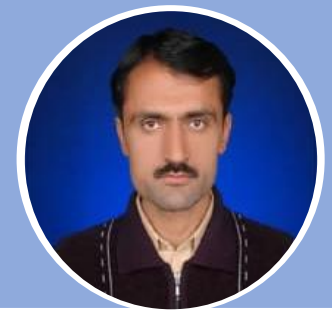




SANAULLAH KAKAR



CONTACT

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 School Road Kakar Colony
Satellite Town Block # 3,
Quetta

PROFILE

To obtain any position in a progressive organization that can fully utilize my abilities and become an important asset that would contribute in the success and growth of the company.

FIELD OF INTERESTS

Social mobilization, Program Development, Social Development, Organization development and advocacy

EDUCATION

MA (IR) (2013)
Baluchistan University Quetta (2nd) division

BA (2006)
Baluchistan University Quetta (2nd) division

FA (2002)
Baluchistan Board Quetta (3rd) division

MATRIC (2000)
Baluchistan Board Quetta (3rd) division

DIPLOMA

Dispenser Diploma (2004)
Balochistan Medical Facility (1st) division

ECG technician Diploma (2006)
Civil Hospital Quetta (1st) division

SKILLS

- ❖ Communication skills
- ❖ Time Management
- ❖ Hardworking
- ❖ Positivity
- ❖ Internet, Emailing
- ❖ Good Knowledge of Computer






WORK EXPERIENCE

Research Assistant / Provincial Operation Manger

Ishrat Husain Pakistan Institute of Living & Learning (PILL)

- ✓ Employ of the Year 2020
- ✓ Observed all activities during field and projects.
- ✓ Make field plans and budgets for the working teams.
- ✓ Reporting to donor and higher management.
- ✓ Monitor all ongoing projects prepare reporting to donors and organization.
- ✓ Made a visit of different department in Bolan medical college hospital Quetta. And Sandmen provincial hospital Quetta.
- ✓ Identify self-harm pt.
- ✓ Articles search and critical review on different topics.
- ✓ Mobilize the pt for consoling.
- ✓ Search for different articles for different mental health issues.
- ✓ Work on different issues regarding office and admin related.
- ✓ Daily reporting on different administrative and budgeting issues.
- ✓ Report on daily basis for different research studies.
- ✓ Reporting on and manage different admin related issues as operation manger.
- ✓ Done a Mental health Survey on prevention of self-harm and suicide in communities.
- ✓ Provincial Lead for South Asia Self- harm and Suicide Reduction Movement (SAHAR_M).
- ✓ Lead for provincial Mental Health Policy by PILL.
- ✓ Team member for advisory group for Mental Health policy form Baluchistan.
- ✓ Coordinator Training and development Baluchistan.
- ✓ Arrange Supervisory Sessions with Team for their capacity Building.
- ✓ Attend daily weekly and Monthly meetings for program updates.
- ✓ Frequently meetings with stake holders for program implementation on ground basis.

LANGUAGES

- English 
- Urdu 
- Pashto 
- Baluchi 
- Punjabi 

HOBBIES

- Newspaper
- Reading Books
- Traveling
- Cricket

COMPUTER SKILLS

- ❖ Windows
- ❖ Micro Soft Word
- ❖ MS Excel, MS PowerPoint
- ❖ Internet / E-mail
- ❖ Hardware.



School Health and Nutrition officer;

Save the Children (April 2014 to Aug 2015)

- ✓ Coordinate overall Child Focus Health Education (CFHE) interventions of Afghan Refugees Education program.
- ✓ Conduct CFHE trainings for teachers and children in all schools of Chaghi, Lorelai and Pishin districts.
- ✓ Conduct baseline and end line survey for CFHE practices among children.
- ✓ Detail class wise teachers' assessment of teachers to ensure impact of CFHE topics among children and teachers.
- ✓ Celebrate international days related to CFHE.
- ✓ Conduct CFHE training for school health management committees.
- ✓ Close coordination with other agencies.

Outreach Assistant

Medicines Sans Frontiers

MSF (March 2013 to April 2014)

- ✓ Screening The Children For Nutrition
- ✓ Identify Malnutrition Children's
- ✓ Give The health Education To Parents
- ✓ Give The Treatment For Nutrition
- ✓ Arrange the community Meetings For Health Education.

School Health and Nutrition officer

Save the Children (OCT- 2010to DEC-2011)

- ✓ Coordinate overall Child Focus Health Education (CFHE) interventions of Afghan Refugees Education program.
- ✓ Conduct CFHE trainings for teachers and children in all schools of Chaghi, Lorelai and Pishin districts.
- ✓ Conduct baseline and endline survey for CFHE practices among children.
- ✓ Detail class wise teachers' assessment of teachers to ensure impact of CFHE topics among children and teachers.
- ✓ Celebrate international days related to CFHE.
- ✓ Conduct CFHE training for school health management committees.
- ✓ Close coordination with other agencies.

