid foundation built through three years of specialized training in trauma and orthopedic surgery, complemented by an additional two years of comprehensive surgical training. Proven track record of delivering high-quality patient care, conducting surgical procedures, and managing complex orthopedic cases with precision and expertise.

In addition to clinical expertise, brings three years of experience as a lecturer in a medical college, demonstrating a commitment to education, mentorship, and the advancement of medical knowledge. Proficient in teaching medical students, interns, and junior residents, fostering a collaborative learning environment and imparting valuable insights into trauma, orthopedics, and surgical principles.

Known for strong communication skills, professionalism, and dedication to patient advocacy. Skilled in collaborating with multidisciplinary teams to optimize patient outcomes and ensure comprehensive care delivery. Committed to continuous learning, staying abreast of the latest advancements in trauma and orthopedic surgery, and contributing to research and scholarly activities to advance the field.



## Skills

- ◆ Orthopedic Rehabilitation ◆◆◆◆◆
- ◆ Compassionate patient care ◆◆◆◆◆
- ◆ Electronic Medical Records ◆◆◆◆◆
- ◆ Spinal surgery competency ◆◆◆◆◆



## Work History

- ◆ **Jan 2023 - Current** **Medical Officer - Orthopedics**  
*Health Department Of KP, Swabi*
  - Spearheaded quality improvement initiatives within the department, leading to better overall patient care experiences.
  - Conducted research on emerging trends in orthopedics, staying current on new developments in the field.

- Maintained thorough documentation of all surgeries performed, ensuring accurate records for future reference or research purposes.
- Streamlined clinic operations, optimizing appointment scheduling and patient flow.
- Provided expert consultation services to other physicians seeking guidance on difficult orthopedic cases.
- Increased patient satisfaction by providing clear explanations of diagnoses, treatments, and expected outcomes.
- Trained junior Doctors and Paramedics through capacity building exercises.
- Provided career counseling to junior staff.

Jan 2018 -  
Dec 2022

## **Resident Medical Officer**

*CPSP, Peshawar*

- Facilitated smooth transitions between healthcare providers during handovers by clearly communicating pertinent information about patients' status.
- Managed time efficiently while balancing multiple responsibilities including administrative tasks, direct patient care, and professional development activities.
- Provided on-call support for urgent situations, addressing emergencies promptly and skillfully.
- Conducted thorough physical examinations to identify underlying health issues or concerns that may require further investigation.
- Educated patients on preventative measures, fostering a culture of health promotion within the community.
- Collaborated with pharmacists to review prescriptions for safety concerns, minimizing adverse drug interactions.
- Managed complex cases effectively by consulting with specialists and coordinating appropriate referrals.
- Kept abreast of industry advancements, attending conferences and workshops to enhance professional knowledge continually.
- Maintained medical records accurately, ensuring proper documentation for future reference and continuity of care.
- Mentored junior Doctors and Paramedics while leading my team as senior resident in orthopedic trauma department LRH.
- Gave career advice to junior staff, and through my guidance, I helped them clear postgraduate level exams.

Oct 2016 -  
Dec 2017

## **Lecturer**

*Khyber Medical College, Peshawar*

- Managed large class sizes effectively, maintaining an orderly learning environment conducive to student success.
- Cultivated critical thinking skills through challenging assignments that required analysis, synthesis, and evaluation of information from various sources.
- Participated in professional development opportunities to stay current with industry trends and continuously improve instructional approaches.

- Promoted collaboration among students through group projects and presentations, fostering teamwork and communication skills.
- Enhanced student comprehension by utilizing diverse teaching methodologies and techniques.
- Provided individualized support for struggling learners, using tutoring sessions and additional resources to close achievement gaps.

**Feb 2015 -  
Sep 2016**

## **Lecturer**

*Rehman Medical College, Peshawar*

- Managed large class sizes effectively, maintaining an orderly learning environment conducive to student success.
- Cultivated critical thinking skills through challenging assignments that required analysis, synthesis, and evaluation of information from various sources.
- Enhanced student comprehension by utilizing diverse teaching methodologies and techniques.
- Provided individualized support for struggling learners, using tutoring sessions and additional resources to close achievement gaps.
- Served as a mentor to new faculty members, offering guidance on classroom management and lesson planning techniques.
- Contributed to departmental meetings by sharing insights on effective teaching strategies and proposing solutions for addressing common challenges faced by faculty members.
- Developed strong relationships with colleagues, collaborating on curriculum development and sharing best practices in teaching strategies.
- Mentored more than 500 students of MBBS, BDS and Physiotherapy, and provided them career counseling, which proved vital in their future academic achievements.
- Managed large class sizes effectively, maintaining an orderly learning environment conducive to student success



## **Education**

### **FCPS Orthopedic: Trauma And Orthopedics**

*Cpsp - Peshawar*

Overall, residents in trauma and orthopedic surgery play a crucial role in providing high-quality patient care, advancing medical knowledge through research and scholarship, and preparing for careers as skilled and compassionate orthopedic surgeons.

### **MBBS: MEDICINE AND SURGERY**

*KABIR MEDICAL COLLEGE - PESHAWAR*

Kabir Medical College - Peshawar, KP, Pakistan Kabir Medical College is the first medical college established in private sector, in October 1995 at Peshawar. The Kabir Medical College, Peshawar offers an undergraduate course in medicine (MBBS) designed to equip students with knowledge, skills, attitudes and behavior necessary to understand and influence factors that effect the health of individuals and of communities. The curriculum conform

to the requirements of Pakistan Medical and Dental Council (PMDC) and covers a period of five years.



## Accomplishments

MRCS-A  
OET  
BLS instructor in CPSP

### CME:

- Primary Trauma Care course, 2018
- Primary surgical skills workshop, 2018
- Research methodologies workshop, 2018
- Communication skills workshop, 2018
- Introduction to computers workshop, 2018
- Basic Life Support workshop, 2023
- AO peer level 1 course-principles of clinical research, 2020
- Research Methodology, Dissertation Writing and SPSS, 2021
- Orthopedic Interactive Clinical Course, 2022
- AO Grand Round Module-Best Practices in Geriatric Hip Fractures, 2022
- AO In Hospital Module-Acute Compartment Syndrome, 2022
- AO In Hospital Module-Polytrauma, 2022
- AO In Hospital Module-Management of Open Fractures-2023



## Affiliations

Resident of CPSP in trauma and orthopedics  
PMDC 20557-N



## Certifications

- ◆ **Nov 2018**      Communication skills
- ◆ **Oct 2018**      Primary Surgical skills
- ◆ **Oct 2018**      Introduction to computer and internet
- ◆ **Oct 2018**      Research methodology, Bio statistics and dissertation
- ◆ **Oct 2023**      BLS



## Volunteer Work

◆ Visits to afghan refugees for counseling and education/prevention about prevalence of various communicable and non-communicable diseases.  
Voluntary classes/presentations for Lady Health workers to educate them about antenatal and postnatal care, family planning and breast feeding.

Actively participated in camps for flood affected population in district Nowshera of Khyber Pakhtunkhwa, September, 2022.

Arranging Camps for Orphan kids at "Zamung Kor" Khyber Pakhtunkhwa.

Volunteer work with orphan children for health related issues.

Provided services in Triage and isolation wards of LRH as Frontline worker during COVID-19 pandemic