

SANTHIYA KHAN

CONTACT

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Shamsabad Oshikhandass Gilgit.

EDUCATION

2019-2023

KARAKORUM INTERNATIONAL UNIVERSITY

- Bs human Nutrition and Dietetics

(2015-2018)

- Public School and College Jutial Gilgit (HSSC)
- D.J Model School Oshikhandass Gilgit (SSC)

SKILLS

- MS Word
- MS excel
- Power Point
- Teamwork
- Time Management

LANGUAGES

- English (moderate)
- Urdu (Fluently)
- Chinese HSK 1 (Basics)
- Shina (Fluently)
- Burushaski (moderate)

OBJECTIVE

To contribute to organizational growth while advancing my skills, knowledge, and expertise. Collaborating to drive success, fueling continuous learning and development. Seeking dynamic environments for mutual growth. Enhancing organizational excellence through dedicated efforts.

EXPERIENCE

- Intern at Scaling Up Nutrition (P&DD) 2024- PRESENT
Gilgit

- Creating meeting minutes by writing reports.
- Technical support.
- Manage and organize events.
- Multidisciplinary strategies.

- Nutrition stabillization center PHQ Gilgit Jan 2024-Apr2024

Intern

- Nutrition counseling
- Nutrition assessment
- Diet planning according to patient condition
- Gained experience of working in wards
- Studying WHO standards protocols for management of CMAM, Growth assessment tools.

- Internship (clinical nutrition) Fatima memorial Hospital Lahore DEC 2022-FEB 2023

- Worked to promote comprehensive nutrition care with doctors and other health care providers.
- Taught the general population about healthy eating practices and proper nutrition.
- Formed and kept connections with community partners to support the promotion of nutrition education.

INTREREST

playing badminton
Designing Gardening
Reading