Child Hygiene and protection officer:

WESS


(June 2007 to October 2010)

- ✓ Mobilization and sensitization of communities regarding child labor.
- ✓ Identify and provide safe hygiene promotion training to the garbage picker children.
- ✓ Conduct research to identify child labor and mobilize them to join facilitation center.
- ✓ Provide first aid training to the children in facilitation center and conduct sensitization sessions.

PERSONAL INFO

❖ Father's Name:	Haji Muhammad Khan
❖ Date of Birth:	30-11-1989
❖ Nic No	54400-9061632-5
❖ Mother tongue	Pashto
❖ Marital Status:	Married
❖ Gender:	Male
❖ Religion:	Islam
❖ Nationality:	Pakistani

REFERENCE

 Can be furnished on Request

➤ Training & Workshop:

- Participated in Five days Pakistan Golden Jubilee National Scout Camporee Held from 3 to 7 August 1997 at Murree.
- 3 days' workshop on HIV/AIDS organized by VOICE, held from 23 Aug 26 Aug 2006 at Sun Rise Hotel.
- One day Training on report writing in Boy Scout organized by UNHABITAT.
- One day training on international protection of children and their rights organized by UNHCR.
- Participated in 2 days training regarding research methodologies.
- Participated in 2 days workshop regarding Social Mobilization skills.
- 2 days training on Behavior related health problems from July 27-28, 2007 organized by Marie Stopes Society, Karachi.
- 2 days training on Sexual & Reproductive Health Including HIV/ AIDS STIs and Adolescent Reproductive Health Held from July 30-31, 2007.
- 2 days capacity building training workshop on child sexual abuse organized by Danesh On 9-10/ 12/ 2009.
- One day training on international protection of children and their rights organized by UNHCR.
- One day Training on report writing in Boy Scout organized by SHAHD org.
- Four Days Training on Education Method organized by Save the Children in Quetta.
- One Day Training on Cognitive Behavior Therapy (C.B.T) arrange by Pakistan institute of learning and living (PILL).
- Attend Global Mental Health Capacity building Training in Sharjah Arrange by Pakistan Institute of Living and Learning (PILL).
- Done Good Clinical Practice course GCP form PILL.
- Done Child and adolescents Mental Health Training by PILL.
- Complete Cochrane Systematic review course.
- Complete Safe Grudging Course

Senior Social Mobilizer:

Voice

- ✓ Supervise overall social mobilization teams and activities.
- ✓ Conduct awareness and sensitization sessions with communities regarding awareness of HIV-Aids.
- ✓ Design and support patients' referral mechanism.
- ✓ Conduct community meetings regarding ownership of project interventions.
- ✓ Conduct baseline and endline survey to know the impact of project interventions.
- ✓ Support and form village health committees.

Medical Research Officer:

Helmand Provincial hospital (Afghanistan)

- ✓ Conduct research to find out the most common disease in the geographical location of Helmand.
- ✓ Conduct briefing sessions for the higher management regarding most common diseases.
- ✓ Devise strategy to facilitate the patients with most common diseases.
- ✓ Close coordination with Afghanistan and Pakistan ministry of Health to facilitate the patients.

Male Nurse:

Saleem Medical Complex

- ✓ Provide first aid treatment to the patients in casualty department.
- ✓ Maintain overall hospital medicine record.
- ✓ Maintain overall hospital patients' record.

Store supervisor;

Bolan Medical Complex Hospital

- ✓ Maintain all input output record of medicine.
- ✓ Cheeked medicine expire dates and there manufacture date.
- ✓ Updates stoke register on daily basses.

- Attend CBT Focused sessions on World Mental Health day.
- Attend Capacity building Program on Suicide prevention in Balochistan
- Participate in different mental health activities.
- Complete Cochrane systematic review certificate course.

➤ Training Organized:

- ❖ Organized 15 days CFHE training as lead facilitator for Education department.
- ❖ Two Days Training for peer Educators (Nurses) on HIV / AIDS at BMCH Quetta from VOICE Organization.
- ❖ Five-day Training for Communities on TB (DOTS) from VOICE Organization.
- ❖ One day Training for Communities on (HIV aids) and (HBSag) form Voice org.
- ❖ One day Training for Communities of Afghan Citizens in Quetta for Health-Related Problems.
- ❖ Organize regular trainings on health and nutrition issues for schools' teachers and for school students in four districts of Baluchistan.
- ❖ Organized Mental Health Trainings in school for children's in Quetta.
- ❖ Organized Different Mental Health Trainings for Nurses and other Medical staff in Quetta.
- ❖ Master Trainer for Mental Health survey in Balochistan.
- ❖ Organized Mental Health survey for PILL in Balochistan with Government officials.
- ❖ Organized psychosocial intervention training for nurses in Balochistan.
- ❖ Organized Learning through play training session with LHVs and CHWs
- ❖ Organized capacity building sessions with PGs in Balochistan institute of Psychiatry and Behiovral Sciences (BIPBS).
- ❖ Organized World Mental health day 10th October in different areas of Quetta and Balochistan province.
- ❖ Organized World Suicide day 10th Sep in different areas of Balochistan province.