



Summary

Dedicated and results-driven professional with a robust background in the social sector, showcasing expertise in community mobilization, nutrition, health, Monitoring, Evaluation, Accountability, and Learning (MEAL), as well as field activities. Proven track record of impactful contributions in both national and international organizations, notably as a Community Mobilizer with International Medical Corps (IMC) in Larkana District.

Demonstrated proficiency in fostering community engagement, implementing health and nutrition initiatives, and overseeing comprehensive MEAL activities. Adept at coordinating and executing field activities, ensuring the successful execution of projects while maintaining a strong focus on delivering sustainable solutions.

Possess a keen understanding of the complex dynamics within the social sector, coupled with the ability to build and nurture relationships with diverse stakeholders. Committed to driving positive change and improving the well-being of communities through strategic interventions and collaborative efforts.

Seeking opportunities to leverage my skills and experiences in community development, health, and nutrition to contribute effectively to the mission of organizations dedicated to making a meaningful impact in the social sector.

Skills

Ability To Work In Complex Environment | Accountability | Accurate Record Keeping | Activity Coordination | Adaptable to Changes | Administration Skills | Advance Level MS Excel | Analytical Skills | Answering Inquiries | Assessments and Distributions | Awareness | Blochi Language Command | Build Strong Teams | Building Community | Capacity Building | Case Management | Child Nutrition | Child Protection | Client Counseling | Communication Skills | Communication & Coordination | Communication and Interpersonal Skills | Communication and Writing Skills | Communication Report Writing | Communication Skill | Communication Skills | Communications Skills | Community Building | Community Consultation | Community Engagement | Community Health | Community Meeting | Community Mobilization | Community Outreach | Community Relations | Community Session On Hygiene Promotion | Community Work | Comnunication Skills | Complaint Management | Complaint Response Mechanism | Complaints And Feedback Mechanism | Compliance Analysis | Computer Assisted Person Interviews | Computer Knowledge | Computer Proficient | Computer Skills | Conduct Capacity Building Training | Conducting Sessions | Confidentiality | Conflict Management

Experience

Jan 2023 - Jun 2023 💌 Community Mobilizer

international Medical Corps, Larkana, Fakistan			
As a Community Mobilizer with a focus on Mental Health and Psychosocial Support (MHPSS) and Gender-Based Violence (GBV) awareness, my job duties included:			
1. Community Engagement:			
 Organize and conduct community sessions to engage with local residents. Facilitate open dialogues and discussions to understand community needs and concerns. 			
2. MHPSS Awareness:			
 Raise awareness on mental health and psychosocial support within the community. Provide information on available resources, services, and coping mechanisms for mental health challenges. 			
3. GBV Prevention:			
 Educate the community on gender-based violence, its forms, and the impact on individuals and the community. Share strategies for preventing and addressing GBV, including available support services. 			
4. Capacity Building:			
 Develop and deliver training programs to build the capacity of community members in understanding and addressing MHPSS and GBV issues. 			
5. Reporting and Documentation:			
 Keep accurate records of community sessions, attendance, and feedback. Prepare and submit reports on the impact of awareness campaigns and areas for improvement. 			
Nutrition Assistant			

Jan 2020 - Dec 2022 💌 Nutrition Assistant PPHI sindh, Shikarpur, Pakistan

As a Nutrition Assistant focused on treating Severe Acute Malnourished (SAM) children, my job duties included:

- 1. Screening and Assessment:
 - Conduct systematic screenings of children to identify cases of Severe Acute Malnutrition (SAM).
 - $\circ~$ Utilize mid-upper arm circumference (MUAC) measurements and other anthropometric indicators for accurate assessments.
- 2. Therapeutic Feeding Programs:
 - Implement and monitor therapeutic feeding programs for SAM children

