

SAIF ALI

(+92) 336 8090321 | saifalialbalushi@gmail.com

Turbat Balochistan Pakistan



Summary

An ever-learning medical graduate from Bolan Medical College Quetta, with experience of working in versatile environments ranging from managing medical and surgical emergencies to the pre-Op & post-Op care and general OPD cases, ready to kick start my career as medical professional in an environment that will help me deliver & polishing my clinical skills to the best of my knowledge.

Expnrience

Teaching Hospital Turbat

15-08-2023 to 15-02-2024

Causality Medical officer

Bolan Medical Complex Quetta

Quetta, Pakistan

House Officer

23/03/2023 – 24/03/2024

Medicine Unit 1:

- **Emergency Care:** Experienced in managing medical emergencies including poisoning, cardiac emergencies, hypertensive emergency & urgency, uremic, encephalopathy, Decompensated Liver disease, meningococcal meningitis & diabetic ketoacidosis. Moreover, I did many hands on life saving procedures i.e. nasogastric tube placement, endotracheal intubation, ascetic tap Central venous line placement, Foley's catheterization.
- **Inpatient Care:** Got my hands on experience for better management and empathetic care of ward patients for a number of diseases i.e. DCLD, CKD, CLD, myocardial infarction & DKA. I also got clinical acumen in assessing & diagnosing patients through physical examination.
- **Outpatient Care:** I have plenty experience in managing general OPD cases i.e. hypertension, Diabetes mellitus, acute and chronic gastroenteritis.
- **Chest/ Pulmonology ward:**
- **Inpatient Care:** Managed patients for a number of chest diseases like acute exacerbation of COPD and asthma, interstitial lung disease, hydropneumothorax, pulmonary TB.
- **Outpatient Care:** I have also managed patients having upper and lower respiratory tract infection, asthma, COPD,

Surgical Unit 3:

- **Surgical Emergency:** Managed patients with trauma through RTA & gunshot wound via application of ATLS protocol and assisted general surgical emergency procedures i.e. laparotomies for acute abdomen, abscess incision & drainage, suturing of wounds, diabetic foot care.
- **Inpatient & Outpatient Care:** Learned to diagnose OPD surgical diseases like hernia, peripheral vascular disease, deep vein thrombosis, thyroid problems & breast lumps. In ward, learned to do pre-Op and post-Op surgical assessment and care of the patient.
- **Breast Clinic:** Surgical ward had well-equipped & dedicated breast clinic where I worked under supervision of surgical oncologists to diagnose, investigate and proper surgical treatment or referral for different types of breast cancers.
- **Radiology Unit 2:**

- **Inpatient & outpatient care:** learned to assess and manage a number of common radiology cases, Like Diagnosing and treating injuries and diseases using medical imaging such as X-rays, computed tomography (CT), magnetic resonance imaging (MRI), and ultrasound.
- **Pediatric Unit 2:** managed a number of pediatric cases, Number of Pediatric Cases like Child immunization, Basic Child's Disease Management, Intensive Care unit Management, Neonatal ICU, Isolation Ward.

Education

- **Bolan Medical College Quetta** Quetta, Pakistan
Bachelors of Medicine & Bachelor of Surgery (MBBS) 2017-2022
Marks: 1443/2400
- **BBISE Quetta** Pakistan *F.Sc (Pre-Medical) Marks: 698/1100*
 2013-2015

Short Courses

- Basic Life Support
- Advance Trauma Life Support

Memberships

Pakistan Medical and Dental Commission as Registered Medical Practitioner.

Skills

- Intra Venous Line Placement
- Reduction of displaced elbow and shoulder joint
- Pleural Thoracentesis
- Blood Sampling
- Arterial Blood Gas Sampling
- Nasogastric Tube Placement
- Foley's Catheterization
- Closed reduction of fractures
- Backslap and POP
- Managing BiPAP and CPAP

Personal Strengths

- Able to work under pressure and always confident.
- Able to communicate effectively, both verbally and in writing.
- Always ready to take constructive criticism.
- Able to work well independently and in a team.
- A very good and quick learner with strong analytical and leadership skills.

Languages

English
Full Professional Proficiency

Urdu
proficient

Balochi
Native
language

Interests

- Travelling.
- outdoor sports cricket football