





# DR SHAFIQ AHMAD

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## PROFILE

Experienced dermatologist with a background consisting six years of clinical practice, both general medicine and specialized dermatology. Proficient in a wide range of dermatological procedures, with particular expertise in aesthetic treatments and other advanced skin procedures. I demonstrated a strong commitment to ongoing learning and professional development, actively engaged in academic activities and continued medical education (CME) to stay abreast of the latest advancements in the field. Known for delivering compassionate patient care, building strong patient relationships, and achieving exceptional outcomes. Committed to excellence in dermatological practice and dedicated to continuous improvement in patient care through education and innovation.

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## EXPERIENCE

### 1. RESIDENT DERMATOLOGIST

#### **Lady Reading Hospital // Peshawar, PK // Jan 2021- Dec 2023**

Received training at LRH, Peshawar, a leading hospital with over 1700 beds. Developed expertise in patient history-taking, conducting physical examinations, and presenting cases during morning rounds, while crafting individualized management strategies. Demonstrated excellence in both inpatient and outpatient settings, performing diverse skin biopsies and closely monitoring patient advancement. Actively participated in academic endeavors such as journal clubs, Clinical Pathological Conferences (CPCs), and multidisciplinary case reviews.

### ACHIEVEMENTS + HIGHLIGHTS

- **Diverse Specialization:** Have rotational expertise of histopathology, interpretation of slides, and plastic surgery. Assisted in various graft and cyst removals

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- **Aesthetic Excellence:** Completed rotations in Laser and energy based devices. Also achieved experience in injectables such as botox, derma fillers, thread lifting, hair transplant and microneedling

## **2. RESIDENT GENERAL MEDICINE**

### **Khyber Teaching Hospital // Peshawar, PK // Jul 2019 – Dec 2020**

- Strengthened clinical abilities in diagnosing and treating various medical conditions during my General Medicine Residency.
- Collaborated within multidisciplinary teams to conduct comprehensive patient assessments, interpret diagnostic tests, and develop evidence-based treatment strategies.
- Gained valuable subspecialty exposure through rotations in Cardiology, Dermatology, clinical Hematology and Gastroenterology each spanning two months.
- Actively engaged in medical rounds and performed a range of medical procedures, including Ascitic taps, Pleural taps, Lumbar punctures, ABGs, Endotracheal intubation, and Basic Life Support (BLS).

## **3. RESIDENT GENERAL MEDICINE**

### **Pak Emirates Military Hospital // Rawalpindi, PK // Jan 2019 – Jul 2019**

- Developed expertise in bedside manners, history-taking, and managing diverse medical conditions.
- Proficient in procedural skills such as CVP line and double-lumen catheter placement.
- Actively managed emergencies, outdoor, and inpatient cases under senior supervision.
- Balanced independence and collaboration for effective patient care.

## **4. HOUSE OFFICER**

### **Lady Reading Hospital // Peshawar, PK // Aug 2017 – Aug 2018**

- Completed three-month rotations in General Medicine, Pediatrics, General Surgery, and Orthopedics during my housejob.
  - Actively learned from experienced colleagues, gaining valuable insights into patient assessments and treatment strategies.
  - Participated in various aspects of patient care, including monitoring vital signs, drawing blood samples, and performing necessary procedures.
  - Enhanced practical abilities and medical expertise through hands-on experience and active involvement in patient care.
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## EDUCATION

### **BACHELOR OF MEDICINE & SURGERY [MBBS]**

**Khyber Medical University // Peshawar, PK // Dec 2011 – Jul 2017**

Cleared final professional exam and achieved distinction in Surgery Subject

### **FELLOWSHIP OF COLLEGE OF PHYSICIAN AND SURGEONS [FCPS-1]**

**College of Physicians & Surgeons // Karachi, Pk // Sept 2018**

Successfully cleared FCPS-1, the entrance examination for the Fellowship in Medicine and Allied Sciences

### **INTERMEDIATE MODULE EXAMINATION [IMM]**

**College of Physicians & Surgeons // Karachi, Pk // Apr 2021**

Successfully cleared IMM, needed to switch my training from general medicine

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## RESEARCH, PUBLICATIONS

### **DISSERTATION**

1. Efficacy & Safety Intralesional Triamcinolone and Intralesional Platelet Rich Plasma (PRP) in the Treatment of Alopecia Areata.
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## CERTIFICATIONS

### **WORKSHOPS, COURSES & CONFERENCES**

- BASIC LIFE SUPPORT (BLS) – American Heart Association - 2021
  - Introduction to Research & Methodology - 2020
  - Communication Skills Development & Importance in Medical Practice - 2020
  - Information Technology & Implication in Medical Practice – 2020
  - Certificate course on roles of Biologics in Psoriasis – 2022 / 2023
  - 41<sup>st</sup> PACON, Breakthrough to Excellence in Dermatology – 2022
  - 42<sup>nd</sup> PADCON, Breakthrough to Excellence in Dermatology – 2023
  - PGMI CME 2 – Certificate course on Dermal Fillers - 2023
  - Certificate Course DAAP – Mastering the Technique of Hands on Training on Botox - 2024
  - Certificate Course DAAP – Mastering the Technique of Hands on Training on Filler - 2024
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## SKILLS

### **CLINICAL SKILLS**

History taking, examination and management skills

Skilled in Aesthetic Procedures such as Dermal fillers, thread lifting, Botox, microneedling, Intralesional PRP, chemical peelings and laser

Procedural expertise in skin biopsies & Hair Transplant

### **RESEARCH & ACADEMIC SKILLS**

Research Project management & manuscript writing

Data Collection and analysis using SPSS

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Journal club, academic presentations, and poster presentation at conferences

**TECHNICAL, COLLABORATION & QUALITY IMPROVEMENT SKILLS**

Efficient in electronic Hospital record system & HMIS

Proficient user of Microsoft Office, Power point & Excel

Effective communications skills, multidisciplinary case discussions

Quality improvement initiative & clinical audits

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LANGUAGES

**ENGLISH**

Proficient in Listening, Reading, Writing & Speaking

**URDU**

Fluent in writing, speaking, reading and listening

**PASHTO**

Native Speaker

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REFERENCES

**DR MUHAMMAD MAJID PARACHA**

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