	 according to established protocols and guidelines. Ensure proper distribution of therapeutic foods and adherence to feeding schedules. 		
	3. Health Education:		
	 Provide nutrition education to caregivers on the importance of proper nutrition, breastfeeding, and age-appropriate feeding practices. 		
	4. Monitoring and Follow-up:		
	 Regularly monitor the progress of SAM children under treatment, adjusting plans as needed. Conduct follow-up assessments to evaluate the effectiveness of the intervention. 		
	5. Documentation:		
	 Maintain accurate and up-to-date records of each child's nutritional status, treatment progress, and any relevant information. 		
	6. Community Engagement:		
	 Engage with the community to raise awareness about malnutrition, its signs, and the importance of early intervention. 		
	7. Supply Management:		
	 Monitor and manage the inventory of therapeutic foods, nutritional supplements, and other supplies required for the treatment programs. 		
	8. Reporting:		
	 Prepare and submit regular reports on the nutritional status of the children, the effectiveness of the treatment, and any challenges faced. 		
	9. Adherence to Protocols:		
	 Adhere to established protocols and guidelines for the treatment of severe acute malnutrition, ensuring the highest standard of care. 		
Jul 2017 - Dec 2019 💌 Nutrition Assistant PPHI Sindh, Jacobabad, Pakistan			
	As a Nutrition Assistant at a static site for the Community-Based Management of Acute Malnutrition (CMAM) project, specifically focusing on children under 5 years old, your job duties included:		
	1. Screening and Admission:		
	 Conduct systematic screenings of children under 5 years old to identify cases of acute malnutrition. Admit malnourished children into the CMAM program, ensuring timely and appropriate care. 		
	2. Anthropometric Assessments:		
	 Utilize accurate anthropometric measurements, including mid-upper arm circumference (MUAC) and weight-for-height, to assess and classify the nutritional status of children. 		

3.	Therapeutic F	eeding:
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0	Implement and monitor therapeutic feeding programs at the static site,
	providing specialized nutritional care to children with acute
	malnutrition.

- Ensure proper distribution of therapeutic foods and nutritional supplements.
- 4. Health Education for Caregivers:
 - Educate caregivers on proper infant and young child feeding practices, emphasizing the importance of exclusive breastfeeding and introducing nutritious complementary foods.
- 5. Monitoring and Follow-up:
 - Regularly monitor the progress of children undergoing treatment, conducting follow-up assessments to adjust intervention plans as needed.
- 6. Documentation:
 - Maintain accurate and up-to-date records of each child's nutritional status, treatment progress, and any relevant information.
 - Document and report any challenges or barriers faced in the implementation of the CMAM program.
- 7. Community Engagement:
 - $\circ~$ Engage with caregivers and the community to raise awareness about the CMAM program, malnutrition prevention, and the importance of early intervention.
- 8. Logistical Support:
 - Assist in the logistical coordination of activities at the static site, including the procurement and management of nutritional supplies.
- 9. Training and Capacity Building:
 - Provide training to community health workers and volunteers involved in the CMAM program at the static site.
 - Build the capacity of local staff to effectively contribute to the success of the project.

My role as a Nutrition Assistant at a static site plays a vital part in addressing acute malnutrition in young children and promoting their overall health and well-being.

Aug 2016 - Oct 2016 💌 Assistant MEAL Officer

Mercy Corps, Jacobabad, Pakistan

As an Assistant Monitoring, Evaluation, Accountability, and Learning (MEAL) Officer in flood-affected areas, my job duties included:

- 1. Data Collection and Analysis:
 - $\circ\,$ Analyze data to assess the needs and vulnerabilities of affected populations.

2.	Monitoring Programs:	
	 Implement monitoring mechanisms to track the progress and effectiveness of relief and recovery programs in flood-affected areas. Regularly review and update project indicators to ensure alignment with project goals. 	
3.	Feedback Mechanisms:	
	 Establish and manage feedback mechanisms to gather input and concerns from affected communities regarding relief efforts. Ensure that community feedback is considered in program decision-making processes. 	
4. Participatory Approaches:		
	 Implement participatory methodologies to engage affected communities in the assessment, planning, and evaluation of programs. Foster community participation in decision-making processes. 	
5.	Report Writing:	
	 Prepare regular reports on the progress, achievements, and challenges of relief and recovery programs for internal and external stakeholders. Include recommendations for program improvement based on monitoring and evaluation findings. 	

- 6. Coordination with Partners:
 - Collaborate with other organizations, government agencies, and stakeholders involved in flood response to share information and coordinate efforts.
 - Ensure consistency in data collection methodologies and reporting formats.
- 7. Quality Assurance:
 - Conduct regular quality assurance checks on data collection processes to maintain the accuracy and reliability of information.
 - Identify and address any issues related to data quality.
- 8. Learning and Adaptation:
 - Facilitate learning sessions and reflection workshops to capture lessons learned from the flood response.
 - Use findings to adapt and improve future response strategies.

My role as an Assistant MEAL Officer is crucial in ensuring the effectiveness and accountability of flood response efforts, as well as promoting continuous learning and improvement in humanitarian interventions.

Jun 2014 - Dec 2015 💌 Field Assistant

Apex Consulting Pakistan, Dadu, Pakistan

As a Field Assistant, my primary responsibilities included providing support to the field operations team by conducting various tasks essential to project success. This encompassed tasks such as collecting and analyzing data, maintaining equipment and supplies, coordinating logistical aspects of fieldwork, and collaborating with team members to ensure efficient workflow. Additionally, I was tasked with

documenting field observations, contributing to the preparation of reports, and addressing any challenges that arose during field activities. My role required a high level of adaptability, attention to detail, and effective communication to facilitate seamless collaboration within the team and contribute to the overall success of field projects.

May 2013 - Dec 2013 💌 Social Organizer

Indus Resource Center, Shikarpur, Pakistan

My job was consisted on coordination and cooperative work as well as campaigning carried out by local residents to promote the interests of their community. Moreover, mobilizing residents against the destruction of the Oak Ridges Moraine.

Jul 2012 - Oct 2012 💌 Vaccinator

Save the Children, Jacobabad, Pakistan

In my role as a Vaccinator within a dedicated team, I played a crucial role in administering MR (Measles and Rubella) vaccinations at the community level. This involved working collaboratively with team members to organize vaccination campaigns, set up mobile clinics, and ensure the smooth execution of immunization programs. My duties included verifying patient information, preparing and administering vaccinations, and educating the community about the importance of immunization. I maintained accurate records of vaccinations, monitored and reported any adverse reactions, and collaborated with local health authorities to address community concerns. As a Vaccinator, my commitment to promoting public health and preventing the spread of diseases was evident through my meticulous approach to vaccine administration and community engagement.

Aug 2010 - Feb 2011 💌 Dispenser

Save the Children, Jacobabad, Pakistan

As a Dispenser, I undertook a pivotal role in the healthcare system by ensuring the accurate and safe dispensing of medications to patients. My responsibilities included interpreting and processing prescription orders, verifying dosage instructions, and counseling patients on proper medication usage. I collaborated closely with healthcare professionals to address queries and concerns, maintained precise records of medication dispensation, and managed inventory to guarantee adequate stock levels. My role also involved educating patients on potential side effects, interactions, and proper storage of medications, contributing to overall patient wellbeing and medication adherence. My attention to detail, adherence to pharmaceutical guidelines, and commitment to patient safety were integral to the effective functioning of the pharmacy and the provision of quality healthcare services.

Feb 2006 - Dec 2008 🗵 Dispenser

Ameet Hospital at Garhi Yasin, Shikarpur, Shikarpur, Pakistan

patient care was evident in my focus on promoting medication adherence and ensuring a seamless and secure dispensing process within the private clinic setting.

Education

$2014 \odot$	Shah Abdul Latif University
	Masters in Science , Socialogy
	Socialogy, Social Problems In Pakistan
	CGPA: 2.0/4
2011 🖒	Sindh Technical Education & Vocational Training Authority (STEVTA).
	Diploma , Diploma Information Technology
	Diploma In Information Technology
	Completed
2010 👌	Sindh Medical faculty Board Karachi
	Diploma , Dispenser
	Dispenser
	Completed
2007 👌	Agha Badar uddin khan Durrani Higher secondary School Garhi Yaseen
	Intermediate/A-Level , Science
	REGULAR
	Grade: C+

Languages

Saraiki Expert **Balochi** Expert **Sindhi** Expert **Urdu** Expert

English Expert